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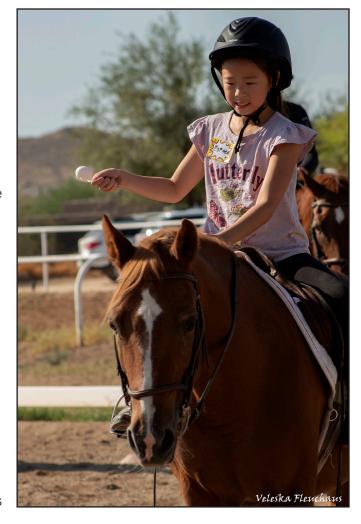
Fun Show

By Michell Combs

The first annual Carefree Farms Fun Show on October 4th had kids who were excited, proud, and a little anxious.

ADA member Michell Combs co-managed the show with her cousin Heike Barrett.

They approached barn manager Laura Borghesani a few months back pitching the idea of a show for kids and young-at-heart "kids." Michell and Heike wanted to relive fond memories of similar shows they experienced as kids. The goal was to promote comradery, challenge the kids a bit and, of course, provide lots of laughter. Laura supported the idea and together with the support of Alice Sarno of Desert Sport Horse, who teaches most of the Carefree Farm kids and owns several lesson horses. the idea blossomed into a show date. The day started with an obstacle course. There were four obstacles, including leading horses and ponies forward and then backwards in an L pattern created by ground poles and also walking over a tarp. The kids had to encourage and coax their horses because most of the horses were not fond of backing up in the L, nor of walking on the tarp. The kids had to do a lot of work to make it all happen. Then everyone mounted up for a class



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If you have comments, suggestions, or wish to express opinions relating to the sport of dressage, submit your letter for consideration to <u>centerline@azdressage.org</u>

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This column is for the trainer/barn to brag about the accomplishments of its clients, introduce new clients and horses, update readers about any barn improvements, or talk about any other news of interest to the membership. It's a free plug for the barn, trainer and clients. Send submissions to centerline@azdressage.org

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Member Submitted Articles:

Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. We'd love to hear from you! Send to centerline@azdressage.org. If the photo is a riding photo, a helmet for photo is required.

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In most cases, products and services are considered paid advertising. Occasionally a specific product will be named as to how it benefits the horse or rider, but this is discouraged. Press Releases are welcome. Likewise, articles that are negative in nature concerning a particular product will not be considered for publication.





where they had to ride bareback and keep a dollar bill under their thigh while riding at the walk and trot. Most of the kids had never ridden bareback before, but Alice Sarno was on hand to coach and help them navigate.

The kids were very curious about the egg and spoon class. Under saddle, they had to ride with a raw egg balancing on a plastic spoon in one hand and steer at the walk and trot with the other hand. Most of the kids had not ridden one-handed before so that was a new adventure! Then the kids had to trot their horses to a blue barrel which had magazines stacked on it, tear out three specific type of photos while still mounted and then trot back to the finish line.

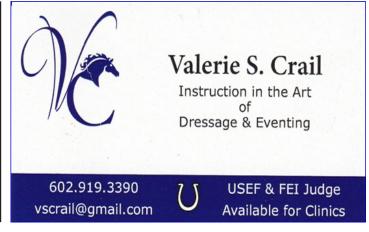
Another adventure was trotting their horses to the barrel which had a raw egg on the ground near it and get their horses to step on the egg. Needless to say, many of the horses spent more time avoiding stepping on the egg.

The final contest was horseless. The kids had to team up to pretend to be a wheel barrow and race to the blue barrel marker, then tie a horse's leg wrap around their inside legs and race back to the finish line "three-legged." There was a lot of leaping, falling and hollering during this class!

In the costume class, some of the kids dressed up themselves and a lesson horse

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Continued from page 3

named Stella. The kids had various forms of wings on, and Stella was not too sure about her tutu. But someone sure got a great photo!

The classes were so popular that many kids participated in each class two or three times! Then younger children who were watching the show asked to run to the blue barrels and back several times. The fun show was over just before noon, and some of the parents stayed to help clean up the refreshment stand and arena. The day could not have gone better, and the joy and happiness shown by everyone

made us proud. We were all so happy to see the Carefree Farms owners and family supporting us and even participating. The show would never have been possible without a great facility like Carefree Farms and the blessings and help from Laura Borghesani and Alice Sarno. Thanks to our volunteer Susan Poulos and also to the parents who helped! And thanks to my co-conspirator, I mean co-manager, Heike Barrett and her daughter Veleska Fleuchaus. And thanks to Irene Murphy, who also took amazing photos!







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Take advantage of our online renewal at https://azdressage.org/2021-ada-membership/

How your renewal dollars will be put to work for you:

- One day recognized show Fun in February which is ADA member inspired
- Competition opportunities for all levels of riders, including schooling shows
- Scholarship opportunities to contribute towards member's Dressage education
- Educational clinics and seminars
- The Centerline, ADA's monthly e-newsletter
- USDF GMO membership (be sure to understand the different membership types if you compete)

Other perks include:

Discounts at ADA events/clinics (auditing and participation fees vary from event to event), at the USDF Store and at USDF events

And so much more!

I hope you see the value of ADA membership and will renew for 2021. Just \$50.00 for an individual membership and you support education provided by both your local and national dressage organizations. If you snail mail the membership form with a check, remember to write my name on the mail envelope so the mail service is kind enough to put it in my box!

"Become a Member" Web Page: https://azdressage.org/become-member/

Please note that if you use the 2020 membership form, it will be processed for 2020. That membership year expires November 30, 2020. Only the 2021 membership form will apply to the new membership year.

As you plan your events, give yourself plenty of time for your renewal because we submit roster updates to USDF once a month.

As always and with much appreciation,

Michell Combs, ADA Membership Chair



2021 Membership Application December 1, 2020 - November 30, 2021

PRIMARY / INDIVIDUAL MEMBER INFORMATION Check Membership Type: ☐ Renewal ☐ New Membership ☐ NAC (Must Select to be NAC) Current USDF # ______ (If Applicable) Use this Form for Payment by Check ONLY - For Payment by Credit Card, Join Online at www.azdressage.org. ____ Date of Birth (_____/____) City Address _____Cell Phone _____ _____Work Phone____ Home Phone ____ OPT-IN to receive important ADA information by providing your Email address: ____ Centerline newsletter, Show, Clinic and Membership information are delivered electronically. We respect your privacy. ADA does NOT share your personal information with ANY third parties! See Full Privacy Policy on ADA Website. Signature (required) ___ JUNIOR /YOUNG RIDER MEMBERSHIP: (one vote) Date of Birth (____/___) (under age 22 by December 1, 2021) FAMILY MEMBERSHIP: Only the PRIMARY / INDIVIDUAL MEMBER gets one ADA vote. All memberships eligible for ADA Awards. Every ADA FAMILY MEMBER gets a USDF Group Membership with the additional fee. Some USDF Restrictions May Apply. Primary Family Member Name (if different than above) Supporting Family Member #2 Name____ Date of Birth (/ /) **HELP WANTED** ADA is a Volunteer Organization.

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(10/20)

ADA Fall Fiesta Show Results

TRAINING LEVEL TEST 1			
(C) Hicks, 329 Catalina A Sherwood 378 Sophia Erickson	Bright Feet Covergirl	Adult Amateur JR/YR	71.154% 64.615%
TRAINING LEVEL TEST 2 (C) Hicks,			
443 Kadriya Musina-Sallus 344 Jordan Parks 402 Katie Fales	Facetime CJ on Tour Roxette	Adult Amateur Open Open	63.448% 73.793% 65.690%
TRAINING LEVEL TEST 3			
(C) Hannon, 409 Amy Jackson 372 Maren Cochran 314 Heidi Helton 430 Lori Herrold 443 Kadriya Musina-Sallus 309 Misa Dickinson 328 Marianne Schillings 356 Samantha Macdonald 410 Leila Jackson 403 Taylor Lindsten 389 Cyndi Jackson 394 Jordan Parks 428 Kristine Janisko 366 Jennifer Tobie	Da Vinci SH Ravyn ladro Sinatra Facetime Poe Mackenzie Angel Bo Dalia Kuypers Pr Wild Winston Amour De Chrome Nirvana Lights Out PF	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR JR/YR Open Open Open Open	70.517% 69.310% 67.931% 67.414% 63.966% 63.103% 53.793% 72.759% 62.931% 71.034% 68.103% 67.241% 66.379% 62.586%
TRAINING LEVEL TEST OF CHO	DICE		
430 Lori Herrold 328 Marianne Schillings 394 Jordan Parks	Sinatra Mackenzie Wild Winston	Adult Amateur Adult Amateur Open	69.483% 48.448% 64.483%
TRAINING LEVEL TEST 1 Oppo (C) Osinski,	rtunity		
445 Debra Bergstrom	Gandalf the Gray	Open	56.346%
FIRST LEVEL TEST 1 (C) Hicks, 305 Stacey Lent 355 Taylor Karriker	Galante Da Prata Bev Anns All Jazzed Up	Adult Amateur JR/YR	66.724% 64.655%
FIRST LEVEL TEST 2			
(C) Hicks, 427 Kristine Janisko	Kendrick	Open	63.429%

FIRST LEVEL TEST 3	FIRST LEVEL TEST 3					
(C) Wadeborn, 346 Anne Buchanan 441 Jennifer Miller 301 Kimberley Kolstad 347 Allison Evans Shepherd 307 Kay Turner 285 Ann Wilson 404 Erin Winkelman 412 Kimberly Apicella 305 Stacey Lent 255 Sharon Zovod 427 Kristine Janisko 349 Brianna Shelly 330 Jenny Cohn 375 Taylor Lindsten	Talladega B Bon Bon Quill Gha Gypsy Tiago Cindy Lou Fables Feiner Ebony Shadowfax Sir Harvard Galante Da Prata Psytation Kendrick Toscana De Moran Escudero DC Scaia	Adult Amateur Open Open Open	68.472% 68.056% 65.417% 65.139% 62.778% 62.639% 62.222% 61.528% 61.111% 56.250% 69.306% 69.306% 67.778% 65.694%			
FIRST LEVEL TEST OF CHOICE						
(C) Wadeborn, 404 Erin Winkelman 255 Sharon Zovod 403 Taylor Lindsten 435 Maeike Zoet	Shadowfax Psytation Dalia Bristol	Adult Amateur Adult Amateur Open Open	62.222% 59.861% 67.931% 65.000%			
SECOND LEVEL TEST 1						
 (C) Osinski, 347 Allison Evans Shepherd 307 Kay Turner 413 Michelle Scarzone 303 Deborah Lindley 375 Taylor Lindsten 	Gypsy Tiago Cindy Lou Roxies Jazz Soul Sir Renity Gha Scaia	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Open	61.622% 61.081% 59.595% 57.973% 66.622%			
SECOND LEVEL TEST 2						
(C) Riehl-Rodriguez,370 Tristan Lloyd367 Carrie Washburn435 Maeike Zoet383 Mary Jane Parmentier	Summer Solstice Eros Myth Bristol Tango - S	Adult Amateur Adult Amateur Open Open	63.415% 60.610% 66.829% 63.780%			
SECOND LEVEL TEST 3						
(C) Hicks, 336 Courtney Cahill 400 Denise Pellerito 396 Kali Riddell 433 Jordan Parks	Khaleesi Marquis #hashtag Randis Liqueur	Adult Amateur Adult Amateur JR/YR Open	60.238% 58.929% 62.143% 68.690%			
SECOND LEVEL TEST OF CHO	ICE					
(C) Hicks, 441 Jennifer Miller 413 Michelle Scarzone	Bon Bon Roxies Jazz Soul	Adult Amateur Adult Amateur	69.054% 53.378%			
THIRD LEVEL TEST 1						
(C) Hicks, 438 Pamela Farthing	Sir Esplendido	Adult Amateur	61.892%			

323 313 343 369 424 431 358 319 324 385	Rebecca Bruening Mary Ann Miller Julie Willing Mahler Cynthia Begay Lindsay Naas Elizabeth Tismeer Taylor Karriker Summer Star Wendy Riddell Paula Paglia	Roy-Els Belle s Summit View . Homem Brilha	lluvatar	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR JR/YR Open Open	61.622% 59.595% 58.243% 55.000% 52.432% 50.676% 56.351% 54.054% 68.919% 67.162%
	D LEVEL TEST 2				
(C) (392	Dsinski, Janet Markham		Daner Armani	Adult Amateur	58.289%
	RD LEVEL TEST 3 Riehl-Rodriguez, Deborah Carson Laura Bill Lucy Ziurys Tania Radda Cynthia Begay Katherine Nayak Wendy Riddell Laura Decesari Laura Decesari Laura Decesari Taylor Lindsten Paula Paglia Jessica Keesey Raymond La Croix Amy Burnett		Gallagher Ferdinand de Susaeta o Do Castanheiro Rambucci Gaspacho Galaxy Quest Farentino Rossi Derby Wt Daisha General XLVII Casterly Rock Dreamdancer	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR Open Open Open Open Open Open Open Open	65.500% 65.375% 64.375% 62.125% 56.750% 66.625% 72.375% 71.625% 69.875% 69.250% 64.125% 63.375% 62.750% 62.125%
	RD LEVEL TEST OF CI Dsinski,	HOICE			
392 426 358 319	Janet Markham Jack Tismeer Taylor Karriker Summer Star		Daner Armani Se Africano it View Affirmation m Brilhante ASM Star	Adult Amateur Adult Amateur JR/YR JR/YR	59.605% 53.919% 60.676% 59.459%
	RTH LEVEL TEST 1 licks,				
362 310 434 382 352 321 437 359 365	Lucy Ziurys Laura Bill Allen Kalchik Michele Mooney Rebecca Lindy Dawn Hall Christie E. Jones Bobbie Lynn O'Hara Jennifer Tobie		Oficial de Susaeta Ferdinand Ehrengold Don Viamo Quintana Roo Cr Evita Claudio Hs Varado SRC Adriana+	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Open	62.949% 62.436% 62.051% 60.641% 60.128% 59.744% 53.718% 68.333% 66.154%

	RTH LEVEL TEST 2				
359 368	Osinski, Bobbie Lynn O'Hara Kim Yacobucci		Hs Varado Ichiban	Open Open	66.711% 62.763%
	RTH LEVEL TEST 3				
340 398 432	Osinski, Michele Lepire Wendy Riddell Miguel Undabarrena	Stonewall Goo	od Deal Lady Emoji Altivo MABU	Adult Amateur Open Open	60.972% 65.278% 61.944%
	RTH LEVEL TEST OF	CHOICE			
	Hicks, Cindy Hitchcock	Finau-	Riche D'Apardi	Adult Amateur	66.282%
	ST GEORGES				
(C) F 361 393 316 306 327	Hannon, Cindi Lacroix Taminy Marshall Kristin Miller Margaret Kurbat Sandra Luebbe		Marbella Excalibur NPF Watteau Solana Quinto MG II	Adult Amateur Adult Amateur Adult Amateur Open Open	63.088% 62.206% 60.735% 66.324% 65.882%
	ERMEDIARE I Hannon,				
	Anne Buchanan		Rosette B	Adult Amateur	70.588%
	TOC, Specify Test				
	Dsinski, Cyndi Jackson		Florisson	Open	72.647%
	F MUSICAL FREESTY				
	Osinski, (B) Riehl-Rodri Rebecca Lindy Anastasia Keyser Tristan Lloyd Sondra Powers	guez	Quintana Roo Cr Samson Summer Solstice Aegyptian Gold	Adult Amateur Adult Amateur Adult Amateur Adult Amateur	69.133% 67.383% 66.567% 62.667%
	RODUCTORY LEVEL 1	TEST A			
	licks, Sophia Erickson		Trinidad	JR/YR	67.813%
	RODUCTORY LEVEL 1 Hicks,	TEST B			
443 371 379 337	Kadriya Musina-Sallus Tristan Lloyd Sophia Erickson Piper Davis	6	Facetime Feleena RER Trinidad Roaring Terms	Adult Amateur Adult Amateur JR/YR Open	67.188% 62.500% 69.375% 69.688%
	sage Seat Equitation Wadeborn,	- Jr			
	Samantha Macdonald	d	Angel	JR/YR	78.000%

TRAINING LEVEL TEST 1					
(C) H 329 425	Hannon, Catalina A Sherwood Catherine Carlson		Bright Feet Jones	Adult Amateur Adult Amateur	69.615% 68.846%
	NING LEVEL TEST 2				
443 312 428	Hannon, Kadriya Musina-Sallus Cheryl Potter Kristine Janisko	Amoui	Facetime CJ on Tour De Chrome	Adult Amateur Adult Amateur Open	69.828% 62.931% 76.552%
	NING LEVEL TEST 3				
348 314 430 309 409 312 356 389 428 402	Osinski, Christopher Brusnighan Heidi Helton Lori Herrold Misa Dickinson Amy Jackson Cheryl Potter Samantha Macdonald Cyndi Jackson Kristine Janisko Katie Fales	Amoui	Bailo ladro Sinatra Poe Da Vinci SH CJ on Tour Angel Kuypers Pr De Chrome Roxette	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR Open Open Open	71.034% 70.000% 68.621% 67.241% 66.552% 60.690% 68.621% 72.931% 70.862% 67.069%
	NING LEVEL TEST OF CHO	ICE			
409 430 309 410 378 402 394 366	Vadeborn, Amy Jackson Lori Herrold Misa Dickinson Leila Jackson Sophia Erickson Katie Fales Jordan Parks Jennifer Tobie	Nirvan	Da Vinci SH Sinatra Poe Bo Covergirl Roxette Wild Winston a Lights Out PF	Adult Amateur Adult Amateur Adult Amateur JR/YR JR/YR Open Open Open	66.724% 66.034% 63.966% 60.000% 54.231% 68.276% 65.517% 64.828%
	NING LEVEL TEST 1 Oppor	tunity			
(C) (445	Dsinski, Debra Bergstrom		Gandalf the Gray	Open	60.385%
	T LEVEL TEST 1 Vadeborn, Stacey Lent Catherine Soller Kristine Janisko		Galante Da Prata Guateque Kendrick	Adult Amateur Adult Amateur Open	62.931% 62.069% 65.862%
	T LEVEL TEST 3				
(C) (346 367 325 255 386 330 403	Osinski, Anne Buchanan Carrie Washburn Mary Lipton Sharon Zovod Bobbie Lynn O'Hara Jenny Cohn Taylor Lindsten		Talladega B Eros Myth Logan Psytation Quintessential Escudero DC Dalia	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Open Open Open	73.333% 65.417% 62.917% 56.667% 72.778% 70.139% 67.917%

FIRST LEVEL TEST OF (C) Wadeborn, 441 Jennifer Miller	CHOICE	Bon Bon	Adult Amateur	67.917%
334 Maryellen Loes		Arthur WH	JR/YR	64.857%
SECOND LEVEL TEST (C) Wadeborn, 441 Jennifer Miller 325 Mary Lipton	1	Bon Bon Logan	Adult Amateur Adult Amateur	66.757% 61.081%
SECOND LEVEL TEST 2	2			
(C) Osinski, 399 Janet Markham 370 Tristan Lloyd 435 Maeike Zoet 383 Mary Jane Parmen	tier	Aegyptian Gold Summer Solstice Bristol Tango - S	Adult Amateur Adult Amateur Open Open	58.659% 58.171% 65.122% 57.683%
SECOND LEVEL TEST 3	3			
(C) Hannon, 400 Denise Pellerito 303 Deborah Lindley 433 Jordan Parks 353 Shari Patterson-Bla	ylock	Marquis Sir Renity Gha Randis Liqueur Solterro	Adult Amateur Adult Amateur Open Open	63.214% 61.786% 69.286% 64.048%
SECOND LEVEL TEST (OF CHOICE			
(C) Osinski, 417 Deborah Carson 399 Janet Markham		Bravo Aegyptian Gold	Adult Amateur Adult Amateur	67.262% 59.634%
THIRD LEVEL TEST 1 (C) Hannon, 313 Mary Ann Miller 323 Rebecca Bruening 438 Pamela Farthing 343 Julie Willing Mahle 369 Cynthia Begay 424 Lindsay Naas 426 Jack Tismeer 358 Taylor Karriker 319 Summer Star 324 Wendy Riddell 368 Kim Yacobucci	Roy-E Summit View	Grangeville Ehrenfurst Sir Esplendido L'Vis Rambucci Els Belle of the Ball Se Africano Affirmation ante ASM Star Galaxy Quest Ichiban	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR JR/YR Open	67.027% 65.541% 64.730% 59.865% 56.622% 54.730% 52.297% 62.568% 53.243% 74.865% 74.189%
THIRD LEVEL TEST 3 (C) Hannon, 442 Tami George 369 Cynthia Begay 398 Wendy Riddell		Lukas Rambucci Emoji	Adult Amateur Adult Amateur Open	64.375% 58.375% 66.250%
THIRD LEVEL TEST OF	CHOICE			
(C) Wadeborn, 431 Elizabeth Tismeer 319 Summer Star	Homem Brilh	lluvatar ante ASM Star	Adult Amateur JR/YR	58.108% 56.892%

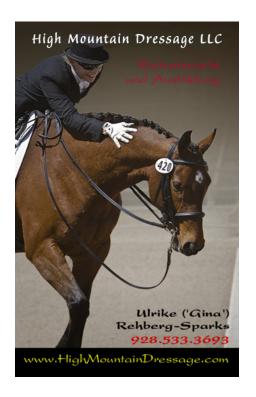
FOURTH LEVEL TEST 1			
(C) Hannon, 310 Laura Bill 420 Cindy Hitchcock 434 Allen Kalchik 362 Lucy Ziurys 321 Dawn Hall 437 Christie E. Jones	Ferdinand	Adult Amateur	67.949%
	Finau-Riche D'Apardi	Adult Amateur	66.282%
	Ehrengold	Adult Amateur	64.744%
	Oficial de Susaeta	Adult Amateur	62.179%
	Evita	Adult Amateur	60.897%
	Claudio	Adult Amateur	59.103%
FOURTH LEVEL TEST 2 (C) Wadeborn, 340 Michele Lepire 359 Bobbie Lynn O'Hara	Stonewall Good Deal Lady	Adult Amateur	60.921%
	Hs Varado	Open	65.000%
FOURTH LEVEL TEST 3 (C) Wadeborn, 406 Laura Decesari 326 Laura Decesari 432 Miguel Undabarrena	San Torino	Open	70.000%
	Dauphine De Jazz Cc	Open	68.750%
	Altivo MABU	Open	61.528%
INTERMEDIARE I (C) Osinski, 414 Jessica Keesey	Pirazzi	Open	65.000%
USDF MUSICAL FREESTYLE (C) Wadeborn, (B) Hannon 387 Anastasia Keyser 370 Tristan Lloyd	Samson	Adult Amateur	68.867%
	Summer Solstice	Adult Amateur	63.767%
INTRODUCTORY LEVEL TEST A			
(C) Osinski, 317 Toah Hatch 335 Erica McLaughlin	Rejoice of Rubignon Hawk	Open Open	71.250% 64.375%
INTRODUCTORY LEVEL TEST B (C) Wadeborn, 371 Tristan Lloyd 379 Sophia Erickson 337 Piper Davis 335 Erica McLaughlin	Feleena RER	Adult Amateur	61.875%
	Trinidad	JR/YR	68.750%
	Roaring Terms	Open	70.000%
	Hawk	Open	65.000%
INTRODUCTORY LEVEL TEST C (C) Hannon, 379 Sophia Erickson	Trinidad	JR/YR	64.750%
Dressage Seat Equitation - Jr (C) Wadeborn, 396 Kali Riddell	#hashtag	JR/YR	81.000%
First Level Test 1 Futurity (C) Osinski, (B) Riehl-Rodriguez 302 Deborah Lindley 386 Bobbie Lynn O'Hara 377 Laura Lee Borghesani	Quill Gha	Adult Amateur	62.500%
	Quintessential	Open	68.621%
	Kaan	Open	68.017%

(C) V 302 386	Level Test 2 Futurity Vadeborn, (B) Hannon Deborah Lindley Bobbie Lynn O'Hara	Quill Gha Quintessential	Adult Amateur Open	64.071% 67.857%
377	Laura Lee Borghesani	Kaan	Open	65.714%
	Championship Training Let Dsinski, (B) Riehl-Rodriguez Catalina A Sherwood Anne Buchanan Kimberly Apicella Christopher Brusnighan Amy Jackson Maren Cochran Heidi Helton Misa Dickinson Trisha Lane Meghan Cassidy Kay Turner Samantha Macdonald Maryellen Loes Taylor Lindsten Laura Lee Borghesani Kristine Janisko Katie Fales	Bright Feet Talladega B Sir Harvard Bailo Da Vinci SH Ravyn ladro Poe Decked with Chrome Allegheny Svenn Angel Arthur WH Danity Kaan Amour De Chrome Roxette	Adult Amateur Open Open Open	72.759% 71.379% 69.828% 69.224% 68.966% 68.707% 66.638% 64.741% 64.569% 63.103% 53.103% 67.414% 64.741% 70.259% 69.224% 68.190% 67.155%
366 397	Jennifer Tobie Ashley Bowers	Nirvana Lights Out PF Belinda PBH	Open Open	67.069% 61.379%
	Hannon, (B) Wadeborn Wendy McLaughlin Deborah Carson Anastasia Keyser Kimberly Pribble Wendy McLaughlin Courtney Cahill Sondra Powers Carrie Washburn Deborah Lindley Kali Riddell Missy Gilliland Shari Patterson-Blaylock Amy Burnett	Welcome Bravo Samson Icarus Jordan WRF Khaleesi Aegyptian Gold Eros Myth Sir Renity Gha #hashtag Witraz Sir Robin Solterro Dreamdancer	Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur Adult Amateur JR/YR Open Open	63.452% 62.679% 61.190% 60.298% 59.226% 58.988% 58.750% 57.381% 53.988% 59.226% 71.190% 62.798% 60.238%
	Hannon, (B) Wadeborn Michele Lepire Kendall Brookhart Laura Decesari Laura Decesari Wendy Riddell Catherine Brown	Stonewall Good Deal Lady Rianna San Torino Dauphine De Jazz Cc Emoji Featuring Abigail	Adult Amateur Adult Amateur Open Open Open Open	63.333% 60.556% 70.694% 69.306% 66.667% 62.778%

State Championship Intermediate I						
	lannon, (B) Wadeborn	In DIAina	0.000	40.2000/		
395	Paula Paglia	In D'Aire	Open	68.309%		
304	Brianna Shelly	Esprit	Open	66.103%		
414	Jessica Keesey	Pirazzi	Open	64.706%		
374	Marlena Obrzut	Samiro 335	Open	64.191%		
	State Championship Grand Prix					
	lannon, (B) Wadeborn	Peter Pan	Onan	65.978%		
408	Kristy Doty	reter ran	Open	03.970%		
	Championship First 3					
	iehl-Rodriguez, (B) Hicks	NA7 1	A 1 1. A .	(0.4020/		
318	Wendy McLaughlin	Welcome	Adult Amateur	68.403%		
412	Kimberly Apicella	Sir Harvard	Adult Amateur	65.833%		
347	Allison Evans Shepherd	Gypsy Tiago	Adult Amateur	65.556%		
363	Wendy McLaughlin	Jordan WRF	Adult Amateur	64.236%		
357	Meghan Cassidy	Allegheny	Adult Amateur	64.028%		
303	Deborah Lindley	Sir Renity Gha	Adult Amateur	63.958%		
305	Stacey Lent	Galante Da Prata	Adult Amateur	63.403%		
367	Carrie Washburn	Eros Myth	Adult Amateur	62.569%		
301 336	Kimberley Kolstad	Quill Gha Khaleesi	Adult Amateur Adult Amateur	61.597%		
330 404	Courtney Cahill Erin Winkelman	Shadowfax	Adult Amateur Adult Amateur	61.389% 61.319%		
307	Kay Turner	Cindy Lou	Adult Amateur	58.750%		
390	Kimberly Pribble	lcarus	Adult Amateur	57.153%		
255	Sharon Zovod	Psytation	Adult Amateur	54.931%		
413	Michelle Scarzone	Roxies Jazz Soul	Adult Amateur	54.306%		
396	Kali Riddell	#hashtag	JR/YR	68.889%		
334	Maryellen Loes	Arthur WH	JR/YR	54.306%		
375	Taylor Lindsten	Scaia	Open	68.194%		
411	Taylor Lindsten	Danity	Open	68.056%		
427	Kristine Janisko	Kendrick	Open	67.153%		
349		scana De Moran	Open	64.931%		
	-					
	Championship Third 3 iehl-Rodriguez, (B) Hicks					
310	Laura Bill	Ferdinand	Adult Amateur	67.625%		
340		Good Deal Lady	Adult Amateur	65.625%		
362	Lucy Ziurys	Oficial de Susaeta	Adult Amateur	62.375%		
416	Deborah Carson	Gallagher	Adult Amateur	61.063%		
311		oerio Do Castanheiro	Adult Amateur	59.625%		
382	Michele Mooney	Don Viamo	Adult Amateur	57.125%		
440	Katherine Nayak	Gaspacho	JR/YR	63.813%		
350	Laura Decesari	Farentino	Open	73.250%		
342	Laura Decesari	Rossi	Open	72.063%		
384	Missy Gilliland	Witraz Sir Robin	Open	70.688%		
365	Jennifer Tobie	SRC Adriana+	Open	69.563%		
324	Wendy Riddell	Galaxy Quest	Open	69.188%		
398	Wendy Riddell	Emoji	Open	67.188%		
322	Taylor Lindsten	Derby	Open	66.563%		
385	Paula Paglia	Wt Daisha	Open	66.313%		
415	Jessica Keesey	General XLVII	Open	62.500%		
360	Raymond La Croix	Casterly Rock	Open	62.250%		

341 Amy Burnett	Dreamdancer	Open	62.063%		
State Championship PSG					
(C) Riehl-Rodriguez, (B) Hicks					
345 Anne Buchanan	Rosette B	Adult Amateur	67.353%		
361 Cindi Lacroix	Marbella	Adult Amateur	58.088%		
316 Kristin Miller	Watteau	Adult Amateur	56.029%		
381 Cyndi Jackson	Florisson	Open	71.618%		
304 Brianna Shelly	Esprit	Open	67.426%		
306 Margaret Kurbat	Solana	Open	63.088%		
327 Sandra Luebbe	Quinto MG II	Open	62.574%		
391 Catherine Brown	Featuring Abigail	Open	56.471%		
State Championship USDF Freestyle					
(C) Wadeborn, (B) Hannon	•				
387 Anastasia Keyser	Samson	Adult Amateur	70.250%		
352 Rebecca Lindy	Quintana Roo Cr	Adult Amateur	66.567%		
401 Kendall Brookhart	Rianna	Adult Amateur	66.100%		
382 Michele Mooney	Don Viamo	Adult Amateur	65.050%		





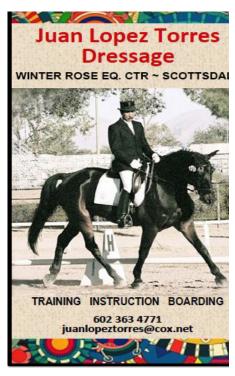
The ADA Schooling Show Committee would like to thank the owners, riders and trainers for coming out to support our schooling show November 7 at Dale Creek.

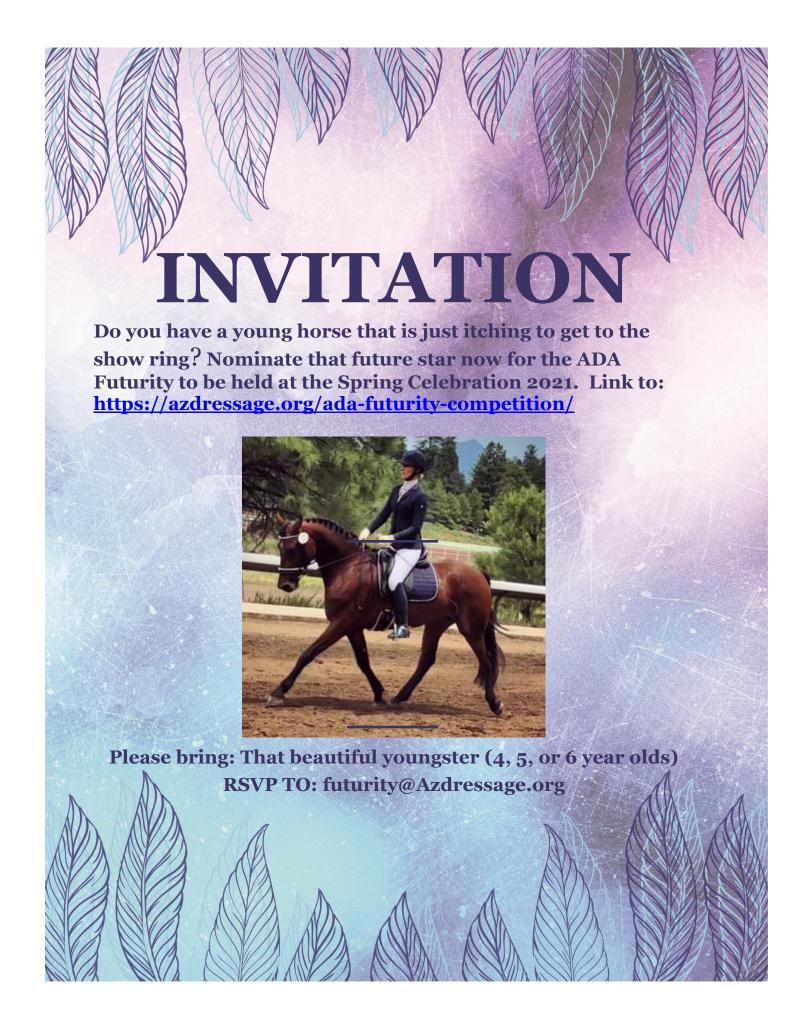
A special thank you to our volunteers because scheduling these shows would not be possible without you!

Cynthia Ganem (judge and show secretary)
Susan Skripac (show manager)
Beth Martinec (scribe)
Alisa Frisch (ring steward)
Sandy Shoup (score adder/runner)
Cindy Hitchcock (scheduling facilities)
Missy Gilliland (show supplies)

We're planning the 2021 schooling show dates so stay tuned!

Respectfully,
Michell Combs, ADA Schooling Show Chair





THOSE ESSENTIAL TENDONS NEED ATTENTION

by Dr. Michael H Riegger

In the 1980s the use of ultrasound revolutionized our understanding of tendons: the anatomy, development, and injury and repair. With ultrasound we can see inside a tendon to assess its structure, damage, hidden defects and rehabilitation.

TENDON CARE

One important lesson we have learned from trainer Hilda Gurney is that we should walk away from arenas where the footing is questionable. We need not be paranoid, just careful.

We remember from Wolff's Law that gentle stress on the musculoskeletal system builds strong tendons, joints, and bones. Schooling horses up hills, down hilsl, soft, sandy, and even some rocky areas can be good. Just avoid extremes. Schooling early in the morning, at sundown in the shadows and even after dark teaches the horse how to handle himself in different situations. He becomes more AWARE.

We dream of riding in the perfect arena, but in reality such facilities can be rare. Years ago I was showing at the Scottsdale Arabian Show in a downpour. I entered and halted and my little mare came to a perfect square halt while skidding in the mud 13 inches. The judge, sitting in a truck, offered "not stationary", but I knew my little mountain horse had done well.

Protection and Support Boots:

Significant studies were completed at the University of Wisconsin's veterinary school addressing the issue "What does it take to adequately support a horse's leg and it's tendons?" The final result was a device that looks like a cast. Bottom line, the items sold to us horse lovers are primarily for cosmetic purposes and do not protect anything.

Extremely popular today is the cosmetically pretty white polo wrap. However, it has been shown that on hot days the horse's legs may be overheating to the point of tendon injury. This issue should be carefully watched and tendons monitored until a final result is documented. If you want to use the pretty white polo wraps, cut down the length of the wrap so that it is only a single thickness on the leg.

A daily check of your horse's legs is suggested. On the front legs, start at the knee and on the back legs start at the hock, feeling the tendons under the skin. Over time you will develop a good tactile touch to assess the tendons. When you discover tenderness, swelling, or bulging, further assessment is needed. Before ultrasound we THOUGHT we could assess the tendons with careful hand and finger evaluation. Not so. Any changes should be carefully examined and checked the swelling. Swollen tissues around the tendons tend to be much less significant than specific tendon swelling.

Good equine veterinarians have cadaver models of the front and back leg tendons. Ask your veterinarian for an anatomy lesson to better help you with your daily assessments and

understanding of the legs and tendons.

Cold affects the tendons. Take a handful of rubber bands and put some in the freezer and some in the center section of your refrigerator. Check them after 24 hours. Stiff, huh? Consider that your horse's tendons have "chilled" over night, even in the summer. This chill is mitigated with a careful warm up before each days schooling session.

Cryotherapy or cold therapy and ice is a good mitigating therapy for acute injuries. When in doubt for 72 hours useing ice boots is suggested. This care should be done before the veterinarian arrives. So...when in doubt, ice the legs. Ice therapy helps control the damage, but does night hide the specific injury from the ultrasound.

Take good care of those legs to prevent injury. But if injury occurs, here are some considerations:

Rehab: For 25 years we hosted a rehabilitation facility for horses. Tendon cases took the most time. I adopted an Arabian Country English icon out of California who was a tendon cripple AND a drug addict. His health had been sacrificed to collect his championships! It took three years of daily care to restore his tendons and get him off the drugs. He can be found today in Ames , lowa pulling a sleigh in the winter and a buggy down the road in the summer.

Tendon Care:

Most performance horses benefit from gentle warmth on the tendons overnight. The gentle heat is more important on the front legs than on the rear as we tend to see more serious injuries upfront. This gentle heat can come from the use of polo wraps. These nifty aids come in all colors, lengths, and widths. These may need to be adjusted by length, thickness and leg coverage for each horse to get the optimal needed gentle heat. At best, we want only a gentle sweat on the leg. If the skin is getting sweaty, back off.

Using Saran Wrap is a great aid. When a little more than gentle heat is indicated the high quality Saran Wrap is recommended (avoid generic products). Place a single layer of smoothed wrap on the skin. Absolutely no liniments should be used. Gently apply a polo wrap over the Saran and leave overnight. This procedure works best in the winter. In the morning we want to see a bit of sweat, not soggy. This gentle heat brings in the healing agents from the body's own inventory to help the injured tissues. Using these overnight wraps can take months to get those tissues functioning.

Neck sweats that are used to sweat stallion necks can be cut into tendon sized pieces to wrap the legs too. Same gentle sweat guidelines apply.

White skin is prone to heat and sweat injury so take special care to protect these areas. Corona cream works nicely if the white skin starts to get irritated. Stop the sweating but resume the gentle heat process only if you can do so without injuring the skin.

Controversies...

We have tested, used, and assessed short and long term use of assorted liniments and concluded

these should be left out of this discussion.

Time is the tendon's best friend. We humans tend to want fast tendon results. Over the years, we have watched an assortment of therapies and have realized tendons just take time to mend. You must consider your horse to be a lifetime tendon patient once a tendon has been injured.

The tendons are, in reality, giant rubber bands and when they are healing the body uses stiff fiber tissue to do the mending. Think of a 12 inch rubber band that has 2 inches replaced with stiff tissues and not the natural elastic stuff. The challenge is that the remaining 10 inches must do the work of the original 12 inches and the result is that the 10 inches is subject to additional injury. To prevent this new injury, tender, loving care is needed.

Attention to shoeing...the angles, the toe length, the heel height can all affect the strain on the tendons, so your veterinarian and your farrier must communicate.

My Arabian icon garnered his four national titles while the trainers and veterinarians sacrificed his legs. To keep him going he became a drug addict! From his knees down the superficial, deep and suspensory ligaments became one big glob of scar tissue. His rehabilitation centered on Wolff's Law to reverse the damage.

Magic cures? Testimonials, evidence based and anecdotal ideas all merge and clash as we humans try to delay healing injuries and speed up recovery and function. Remember... too good to be true IS true.

So remember...

- * Monitor the legs every day.
- * Do a proper warm up every day.
- * Spend more time in the turnout, less time in the stall.
- * Remember Hilda Gurney's warnings: do not rush the physical development, and watch the footing - every day.
- * My personal warning is this: carefully consider the individual and work with, not against anatomy limitations. Persistence with leg care wins. Pay attention - every day.

Thank you for my Jackie who edited this document

Dr. Michael Riegger is an educator, behaviorist, trainer and veterinarian. For nearly six decades he has been a multi-disciplined competitor, horseman, judge, farrier and rehabilitator. He has worked under cover to identify psychological and physical abuse.

November Region 5 Message

Well, it's been an interesting competition year for USDF. A few of you have been able to show, but many of the folks in our region took the year off from competing and instead focused on training. I still would like to congratulate all of our members who may have competed or focused on training and give thanks to our volunteers, officials, volunteers, barn owners, grooms, veterinarians, farriers, and families. And of course our equine partners! I hope you have met your goals for this odd year and you should be very proud.

The USDF convention and the 2 evening awards presentations are just around the corner and it's time to set some time aside in your busy schedules and join us on Zoom for some good information and unique socialization. The convention schedule has been posted online at www.usdf.org so that you can start to plan out the meetings and educational sessions you would lie to attend.

A reminder that your Participating Member Delegates to the USDF Convention for 2019 are Joan Clay, Cecilia Cox, Sarah Lindsten, Kay Lorenzen and Sarah Martin. Please contact them or myself if you have any concerns regarding items listed on the BOG agenda or anything you would like to have brought forward at the Regional meeting during the convention. There are some very important things that will be covered, so please let your delegates know how you feel.

We are hoping for 2021 that the competition season (and the rest of our lives) return more to the usual routine. The 2021 Great American/USDF Region 5 Championships will be September 16-19, 2021. We are set to be at HIPICO Santa Fe in Santa Fe, New Mexico. The New Mexico Dressage Chapter of the Rocky Mountain Dressage Society will be our host and we're looking forward to a great year. We're hoping for some new and diverse bids for the 2022 championships. I'd love to hear from any interested parties as soon as possible so I can get you a list of the information we're going to need for those bids. All Regional Championships still must be held by mid-October since the winners of all divisions will continue to feed into the Nationals Championships. That's right folks! The Junior/Young Riders will also now be competing at the US Dressage Finals, currently held each November in Lexington, Kentucky.

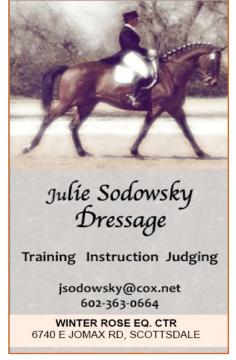
There were a few educational opportunities in our Region this year and we were able to host the USDF Jr/YR

Clinic in October in Colorado. We had 8 lovely riders who participated in the clinic and traveled from all over Colorado and Utah to be there. More great things are being planned by our GMOs throughout the winter and into next year so please be sure to check them out and support your local groups with your attendance as participants and auditors so these educational opportunities can continue!

Finally, a huge congratulations go Jane Wilmes of the New Mexico Dressage Association and her equine partner, Travis, who completed their Century Ride in October at the Miller Horse Farm near El Paso/Las Cruses, New Mexico.

Till next month! Heather Petersen

Region 5 Director



Our Mission:

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The Arizona Dressage
Association is a not-for-profit
organization whose goal is
to promote the advancement
of classical dressage through
educational opportunities and
programs, and the rigorous
evaluations received at recognized
and schooling dressage shows.



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USDF Recommended Reading List

USDF Training Manual (Classical Training of the Horse) – USDF

The Principles of Riding – German National Equestrian Federation

Advanced Techniques of Dressage – German National Equestrian Federation

USDF Pyramid of Training – USDF

The Gymnasium of the Horse – Gustav Steinbrecht

The New Basic Training of the Young Horse – Ingrid & Reiner Klimke

Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke

When Two Spines Align – Beth Baumert

Balance in Movement: The Seat of the Rider – Suzanne von Dietz

Thinking Riding – Books 1 & 2 – Molly Sivewright

The Complete Training of Horse and Rider – Alois Podhajsky

The Riding Teacher – Alois Podhajsky

An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)

Rider & Horse Back to Back – Susanne von Dietze

Practical Dressage Manual – Bengt Ljungquist

Dressage with Kyra - Kyra Kyrklund

Dressage: A Guidebook for the Road to Success

– Alfred Knopfhart

The Competitive Edge II – Dr. Max Gahwyler

Riding Logic – Wilhelm Müseler

101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou

Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton

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Newsletter Deadline: 20th of the previous month

Email to: centerline@azdressage.org

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HEY READERS -

The Centerline is always in need of great photos to go along with our articles or just to fill the world with more cute pony pics. So if you have some you'd like to share, please send them to us at:

centerline@azdressage.org



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2020 CALENDAR OF EVENTS

MARCH

- 1: CFF Dressage Schooling Day, Location: Carefree Farms, 36412 N 7th Ave. Contact Laura Borghesani <u>laura.borghesani@gmail.com</u> for details.
- 9: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.
- 14-15: Tuscon March Madness I/II, Location: Pima County Fairgrounds, Tuscon, AZ.
- 21: ADA March Shooling Show, Location: Dale Creek Equestrian Village. Judges: Lynn McKinney 'L'

APRIL

- 11-12: ADA Spring Celebration, Location: WestWorld of Scottsdale, AZ. Judges: TBD
- 12: Dressage In The Desert, Location: WestWorld of Scottsdale, AZ. Judges: TBD
- 13: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

MAY

- 9: NAC Show, Location American Ranch, Prescott. Contact Kirsten Kuzmanic <u>Kirsten K38@gmail.com</u> 951-440-4615 for details. canceled
- 11: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

JUNE

- POSTPONED Road Runner I, Location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, Appeals 1@aol.com
- 7: NAC Working Equitation Clinic, Rimrock, Paulden. Contact Kirsten Kuzmanic <u>KirstenK38@gmail.com</u> 951-440-4615 for details.
- 8: ADA Regular Meeting 6:00PM, Location: TBD. Contact president@azdressage.org for details.

JULY

- 10-12: Road Runner Dressage Show II; location: Pima County Fairgrounds, Tucson, Judges: TBD;
- 13: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

AUGUST

- 4-9: Adequan/FEI North American Youth Championships (NAYC), Location: Flintfields Horse Park, Williamsburg, Michigan
- 10: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.
- 15-16: ADA Mountain Air & Dressage in tthe Pines; location: Fort Tuthill County Park, Flagstaff, Judges: TBD
- 18-23: USEF Dressage Festival of Champions, Location: Lamplight Equestrian Center, Wayne, Illinois
- 22-23: ADA Summer Show, Location: WestWorld of Scottsdale, AZ. Judges: TBD
- 29: Roadrunner Summer Show, Location: Pima County Fairgrounds, Tucson

SEPTEMBER

- 13: Members Only Schooling Show, Location: WestWorld of Scottsdale, Judge: Lois Whittington, L
- 24-27: Region 5 USDF/GAIG Regional Championships, Location: Colorado Horse Park, Parker, Colorado

OCTOBER

- 3: NAC Show, Location: American Ranch, Prescott. Contact Kirsten Kuzmanic <u>Kirsten K38@gmail.com</u> 951-440-4615 for details.
- 12: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.
- 18: Carefree Farms Dressage Schooling Day. Entry forms and info can be found at www.carefreefarms.net.
- 31- Nov 1: ADA Fall Fiesta & 2020 AZ State Championships, Location: WestWorld of Scottsdale

NOVEMBER

- 9: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.
- 15: Carefree Farms Dressage Schooling Day. Entry forms and info can be found at www.carefreefarms.net.

DECEMBER

5-6: TDC Holiday Festival, Location Pima County Fairgrounds, Tucson. Judges: Sheryl Holecamp and Joan Williams.

ARIZONA DRESSAGE ASSOCIATION



PO Box 31602 Phoenix, AZ 85046-1602