



VITAL ARE THE HORSE'S VITALS

by Dr. Michael H Riegger

I grew up on a horse farm in the Midwest but it was my internship in Newmarket England that illuminated my understanding of the subtle clues that horses provide to us on a daily basis about their health status.

When arriving at a British stall the "lad" would tell the veterinarian about the horse. It goes something like this: "Since midnight she drank 16 pints of water, ate 3 kilograms of hay, had 3 stools and normal for her is 8. The temperature this morning was 37 degrees Celcius and is now 39, she refused her morning bran mash. On the Heath gallop yesterday she went about this run with her normal ease". These clues really helped the veterinarian's assessment.

Your horse gives you subtle clues every day as to their health and wellbeing. We can use this information to limit health crisis surprises. A clue today might be colic tomorrow. The clues are hidden in their daily activities and vitals, so today we will arm your mind with data.

A restful and a quiet place is the best location to collect information. The daily collecting of vitals data for your horse arms you with information as to what to expect, so when a change occurs you will notice the subtle changes today and not a few days later.

The tools you will need are a GOOD stethoscope, thermometer for the anal insertion and Vaseline, good lighting, a nice pocket penlight, and good sensitive fingers.

HEART RATE. The Heart rate provides key information. Normal horse heart rates run from 30 to 45 beats per minute. A stethoscope is an invaluable aid for checking heart sounds. Put the stethoscope on the chest right behind the elbow. You should hear something like a slow motion "LUB-DUB". The other area that can be used for checking the pulse is the artery on the mandible bone. Finding the heart rate takes some practice. If the normal heart rate in the morning is 38 and then a morning count is 48, there may be a problem cooking and a reason to back off on the daily activity. In

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Review a clinic you attended describing the training and what you learned from the clinician. Send submissions to centerline@azdressage.org

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This column is for the trainer/barn to brag about the accomplishments of its clients, introduce new clients and horses, update readers about any barn improvements, or talk about any other news of interest to the membership. It's a free plug for the barn, trainer and clients. Send submissions to centerline@azdressage.org

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Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. We'd love to hear from you! Send to centerline@azdressage.org. If the photo is a riding photo, a helmet for photo is required.

*****Product Endorsements/Advertising*****

In most cases, products and services are considered paid advertising. Occasionally a specific product will be named as to how it benefits the horse or rider, but this is discouraged. Press Releases are welcome. Likewise, articles that are negative in nature concerning a particular product will not be considered for publication.

a colic case the tipping point of danger is 60 beats per minute.

GUT SOUNDS. On any given day the gut sounds vary widely. Practice listening every day for 10 minutes to get a good handle on the gut sounds (pings, rumblings) and take note of the location of the sounds before and after a meal. A good place to begin listening for gut sounds is between the last rib and the point of the hip. Listen to that area and then down ventral to the belly area. Decreased gut sounds combined with the changes you've noticed in the other vitals may be a cause for concern.

NUMBER OF STOOLS. Count the number of stools per 12 hours, learn the normal size and consistency for each horse. Look for variations: a bit of mucus, dryness, or a wetness. A 50% decrease in stools with a normal appetite is a BIG clue of something, so keep a keen eye — could be a bit of colic tomorrow?

DIGITAL PULSE. The Digital pulse is in the feet. Using your ever tactile feeling fingers get in the habit of feeling and identifying the arterial pulse in the fetlocks by the sesamoid bones. Normal is no pulse. But even a subtle pulse is a clue to an unhappy foot, like a bruise or an early abscess. If both front feet have a digital pulse there may be unhappy feet or early laminitis. Something is cooking.

RESPIRATIONS. Respirations per minute. A baseline per minute of the respiration rate is one of the more important vitals. Horses at rest might have 10 to 20 full breaths per minute. With illness the rate rises. On hot days the respiration rate also rises. Trying to assess wind pipe sounds versus lung tissue sound is nice but that skill might be developed over time. Clear danger is present when the respiration rate exceeds the heart rate (as can be found in endurance horses).

CAPILLARY REFILL. The Capillary refill is a telling assessment of tissue perfusion. With a horse in shock the perfusion declines. This assessment is made with a bit of finger pressure on the horse's gums. A nice place to look is the area near the teeth. Develop your own tactile pressure on the gums and then count how long it takes for the refill to return to its normal pink color. Normal is 1 second. At 4 seconds the horse is in trouble. Brick red gums is a clear indication of circulatory collapse and acidosis.

WATER. Water consumed per day. While automatic waterers are popular in some circles, it is more important to know how many gallons are consumed per 12 hours. Seldom does a horse over drink, but a decline from 8 to 4 gallons is a significant decline and should be noted. Two water sources in a stall are recommended. Trailered horses on hot days can really get into trouble. Traveling horses might avoid water but a dash of Vick's Vapo Rub in the nose covers the strange water smell and may encourage them to drink.

HYDRATION. Hydration status is a central and basic perimeter to assess. If a horse typically drinks 8 gallons per day and then goes without drinking for 12 hours that horse is likely 4 gallons dehydrated. This can happen at show, in a trailer, or while out camping. Assess hydration with two clues: gum and tongue moisture with tenting of the skin on the neck, shoulder and in the pectoral muscles area. Any dehydration is a cause for alarm.

TEMPERATURE. Temperature variations can be noted morning to night. If a horse temperature is

Tucson Dressage Club Proudly Presents a 2 day de-spooking clinic with Bill Richey from the National Mounted Police Services! October 3 & 4, 2020

Bill Richey, the founder, and CEO of National Mounted Police Services, Inc. is a POST-certified mounted police instructor. He was instrumental in creating the mounted units for the city of Duluth, also in Forsyth and Gilmer Counties (Georgia) and training their officers and horses. He worked with Atlanta Police Mounted Unit in preparation for the 1996 Olympics and was also involved in reorganizing the unit. He was the chief instructor for Mobile Mounted Police Mardi Gras School. Mr. Richey has participated in and won or placed in every national mounted police competition he has entered. He has over 30 years of experience as a mounted police officer or mounted police trainer and almost as many as a civilian trainer/instructor. He has spent countless hours training officers and civilians from all over North America, the Middle East, and South America, as well as their mounts, to perform safely and professionally, from the trail to the movies, to the show ring, and to Mardi Gras.

Saturday will start with a lecture. Riders will ride both days in the clinic. The riding portion is completed with the whole group in a drill format to facilitate group success through the obstacles for both horse and rider. Sunday has a short lecture that recaps the prior day's learning & preparation for Sunday's obstacles. Two-Day Clinic Pricing (lunch included):

Riders: \$375 TDC Members (All riders required to be TDC members for insurance purposes)

Auditors: \$50 TDC Members, \$75 Non-Members

To register as an auditor for the clinic please visit:

tucsondressageclub.org and check our Facebook page for updates

To register as a rider:

1. All riders must be TDC members (renew or become a member at

<https://www.tucsondressageclub.org/membership.asp>)

2. Complete a rider application form at

<https://forms.gle/Xf9FqGemom1uChU96>

3. Complete payment at

<https://www.tucsondressageclub.org/ClinicForm.asp?ClinicID=16>

TDC is following USEF COVID-19 guidelines for the event. If the event is cancelled due to COVID-19, registration fees will be fully refunded. We will be limiting the size of the event to 50 people including riders, auditors and organizers.

99 in the morning a normal expectation would be 100 by evening. A reading of 101 to 102 may be just part of a horse's normal response to a virus or bacterial challenge. The danger is when there is a fever coupled with something else like a lack of appetite. The new speedy digital thermometers are really nice. Taking the body temperature should be part of the daily training routine to assess overheating. Take the temperature before and at the end of a session. 102 is ok, 103 a bit warm and 104 worries me. I got sick watching a trainer on a hot day work a horse for over an hour then the horse "faded". The trainer asked "What's wrong with him Doc?" I asked "What is his temperature?" Confused, he wandered off, found a thermometer and discovered his horse's temperature was 105. Bingo, overheated.

AH, THE EYES. Eyes are very sensitive. Squinty, cloudy and pus eyes are a cause for alarm. Most any eye changes are cause for a significant alarm. Using a penlight to look into the eye in a darkened stall might just be the most important assessment of any day.

WEIGHT. A weekly assessment of a horse's weight is just part of excellent husbandry. The Purina Body Condition Chart is ok but it will be easier to make a weekly visual assessment. In a middle aged dressage horse and following a bath, view the horse at a distance of 12 feet. The ribs should be just hidden. With your fingers going down the side you should be able to just feel the ribs under the flesh. Endurance and Competitive Trail horses will have less body fat and some ribs will be seen. The Extra weight on athletic horses can cause excessive stress to the joints and can make the horse more subject to overheating and injury. I recently was asked to examine a very nice and very overweight dressage horse. In addition, this lovely horse was pigeon toed, thus putting strain on the ligaments in the fetlock. This is an example of violating Wolff's Law (see last month's article).

HAIR AND HOOF. Check the Hair texture (shiny, dull?) and hoof condition (cracked, rings, ridges?) which can be a sign of your horse's health. The body's largest organ is the integument - the skin. If a horse has a dull hair coat or unhappy hooves, something is amiss. One needs to look at husbandry or internal medicine issues like parasites and diet deficiencies to identify the culprit.

APPETITE. Appetite should be monitored. Horses are creatures of habit and as grazing animals they need to spend a significant part of the day foraging for food. They will get into a rhythm and when they stray from their daily pattern a closer watch is in order. Gastric dilation, pain and even death tend to occur more often within 2 hours after eating a meal.

AND MY FAVORITE. The OAT TEST. Train the horse to gobble a daily handful of oats. He should gobble it up. After a colic surgery we always knew the horse was ready to go home when he ...GOBBLED up the oats.

Your MISSION, if you take the challenge is The 1, 10, 100, 1000, 10,000 Rule. The first time you search for the digital pulse, expect to be frustrated. The tenth time will be a bit easier. By the 100th time it might even seem routine, and by the 1000th time it will be second nature. At 10,000 repetitions of feeling for the digital pulse YOU will be the teacher. For each item on this list expect that to be the case...SO put in the effort, do the repetitions and someday it might save a life.

Dr Michael H Riegger is an educator, behaviorist, trainer and veterinarian. For 6 decades he has been a multi-disciplined competitor, horseman, judge and farrier. He has also worked undercover to identify psychological and physical abuse of these aforementioned issues.

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The Swinging Back

by Susan Downs Parrish, Ph.D.

I don't like to admit it, but I'm the kind of person who has to be told something three times before it sinks in. It's not just that I have to hear it three times. The instruction has to come from three different people. Here's proof.

In February of 2020, I rode in a clinic with Mark Rashid, a master instructor who happens to be a cowboy. I wrote about my experience with Mark, and the article appeared in *Your Dressage*, the USDF website. During my lesson, Mark told me that the reason Maronda wasn't in front of my leg was due to the tension in my body. He told me to blink my eyes. As I blinked while doing a piaffe, I "saw" a vision of Maronda performing a calm, rhythmical piaffe. This vision matched what I felt under me. Why blinking produced a lovely vision was beyond me, but it improved our piaffe. So what if it didn't make sense. He also told me to imagine a balloon in the areas just below the front of my shoulders. Sometimes, I have pondered this balloon notion but haven't noticed a change in my body.

Maronda, being a smart girl, looks for ways to conserve energy. Conserving energy is a valuable survival instinct, but Grand Prix demands the expenditure of a whole lot of energy. In considering how to persuade Maronda to ignore her instinct to conserve, I have been rethinking Mark's idea that Maronda's milk toast response to my aids is connected to the tension in my body. The connection hasn't been obvious to me because I don't feel tense. So how do I get rid of something I don't feel? One day I was working on piaffe with my eyes wide open. The rhythm was rapid instead of deliberate. I thought of Mark and wondered if I could move my seat to influence her rhythm. Instead of sitting quietly and tapping first one leg then the other, I pushed my seat bones forward simulating the desirable rhythm—I bounced with her. It worked. Her rhythm slowed. Since this discovery with piaffe, I have applied the same principle to all her gaits. It has made a difference—think *schwung*. One day, while doing passage, I blinked my eyes while bouncing in rhythm and what did I see, myself sitting tall with an elevated chest. Those damned balloons came to mind. My guess is that the blinking technique comes from Mark's experience with Aikido. I plan to do a lot of blinking as I practice.

Allowing my seat to move or bounce along in rhythm to the gait reminded me of *durchlassigkeit* as defined by Gerd Zuther, that is, acceptance of the lateral aids. Apparently, the tension in my body, specifically my lower back, has been interfering with all the things that go with achieving *durchlassigkeit*. I'm thinking about the flow of energy that translates into acceptance of the lateral aids. This connection came to me during a trot half-pass in which Maronda was beautifully bent around my inside leg, a stellar example of acceptance of the lateral aids.

Back to needing to hear things three times. One of my early lessons with Gerd included being told not to sit on top of Riesling like a china doll. Riesling was seventeen-two hands and I was and am less than five feet-four inches, so being a china doll wasn't an option. I had no idea what Gerd meant. Was my choice of a light pink top and tan breeches not appropriate? Now a couple of decades later, it occurs to me that this china-doll comment was in line with Mark Rashid's

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assessment.

Between Gerd's description of my appearance and Mark's reference to tension in my back, Charles de Kunffy weighed in. In a clinic a few years ago in Sonoita, Charles had riders lean twenty degrees behind the vertical to create swing in the rider's back. I had no trouble doing this which prevented the china-doll position. It wasn't until recently that I understood the principle involved in what these three men were telling me. My failure to grasp the point of the message underscores the importance of understanding the theory behind the mechanics.

If I had had the presence of mind to ask Gerd to explain what he was talking about when he compared me to a rigid ceramic figure, maybe I would have learned what it's taken me years to grasp. Maybe he would have explained the flow of energy—the idea that the rider's legs drive the horse's hind legs under him to create a flow of energy that goes through the horse's back and the rider's seat/torso, then through the horse's neck to his mouth, and finally back to the rider's hand via the reins. This flow of energy is what makes it possible for the horse to accept the lateral aids. This process produces *durchlassigkeit*.

Experiencing irony isn't always fun but it can be informative, and to someone who wants to know stuff, irony is good. Before I appreciated Mark's knowledge, I joked with him about wanting him to teach me about *durchlassigkeit*. I'll be damned if he didn't do just that.

I have credited the instruction of three men with the positive changes in my riding, but the force behind these changes comes from an all-knowing mare, Maronda.

She has been barefoot for about six months behind and three months in front. With this change, she has developed more muscle behind and moves more freely. The improvement in collection is noticeable from the saddle. Now when I correctly activate the aids necessary to produce the flow of energy, she responds with *durchlassigkeit*. The consummate teacher, she rewards me with joyful compliance. When I experience this reward, I can hear Gerd, Charles, and Mark saying, "Good, Susan!"



photograph by Crissi McDonald



YOUR CONNECTION TO DRESSAGE - EDUCATION • COMPETITION • ACHIEVEMENT

Region 5 Competitors:

While this year's Great American/USDF Region 5 Championships were unfortunately cancelled due to the COVID-19 pandemic, USDF would like to take this opportunity to remind you of the dates and locations of regional championship competitions in other westerly US regions, that you may be interested in. They are as follows:

Region 4: October 1-4, 2020, National Equestrian Center, Lake St. Louis, MO

Region 6: October 2-4, 2020, Donida Farm, Auburn, WA (UPDATED)

Region 7: September 24-27, 2020, Del Mar Horsepark, Del Mar, CA

Region 9: October 1-4, 2020, Great Southwest Equestrian Center, Katy, TX

Additionally, due to the cancellation of the Region 5 event, USDF has waived the Change of Region fee for Region 5 competitors who wish to compete in a different region, provided requests are received by the closing date of the championship they wish to attend.

We would also like to remind you that, as outlined in our previous message, in addition to normal qualifying procedures, Region 5 horse and rider combinations may now qualify if they have obtained the following:

- Earning two scores of at least the minimum qualifying percentage from either 2020 Great American/USDF qualifying classes, 2019 Great American/USDF qualifying classes, 2019 Great American/USDF Regional Championship classes, and/or 2019 US Dressage Finals classes. The qualifying fee did not need to be paid prior to riding in these classes.
- Competitor must contact USDF in writing to request the previously earned score(s) be recorded as Great American/USDF qualifying and pay the qualifying fee(s) to USDF. Request and fee must be paid prior to the closing date of the regional championship competition.
- Scores can be earned at one or more competitions and may be from the same judge or judge panel.

Please remember that to ensure that you are accessing the most up-to-date information, visit and utilize the USDF website.

The ADA Schooling Show Committee would like to send a heartfelt appreciation to our ADA Member's Only Schooling Show participants - owners, riders and horses. We are grateful for your support!

Thanks to our judge, Lois Whittington. She was also too kind and shared her lunch with me. I didn't know I was hungry until I devoured my half! Thanks to our amazing scribe, Cindi Course, and the best-of-the-best volunteers Rachael Mitchell, Hailey Nelson, Cindy Hitchcock and Lara Bowles.

The event could not have happened without the extraordinary efforts of several individuals. Thanks to Tania Radda, Missy Gilliland and her students, Susan Skripac and Cynthia Ganem. They had to fill in at the last minute to get the arena trailer from storage, set up the arena and take it down at West World and return the trailer to storage. A dressage show can't happen without the arena!

Thanks again, everyone who made this show a success. The committee is proud to do this for you. This was truly a team effort.

*Thank you,
Michell Combs
ADA 2nd VP, Schooling Show Chair*

ADA FALL FIESTA & 2020 AZ STATE CHAMPIONSDHIPS

OCTOBER 31 – NOVEMBER 1

Join us at WestWorld Scottsdale

See azdressage.org for more details!

ADA Summer Heat Show Results

TRAINING LEVEL TEST 1

271	Marlena Obrzut	HRH Desire A Star	Open	59.615%
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TRAINING LEVEL TEST 2

275	Kimberley Kolstad	Poe Gha	Amateur	66.552%
297	Christine Reed	Shamrock De Brecey	Open	63.793%

TRAINING LEVEL TEST 3

266	Christopher Brusnighan	Bailo	Amateur	66.034%
270	Maren Cochran	Ravyn	Amateur	65.517%
274	Kimberly Apicella	Sir Harvard	Amateur	64.483%
282	Amy Jackson	Da Vinci SH	Amateur	48.448%
273	Samantha Macdonald	Angel	JR/YR	62.586%
296	Paula Paglia	Maximus	Open	70.517%
291	Karrin Taylor	Bedanken	Open	69.483%
279	Taylor Lindsten	Danity	Open	68.793%
290	Ashley Bowers	Belinda PBH	Open	60.690%

TRAINING LEVEL TEST OF CHOICE

290	Ashley Bowers	Belinda PBH	Open	62.241%
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TRAINING LEVEL TEST 1 Opportunity

283	Kelly Rischard	Feiner Peter	Open	70.577%
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FIRST LEVEL TEST 1

292	Meghan Cassidy	Allegheny	Amateur	60.690%
253	Deborah Lindley	Quill Gha	Amateur	60.345%
273	Samantha Macdonald	Angel	JR/YR	60.517%

FIRST LEVEL TEST 2

253	Deborah Lindley	Quill Gha	Amateur	60.714%
261	Maryellen Loes	Arthur WH	JR/YR	65.000%

FIRST LEVEL TEST 3

292	Meghan Cassidy	Allegheny	Amateur	62.639%
294	Kimberley Kolstad	Quill Gha	Amateur	60.417%
264	Ann Wilson	Fables Feiner Ebony	Amateur	57.361%
279	Taylor Lindsten	Danity	Open	67.222%

FIRST LEVEL TEST OF CHOICE

264	Ann Wilson	Fables Feiner Ebony	Amateur	60.972%
261	Maryellen Loes	Arthur WH	JR/YR	62.429%
297	Christine Reed	Shamrock De Brecey	Open	57.931%

SECOND LEVEL TEST 1

257	Courtney Cahill	Khaleesi	Amateur	58.784%
293	Deborah Lindley	Sir Renity Gha	Amateur	57.838%

SECOND LEVEL TEST 3

262	Kali Riddell	#Hashtag	JR/YR	61.310%
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SECOND LEVEL TEST OF CHOICE

257	Courtney Cahill	Khaleesi	Amateur	61.216%
262	Kali Riddell	#Hashtag	JR/YR	62.024%

THIRD LEVEL TEST 1

254	Lori Hanes	Esprit	Amateur	60.405%
256	Caroline Lassetter	Derby	JR/YR	62.162%
299	Miguel Undabarrena	SE Africano	Open	63.919%

THIRD LEVEL TEST 3

277	Michele Mooney	Don Viamo	Amateur	60.250%
276	Rebecca Lindy	Quintana Roo Cr	Amateur	57.500%
256	Caroline Lassetter	Derby	JR/YR	58.375%
258	Cyndi Jackson	Ehrenfurst	Open	71.250%
281	Jennifer Tobie	SRC Adriana+	Open	68.625%
252	Missy Gilliland	Witraz Sir Robin	Open	66.625%
284	Paula Paglia	WT Daisha	Open	65.625%
267	Taylor Lindsten	Wallace G	Open	63.750%

THIRD LEVEL TEST OF CHOICE

281	Jennifer Tobie	SRC Adriana+	Open	68.125%
284	Paula Paglia	WT Daisha	Open	64.625%
299	Miguel Undabarrena	SE Africano	Open	62.432%

FOURTH LEVEL TEST 2

260	Michele Lepire	Stonewall Good Deal Lady	Amateur	58.684%
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FOURTH LEVEL TEST OF CHOICE

260	Michele Lepire	Stonewall Good Deal Lady	Amateur	63.289%
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PRIX ST GEORGES

289	Jeanette Lundgren	Zanzybar	Amateur	60.353%
286	Cindi Lacroix	Marbella	Amateur	58.824%
263	Cyndi Jackson	Florisson	Open	70.588%

INTERMEDIARE I

272	Marlena Obrzut	Samiro 35	Open	62.794%
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GRAND PRIX

251	Missy Gilliland	Toledano XXXI	Open	62.283%
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FEI TOC, Specify Test

265	Ann Damiano	Risky Business	Amateur	59.265%
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USDF MUSICAL FREESTYLE TOC

278	Kendall Brookhart	Rianna	Amateur	68.900%
276	Rebecca Lindy	Quintana Roo Cr	Amateur	65.233%
277	Michele Mooney	Don Viamo	Amateur	63.233%

ADA Some More Heat Show Results

TRAINING LEVEL TEST 1

295	Katie Fales	Roxette	Open	65.385%
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TRAINING LEVEL TEST 2

275	Kimberley Kolstad	Poe Gha	Amateur	67.069%
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TRAINING LEVEL TEST 3

274	Kimberly Apicella	Sir Harvard	Amateur	68.793%
266	Christopher Brusnighan	Bailo	Amateur	66.724%
270	Maren Cochran	Ravyn	Amateur	65.517%
282	Amy Jackson	Da Vinci SH	Amateur	63.103%
273	Samantha Macdonald	Angel	JR/YR	60.862%
279	Taylor Lindsten	Danity	Open	69.655%
291	Karrin Taylor	Bedanken	Open	66.897%

TRAINING LEVEL TEST OF CHOICE

274	Kimberly Apicella	Sir Harvard	Amateur	69.310%
270	Maren Cochran	Ravyn	Amateur	65.862%
296	Paula Paglia	Maximus	Open	72.069%
295	Katie Fales	Roxette	Open	62.500%

FORWARD IS THE
WAY!



Juan Lopez Torres
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WINTER ROSE EQ. CTR ~ SCOTTSDALE

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Training Level Test 1 Opportunity

298	Rose Carignan	Shamrock De Brecey	Amateur	61.346%
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Training Level Test 2 Opportunity

298	Rose Carignan	Shamrock De Brecey	Amateur	58.276%
283	Kelly Rischard	Feiner Peter	Open	70.172%

FIRST LEVEL TEST 1

253	Deborah Lindley	Quill Gha	Amateur	54.483%
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FIRST LEVEL TEST 2

253	Deborah Lindley	Quill Gha	Amateur	57.000%
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FIRST LEVEL TEST 3

264	Ann Wilson	Fables Feiner Ebony	Amateur	60.972%
259	Sharon Zovod	Psyttation	Amateur	50.972%
279	Taylor Lindsten	Danity	Open	66.528%

FIRST LEVEL TEST OF CHOICE

294	Kimberley Kolstad	Quill Gha	Amateur	63.056%
296	Paula Paglia	Maximus	Open	68.103%

SECOND LEVEL TEST 3

293	Deborah Lindley	Sir Renity Gha	Amateur	54.167%
262	Kali Riddell	#Hashtag	JR/YR	62.738%

THIRD LEVEL TEST 3

276	Rebecca Lindy	Quintana Roo Cr	Amateur	62.125%
256	Caroline Lassetter	Derby	JR/YR	59.500%
258	Cyndi Jackson	Ehrenfurst	Open	71.000%
281	Jennifer Tobie	SRC Adriana+	Open	68.250%
252	Missy Gilliland	Witraz Sir Robin	Open	64.875%
267	Taylor Lindsten	Wallace G	Open	64.000%
300	Anne Gielis	Mini	Open	55.125%

THIRD LEVEL TEST OF CHOICE

281	Jennifer Tobie	SRC Adriana+	Open	68.250%
269	Amy Burnett	Dreamdancer	Open	60.658%
300	Anne Gielis	Mini	Open	55.125%

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FOURTH LEVEL TEST 3

288	Miguel Undabarrena	Imperio Do Castanheiro	Open	61.528%
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PRIX ST GEORGES

289	Jeanette Lundgren	Zanzybar	Amateur	60.588%
286	Cindi Lacroix	Marbella	Amateur	59.706%
263	Cyndi Jackson	Florisson	Open	71.029%

INTERMEDIARE I

268	Kenzie Riddell	Stonewall Good Deal Lady	JR/YR	57.853%
272	Marlena Obrzut	Samiro 35	Open	64.853%

GRAND PRIX

251	Missy Gilliland	Toledano XXXI	Open	63.587%
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FEI TOC

265	Ann Damiano	Risky Business	Amateur	62.500%
360	Jessica Keesey			60.735%

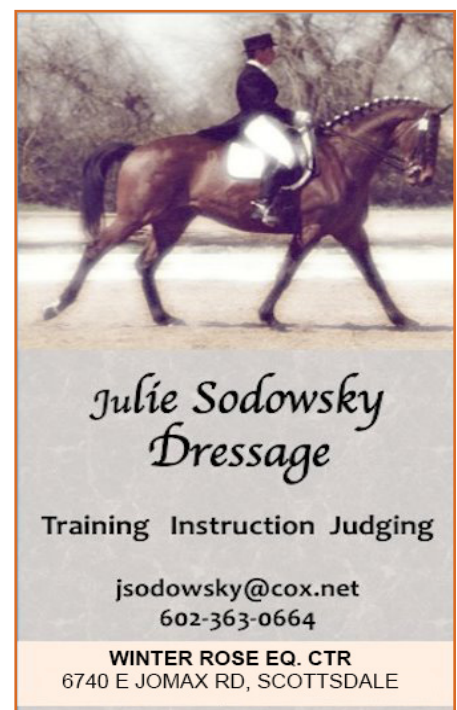
USDF MUSICAL FREESTYLE

278	Kendall Brookhart	Rianna	Amateur	67.100%
277	Michele Mooney	Don Viamo	Amateur	65.767%
276	Rebecca Lindy	Quintana Roo Cr	Amateur	65.500%



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*Julie Sodowsky
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Our Mission:

The Arizona Dressage Association is a not-for-profit organization whose goal is to promote the advancement of classical dressage through educational opportunities and programs, and the rigorous evaluations received at recognized and schooling dressage shows.



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USDF Recommended Reading List

USDF Training Manual (Classical Training of the Horse) – USDF

The Principles of Riding – German National Equestrian Federation

Advanced Techniques of Dressage – German National Equestrian Federation

USDF Pyramid of Training – USDF

The Gymnasium of the Horse – Gustav Steinbrecht

The New Basic Training of the Young Horse – Ingrid & Reiner Klimke

Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke

When Two Spines Align – Beth Baumert

Balance in Movement: The Seat of the Rider – Suzanne von Dietz

Thinking Riding – Books 1 & 2 – Molly Sivewright

The Complete Training of Horse and Rider – Alois Podhajsky

The Riding Teacher – Alois Podhajsky

An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)

Rider & Horse Back to Back – Susanne von Dietze

Practical Dressage Manual – Bengt Ljungquist

Dressage with Kyra – Kyra Kyrklund

Dressage: A Guidebook for the Road to Success – Alfred Knopfhart

The Competitive Edge II – Dr. Max Gahwyler

Riding Logic – Wilhelm Müsseler

101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou

Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton



YOUR CONNECTION TO DRESSAGE • EDUCATION • COMPETITION • ACHIEVEMENT

Attention Region 5 Competitors:

With recognition that USDF Region 5 has been severely impacted by the COVID-19 pandemic and now have less than fifteen total competition days to qualify for the 2020 Great American/USDF Regional Championships, the USDF Executive Board has approved alternative qualifying options for the 2020 Great American/USDF Region 5 Championships. In addition to normal qualifying procedures, horse/rider combinations may qualify for the 2020 Great American/USDF Region 5 Championships if they have obtained the following:

Earning two scores of at least the minimum qualifying percentage from either 2020 Great American/USDF qualifying classes, 2019 Great American/USDF qualifying classes, 2019 Great American/USDF Regional Championship classes, and/or 2019 US Dressage Finals classes. The qualifying fee did not need to be paid prior to riding in these classes.

Competitor must contact USDF in writing to request the previously earned score(s) be recorded as Great American/USDF qualifying and pay the qualifying fee(s) to USDF. Request and fee must be paid prior to the closing date of the regional championship competition.

Scores can be earned at one or more competitions and may be from the same judge or judge panel.

As always, to make sure you are accessing the most up-to-date information, visit the USDF website at www.usdf.org and follow us on social media.

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Email to: centerline@azdressage.org

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HEY READERS -

The Centerline is always in need of great photos to go along with our articles or just to fill the world with more cute pony pics. So if you have some you'd like to share, please send them to us at:

centerline@azdressage.org



2020 CALENDAR OF EVENTS

FEBRUARY

9: Fun in February, Location: Dale Creek Equestrian Village, Litchfield Park, AZ. Judge: TBD

10: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

MARCH

1: CFF Dressage Schooling Day, Location: Carefree Farms, 36412 N 7th Ave. Contact Laura Borghesani laura.borghesani@gmail.com for details.

9: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

14-15: Tuscon March Madness I/II, Location: Pima County Fairgrounds, Tuscon, AZ.

21: ADA March Shooling Show, Location: Dale Creek Equestrian Village. Judges: Lynn McKinney 'L'

APRIL

11-12: ADA Spring Celebration, Location: WestWorld of Scottsdale, AZ. Judges: TBD

12: Dressage In The Desert, Location: WestWorld of Scottsdale, AZ. Judges: TBD

13: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

MAY

9: NAC Show, Location American Ranch, Prescott. Contact Kirsten Kuzmanic KirstenK38@gmail.com 951-440-4615 for details: canceled

11: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

JUNE

~~POSTPONED~~ Road Runner I, Location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, Appeals1@aol.com

7: NAC Working Equitation Clinic, Rimrock, Paulden. Contact Kirsten Kuzmanic KirstenK38@gmail.com 951-440-4615 for details.

8: ADA Regular Meeting 6:00PM, Location: TBD. Contact president@azdressage.org for details.

JULY

~~10-12: Road Runner Dressage Show II, location: Pima County Fairgrounds, Tucson, Judges: TBD;~~

13: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

AUGUST

4-9: Adequan/FEI North American Youth Championships (NAYC), Location: Flintfields Horse Park, Williamsburg, Michigan

10: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

~~15-16: ADA Mountain Air & Dressage in the Pines, location: Fort Tuthill County Park, Flagstaff, Judges: TBD~~

18-23: USEF Dressage Festival of Champions, Location: Lamplight Equestrian Center, Wayne, Illinois

22-23: ADA Summer Show, Location: WestWorld of Scottsdale, AZ. Judges: TBD

29: Roadrunner Summer Show, Location: Pima County Fairgrounds, Tucson

SEPTEMBER

13: Members Only Schooling Show, Location: WestWorld of Scottsdale, Judge: Lois Whittington, L

~~24-27: Region 5 USDF/GAIG Regional Championships, Location: Colorado Horse Park, Parker, Colorado~~

OCTOBER

3: NAC Show, Location: American Ranch, Prescott. Contact Kirsten Kuzmanic KirstenK38@gmail.com 951-440-4615 for details.

12: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

31- Nov 1: ADA Fall Fiesta & 2020 AZ State Championships, Location: WestWorld of Scottsdale

NOVEMBER

9: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.



ARIZONA DRESSAGE ASSOCIATION

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Phoenix, AZ 85046-1602