



www.azdressage.org Vol. 20, Issue 56 June 2020

To Our Members:

We are excited to bring back our shows!

ADA is organizing two one-day recognized open shows in August. The shows will be held August 22nd and August 23rd at WestWorld in Scottsdale. Because we will be in the height of our Arizona summer, we will use the Equidome for our shows. It will be a one ring show on both days.

The good news on these shows is that the Equidome is air conditioned which will be wonderful for our competitors; the bad news is that we can only accommodate one ring. Therefore it will limit the number of rides we can schedule. We have asked our members if they would be interested in attending the shows and the response has been great. We were first planning on doing only a one day show, but we are now up to two days due to the demand.

The main competition ring will be inside the Equidome, competitors will be able to warm up in the small arena inside the Equidome as well as Ring 3 (covered tent outside the Equidome). Keep in mind that since this is a one ring show that you will not see the volume of riders warming up at the same time that you usually see in a 3 or 4 ring show.

If the attendance of the shows is what we are predicting it will be, we might have some issues with the scheduling of the classes since we only have one ring. Because of this we will have to ask those who are planning on coming to the shows to keep in mind that we may be limiting the number of classes each rider/horse combination can enter. We may only be able to accommodate riders in one of the shows. We will also have to consider giving priority to those seeking qualifying scores for Regionals. If attendance is not as strong as we predict than there will be more opportunities to ride in other classes.

Here is what we are considering:

Regional Qualifying: Riders attending the shows will be able to earn qualifying scores for Regionals. USDF has ruled that riders can earn 2 scores from the same show with

Continued on page 3

BOARD

President: TaniaRadda, 480.235.7654 <u>t.radda@azdressage.org</u>
1st VP: Kathy Smith
<u>ksmith@azdressage.org</u>
2nd VP: Michell Combs
<u>m.combs@azdressage.org</u>
Secretary: Nicole Zoet-Oostermyer
<u>ozranch3@aol.com</u>
Treasurer & Trustee of Records: Cynthia Ganem
<u>cganem@azdressage.org</u>
Maeike Zoet <u>m-zoet@yahoo.com</u>
Susan Skipric
Jane Brown

COMMITTEES

Manika Zoot Javins

Augrala.

Awards:	- IVIaeikė Zoet-Javins
	- <u>m-zoet@yahoo.com</u>
Centerline Editor:	- Beth Martinec
	- <u>centerline@azdressage.org</u>
Webmaster:	
<u>W</u>	ebmaster@azdressage.org
Education:	- Sarah Lindsten
Finance:	- Cynthia Ganem
Fundraising:	- Kay Lorenzen
Futurity:	- Susan Skripac
Juniors/Young Riders:	- Bobbie Lynn McKee
	- <u>b.mckee@azdressage.org</u>
Membership:	- Michell Combs
Scholarship:	- Ann Damiano
	a.damiano@azdressage.org
Recognized Shows:	- Kathy Smith
Scores Compilation:	- Sue Leuwyler

NAC

President: Kirsten Kuzmanic
Vice President: Angelique Levell
Treasurer:Traci Zenner
Co-Treasure: Anne Callahan
Secretary: Traci Zenner
Facebook, Web, Newsletter: Kay Laake
Show Manager: Kirsten Kuzmanic, Angelique Levell
Clinics/Education: Carol Lands

ADA BOARD ATTORNEY:

Wendy Riddell -----<u>w.riddell@azdressage.org</u>



Earn Volunteer/Service Hours Contribute to The Centerline Today!

Barn Tips:

Submit your innovative, imaginative and useful barn tips to Meredith Watters at *watters4@cox.net*

Letters to the Editor:

If you have comments, suggestions, or wish to express opinions relating to the sport of dressage, submit your letter for consideration to <u>centerline@azdressage.org</u>

Clinic Reviews:

Review a clinic you attended describing the training and what you learned from the clinician. Send submissions to centerline@azdressage.org

Barn News:

This column is for the trainer/barn to brag about the accomplishments of its clients, introduce new clients and horses, update readers about any barn improvements, or talk about any other news of interest to the membership. It's a free plug for the barn, trainer and clients. Send submissions to centerline@azdressage.org

Nuggets:

Do you have a training concept that you would like to share? Something your trainer has said to make your understanding more clear? Please share with other riders by sending submissions to <u>centerline@azdressage.org</u>

Member Submitted Articles:

Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. We'd love to hear from you! Send to <u>centerline@azdressage.org</u>. If the photo is a riding photo, a helmet for photo is required.

Product Endorsements/Advertising

In most cases, products and services are considered paid advertising. Occasionally a specific product will be named as to how it benefits the horse or rider, but this is discouraged. Press Releases are welcome. Likewise, articles that are negative in nature concerning a particular product will not be considered for publication.

Continued from page 1

the same judge. So those riders would be able to ride in two tests, and those two tests might be on one day or both days depending on demand.

State Championships: ADA has waved the qualifying scores for State Championships (which will be held at our Fall show). Anyone who wants to ride in the State Championships is welcome to enter the competition.

Number of Entries: ADA will limit the number of rides for the shows if we receive a large number of entries - this means no more than 2 rides per horse for both shows. If your horse is ridden twice on Saturday and the show is full on Sunday, you will not be able to ride your horse in the Sunday show. The same goes for a horse that is scheduled to be ridden twice on Sunday; that horse cannot be ridden in the Saturday show. Please be flexible if you are scheduled to ride only on Saturday, or only on Sunday. Those seeking qualifying scores for Regionals will be given priority. We predict the show will fill fast and it will have a cut off.

Large Groups: The barns/trainers coming with several riders - please let the show secretary know how many riders are in your group and who they are as this will help our secretary schedule your rides so you can all be done around the same time and on the same day. Please write a detailed note of your needs and preferences and send it with your entries.

FEI Riders: Under the rules, FEI riders cannot ride a test twice in one day. Therefore you will automatically be scheduled to ride on Saturday and on Sunday. Please plan accordingly.

Stabling: ADA has to follow the USEF and USDF guidelines on COVID-19. This means no tents, no chairs or places to congregate, no more than one person at a time in the tack room. We strongly suggest that our competitors consider reserving Day Stalls instead of overnight stalls to help minimize exposure. Please take your horse home after you receive your scores. If you came with a group, please take all horses home once the last rider is done. For the FEI riders who may need to stable their horses overnight, stabling is available. We are working on the possibility of getting inside stalls in the South Hall of the Equidome, but this is not yet confirmed.

COVID-19 Guidelines: The show is licensed under USEF therefore we must follow the COVID-19 protocols. Please refer to https://www.usef.org/forms-pubs/XhKGVYiiwTA/usef-covid-19-action-plan-for-operating

What you can expect from these guidelines:

Masks: Please bring a mask with you to the show grounds. If you do not bring your own mask, ADA will provide you one. Wear your mask when in close proximity to others while on the show grounds.

Self-Monitor: As per the guidelines. Monitor your temperature prior to attending the shows and while at the shows. If you are symptomatic, please do not come to the shows.

Social Distancing: Please keep your social distancing of 6 feet.

Continued from page 3

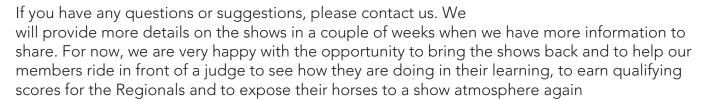
Food and Vendors: There will be no food or vendors at the shows.

Please plan accordingly. ADA will provide water.

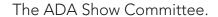
Score Sheets: We are still working on the details of how to get the scores to our competitors. Please make sure to add your Cell Phone Number to your entry as we may be texting you a picture of your score sheet.

Show Secretary: Please stand on the lines taped to the floor for social distancing. Send one person per group to pick up entry numbers. Most importantly, please make sure your entry is thoroughly completed to avoid delays.

Awards: We are still working on the details of the awards for these shows.



We look forward to seeing many of you at the shows!



DA SUMMER SHOW

AUGUST 22 & 23

Join us at WestWorld Scottsdale inside the Eduidome Get your qualifying scores for Regionals See azdressage.org for more details

Dressage TRAINING INSTRUCTION BOARDING 602 363 4771 juanlopeztorres@cox.net

Notice: All Flagstaff shows have been cancelled

May 19, 2020

To the membership of USDF,

Noting this is but the close of a chapter, but not the end of the book, as I write this letter we are just a little over two weeks away from the expiration of the suspension of recording of results from USEF/USDF dressage competitions and dressage schooling shows on May 31 (11:59 PM).

Our USDF staff that has been working from home since mid-March will soon, we hope, be able to carefully and sensibly transition to working from our Headquarters at the Kentucky Horse Park, just as the US Equestrian employees hope to do the same.

In the last five weeks many of our Committees have been hard at work considering questions we have posed and providing valuable input to the Executive Board that has been meeting on an almost biweekly basis with USDF staff. We have tried to keep you up to date as programs and competitions have been delayed, re-scheduled or cancelled throughout the country. We have made modifications to requirements for many USDF programs that we have published as decisions were made, including modifying the continuing education requirements for L Graduates, the requirements for the Youth Dressage Rider Recognition Program for 2020, refunding NAYC rider application fees and supporting an increase in the number of Junior and Young Rider invitations for the 2020 USEF Dressage National Championships.

Our Championship Programs -- the USDF Breeders Championships and the USDF Regional Championships -- are more complicated, as we have considered each Region, the qualifying season, the changes to the competition calendar, as well as the impossibility of predicting Government actions in dealing with the COVID-19 pandemic. After due consideration, we have made several adjustments to the 2020 championship requirements to try to accommodate the needs and challenges of our membership.

2020 USDF Breeder Championship Series Qualifier and Final Competitions

One qualifying competition, which can be held in conjunction with a series final, is required for a series to hold a series final competition.

The top three placing horses in each USDF Breeders Championship Series qualifier class will be qualified for the final, regardless of whether the first or second place horse has previously qualified. 2020 USDF Regional Championship Program Modifications

Change fees waived for date, name, and location of competitions, including Championships Late insurance, late prize list, late competition recognition fees waived

Competitor change of region fees through August 1 reduced from \$100 to \$25 and from August 2 to closing date reduced from \$300 to \$100

Competitors will be able to qualify by earning both scores at one competition; both scores may

have the same judge or panel.

During the entire 2020 qualifying season any qualifying score earned in a class that was designated Q, held prior to June 1, 2020, but not entered as Q, upon notice and payment of the \$15.00 qualifying fee to the USDF office prior to the closing of the date of the Championship, may be counted as a "good" qualifying score (membership requirements at the time of the competition where such score was obtained are unchanged).

With the assistance of the USDF Competition Management Committee, Technical Delegate Committee and Rules Advisory Working Group, and in close cooperation with the US Equestrian Dressage Department, we have identified and drafted requests for Presidential Modifications to the USEF rule book (Dressage and General) that we believe are needed to help our competition organizers, competitors and licensed officials as we restart the dressage competition season. In addition to the overall US Equestrian Federation COVID-19 Action Plan and FAQ, we have created the USDF Best Practices Considerations for Dressage Competitions that provides valuable information for organizers, show management and officials for licensed (Level 1-3) or schooling shows.

This Friday, May 22, US Equestrian and USDF will hold a joint ZOOM webinar that is Dressage specific. We hope that you will be able to attend live and submit questions (see the separate notices from USDF, www.usdf.org or www.usef.org) and if you are unable to attend note that all of the COVID-19 theme webinars are available to view at your convenience.

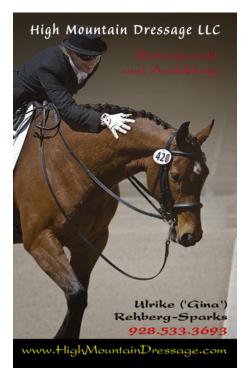
In closing, we admit that these unsettling times are not yet behind us. Some areas of the country will re-open (or close) on a timeframe not of our choosing nor under our control. There will be inequities - this is a given. We will do our best to ensure "as level a playing field as is possible" for the rest of the season. Conditions WILL change from time to time. If you are ready and comfortable to resume competition you should. If you are not ready or not comfortable, that is ok too! Regardless of your situation, your USDF volunteer leadership, our USDF staff and your fellow members all need to support each other as we navigate unfamiliar and unwelcome challenges. We are bound together by love for our horses and passion for our Dressage education and sport. Through continued positivity and an eye to the future that is decidedly Post-COVID19, we are all in this together. And

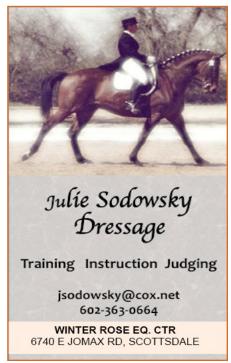
that is how we will best emerge

on the far side.

Stay safe and be well.

Lisa Gorretta President, USDF





jUNE 2020 Region 5 Message

Summer is here, but I can't say it is the normal summer we had hoped to see. COVID has really changed our way of life. Hopefully most of you are back to riding your horses if you weren't able to during the quarantine. Shows are starting to get going, but many state and county restrictions are still keeping them a bit sparse in our Region. I hope that everyone is enjoying their time with their families and their animals.

It has been announced that the Regional Championships for 2021 will be back in Santa Fe, New Mexico at HIPICO Santa Fe. The New Mexico Chapter of the Rocky Mountain Dressage Society will be our gracious hosts.

The 2020 USDF Convention will be December 3-6 in Omaha, Nebraska! Coming visit Region 4 and the home of the 2023 FEI World Cup! The host hotel is right in downtown Omaha and there are many great restaurants and things to do within walking distance.

Sadly, NAYC was cancelled for 2020, but the Junior and Young Rider divisions were expanded for the USEF Festival of Champions so I hope some of our Region 5 kids are able to attend and represent us there. Plans are moving forward for NAYC back in Travers City, Michigan for 2021. Dates will be announced shortly.

In these times, please be sure to read the emails that come out from USDF and USEF on a regular basis. Lots of things change frequently, especially regarding the regulations governing showing, so if you do have intentions of competing this summer, make sure you stay on top of things. Both the USDF and USEF websites also have sections for COVID updates as well.

If you have news you'd like to share, please let me know, we're happy to get it out and about for you.

Till next month! Heather Petersen

Region 5 Director

Relieve pain and heal naturally, fast...



- 24% arnica in aloe
- Relieves muscle soreness, stiffness, and bruising.
- Contains no alcohol, menthol or witch hazel.
- Especially effective when applied after a workout.
- Essential for you, Equine for your partner.

EssentialArnica.com

EquineArnica.com



Our Mission:

பு

The Arizona Dressage Association is a not-for-profit organization whose goal is to promote the advancement of classical dressage through educational opportunities and programs, and the rigorous evaluations received at recognized and schooling dressage shows.



Flying Fox Farm, LLC

Horse Boarding, Training & Lessons

Shelley Ebel

9836 N. 110th Street Scottsdale, AZ 85259 480-391-1035 flyingfoxfarm1@cox.net



USDF Recommended **Reading List**

USDF Training Manual (Classical Training of the Horse) - USDF

The Principles of Riding – German National Equestrian Federation

Advanced Techniques of Dressage – German National Equestrian Federation

USDF Pyramid of Training – USDF

The Gymnasium of the Horse – Gustav Steinbrecht

The New Basic Training of the Young Horse – Ingrid & Reiner Klimke

Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke

When Two Spines Align – Beth Baumert

Balance in Movement: The Seat of the Rider -Suzanne von Dietz

Thinking Riding – Books 1 & 2 – Molly Sivewright

The Complete Training of Horse and Rider – Alois Podhajsky

The Riding Teacher – Alois Podhajsky

An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)

Rider & Horse Back to Back – Susanne von Dietze

Practical Dressage Manual – Bengt Ljungquist

Dressage with Kyra - Kyra Kyrklund

Dressage: A Guidebook for the Road to Success – Alfred Knopfhart

The Competitive Edge II – Dr. Max Gahwyler

Riding Logic – Wilhelm Müseler

101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou

Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton

Changing The Bend

I moved my horse to a new barn a few months ago. We just needed a change of scenery, some new spaces to ride in, new faces to look at. Boredom with the same old routine had really started to impact my horse's outlook on life. When you've raised your horse from a yearling and he's been your partner for seventeen years, you just know these things. So, we moved and left our trainer (insert tears and sadness here) of four years; the one thing I really did not want to do.

The fall rains had prevented regular riding at the old barn, so after a few months of getting our bearings and getting back into shape, we jumped back into lessons with a new trainer. Trainer number seven. Hey, you move to four different states over seventeen years - it adds up. I always like working with a new person though. They have a different style of teaching, new exercises and new ways of explaining things. Trainer number seven has been no different. The first thing she did was strap my stirrup leathers through my billet straps and made me ride all my trot warmup that way help me feel how to keep my lower leg more stable. I could tell by her enthusiasm that my floppy lower legs had probably been bugging her for weeks as I rode around during her lessons with other students. Once we got that out of the way we were on to lots of different exercises to help us improve our flying changes. Oh - pull your toes up - that's the secret to a more stable lower leg. Who knew! All those years ago I was told don't put any pressure in the stirrup by pushing your heels down and so floppy legs...

Anyway, back to the exercises.

- 1. Ride a quarter line at trot and leg yield on and off the line in both directions. Then change that to leg yielding in one direction and then continuing the same direction, but changing the bend to a half pass. Do the same exercise in canter and leg yield off the line, half pass back.
- 2. Ride a bending line at canter down the long side. Change from true bend to counter bend as you weave between the long side and halfway to the quarter line.
- 3. Set up four cones at the four points of a 15 meter circle. Ride a bending circle so that around each cone your horse is in true bend and then between each cone, change the bend towards the outside of the circle. Do this in trot and canter. You can also go inside the cones to make the circle smaller.

All of these exercises teach your horse to change their bend more quickly while maintaining their gait which is beneficial for any horse at any level. If you are using these exercises to improve your flying changes, ride them thinking about a feeling of moving the hind legs out of the way to create an "opening" towards the new inside leg. This allows the horse a space to jump through as it changes leads.

So change your routine, change your scenery, and have fun with some new exercises to change your bend.

By Beth Martinec





~ ADVERTISING ~

The Centerline is not responsible for, nor does it endorse any claims made by advertisers. ALL ADVERTISEMENTS MUST BE PAID AT THE TIME OF SUBMISSION.

Display Ads – JPG, TIFF, PDF - 300 dpi Full Page (7.5"x10") \$90 ½ Page \$50 1/3 Page \$35 ¼ Page \$20 Business Card \$15

Classifieds: Have something for sale? For rent? Want something? Put your ad in the classifieds to see if someone has what you want, or wants what you have. Send to centerline@azdressage.org.

\$5 for up to 50 words; \$5 per photo; \$5 non-member fee

Web Site: The ADA Website is <u>www.azdressage.org</u>. You may advertise on the site for \$50 per year or \$30 for six months. Non-members please add \$5.

Newsletter Deadline: 20th of the previous month

Email to: centerline@azdressage.org

Please be sure that your payment accompanies your ad. To make a payment go to https://azdressage.org/advertisement-submission/

The Centerline is the official monthly newsletter of the Arizona Dressage Association (ADA), a 501(c)(3) not-for-profit organization. Material in the newsletter may not be reproduced, with the exception of forms, without the written consent and credit of the editor and/ or author. The Centerline assumes no responsibility for the return of unsolicited material unless accompanied by a stamped, self-addressed envelope. The Centerline welcomes your articles, letters, barn news, cartoons, artwork, poetry and especially, your photographs. Submissions, news, views and opinions expressed herein do not necessarily reflect the position or views of the ADA. Acceptance does not constitute an endorsement. Accuracy of materials submitted is the sole responsibility of the author. The Editor reserves the right to accept, reject and edit submitted material. The deadline for articles and advertising is the 20th of the month. Email to: centerline@azdressage.org

HEY READERS -

The Centerline is always in need of great photos to go along with our articles or just to fill the world with more cute pony pics. So if you have some you'd like to share, please send them to us at:

centerline@azdressage.org



2020 CALENDAR OF EVENTS

JANUARY

- 13: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.
- 18: January Shooling Show, Location: Bar A Ranch, 8510 E Dynamite Blvd. Judges: Sarah Lindsten 'L'

FEBRUARY

- 9: Fun in February, Location: Dale Creek Equestrian Village, Litchfield Park, AZ. Judge: TBD
- 10: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

MARCH

- 1: CFF Dressage Schooling Day, Location: Carefree Farms, 36412 N 7th Ave. Contact Laura Borghesani <u>laura.borghesani@gmail.com</u> for details.
- 9: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.
- 14-15: Tuscon March Madness I/II, Location: Pima County Fairgrounds, Tuscon, AZ.
- 21: ADA March Shooling Show, Location: Dale Creek Equestrian Village. Judges: Lynn McKinney 'L'

APRIL

- 11-12: ADA Spring Celebration, Location: WestWorld of Scottsdale, AZ. Judges: TBD
- 12: Dressage In The Desert, Location: WestWorld of Scottsdale, AZ. Judges: TBD
- 13: ADA Regular Meeting 6:30PM, Location: TBD. Contact president@azdressage.org for details.

MAY

- 9: NAC Show, Location American Ranch, Prescott. Contact Kirsten Kuzmanic <u>KirstenK38@gmail.com</u> 951-440-4615 for details. canceled
- 11: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

JUNE

POSTPONED Road Runner I, Location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, Appeals 1@aol.com

- 7: NAC Working Equitation Clinic, Rimrock, Paulden. Contact Kirsten Kuzmanic <u>KirstenK38@gmail.com</u> 951-440-4615 for details.
- 8: ADA Regular Meeting 6:00PM, Location: TBD. Contact president@azdressage.org for details.

JULY

- 10-12: Road Runner Dressage Show II; location: Pima County Fairgrounds, Tucson, Judges: TBD;
- 13: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

AUGUST

- 4-9: Adequan/FEI North American Youth Championships (NAYC), Location: Flintfields Horse Park, Williamsburg, Michigan
- 10: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.
- 15-16: ADA Mountain Air & Dressage in tthe Pines; location: Fort Tuthill County Park, Flagstaff, Judges: TBD
- 18-23: USEF Dressage Festival of Champions, Location: Lamplight Equestrian Center, Wayne, Illinois
- 22-23: ADA Summer Show, Location: WestWorld of Scottsdale, AZ. Judges: TBD

SEPTEMBER

24-27: Region 5 USDF/GAIG Regional Championships, Location: Colorado Horse Park, Parker, Colorado

OCTOBER

12: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

NOVEMBER

- 3: NAC Show, Location: American Ranch, Prescott. Contact Kirsten Kuzmanic <u>Kirsten K38@gmail.com</u> 951-440-4615 for details.
- 9: ADA Regular Meeting 6:00PM, Location TBD. Contact enews@azdressage.org for details.

ARIZONA DRESSAGE ASSOCIATION



PO Box 31602 Phoenix. AZ 85046-1602

Greenway Saddlery



The 38th Annual Greenway Summer Sale will have all the great bargains as previous years. But, for this year for safety reasons, we won't have the BIG OPENING DAY CROWDS. We will begin pricing Sale Items in July. As the items are tagged, they are now "ON SALE". With our limited staff, it will take till some time in August to get all the items Sale Tagged. So, this year you may want to make severel trips in, if you want to be the first to see the Newly Tagged Sale Items. Since this sale is for seasonal and discontinued items, priced will be at our wholesale cost or below and be on Sale till sold.



LOCATED JUST 1 BLOCK NORTH OF THE WESTWORLD EQUIDOME 9380 E. Bahia Dr. #A-103 Scottsdale, AZ 85260 Phone 480 502-9776 www.greenwaysaddlery.com SUMMER HOURS: Open 10AM to 6PM, Closed Sunday & Monday