



# The Centerline

Vol. 18, Issue 4

April 2018

## Congratulations to the Champions!

Congratulations to all of our year-end winners. You worked hard and rode well, and it shows! The following photos are just some of our winners.



*Slipstream owned by Sherril Tripp  
and ridden by Paula Paglia*



*Cindy Hitchcock and Finau-Riche D'Apardi*

Continued on page 4

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## Earn Volunteer/Service Hours Contribute to The Centerline Today!

### Barn Tips:

Submit your innovative, imaginative and useful barn tips to Meredith Watters at [watters4@cox.net](mailto:watters4@cox.net)

### Letters to the Editor:

If you have comments, suggestions, or wish to express opinions relating to the sport of dressage, submit your letter for consideration to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Clinic Reviews:

Review a clinic you attended describing the training and what you learned from the clinician. Send submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Barn News :

This column is for the trainer/barn to brag about the accomplishments of its clients, introduce new clients and horses, update readers about any barn improvements, or talk about any other news of interest to the membership. It's a free plug for the barn, trainer and clients. Send submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Nuggets:

Do you have a training concept that you would like to share? Something your trainer has said to make your understanding more clear? Please share with other riders by sending submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Member Submitted Articles:

Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. We'd love to hear from you! Send to [centerline@azdressage.org](mailto:centerline@azdressage.org). If the photo is a riding photo, a helmet for photo is required.

### ***\*\*Product Endorsements/Advertising\*\****

In most cases, products and services are considered paid advertising. Occasionally a specific product will be named as to how it benefits the horse or rider, but this is discouraged. Press Releases are welcome. Likewise, articles that are negative in nature concerning a particular product will not be considered for publication.

## ~ ADVERTISING ~

The Centerline is not responsible for, nor does it endorse any claims made by advertisers. ALL ADVERTISEMENTS MUST BE PAID AT THE TIME OF SUBMISSION.

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Full Page (7.5"x10") .....	\$90
½ Page .....	\$50
1/3 Page .....	\$35
¼ Page .....	\$20
Business Card .....	\$15

### Classifieds:

Have something for sale? For rent? Want something? Put your ad in the classifieds to see if someone has what you want, or wants what you have.

Send to [centerline@azdressage.org](mailto:centerline@azdressage.org).

\$5 for up to 50 words; \$5 per photo; \$5 non-member fee

**Web Site:** The ADA Website is [www.azdressage.org](http://www.azdressage.org). You may advertise on the site for \$50 per year or \$30 for six months. Non-members please add \$5.

Newsletter Deadline: 20th of the previous month

**Mail to:** ADA Editor, 8804 W Glenn Dr., Glendale, AZ 85305

**Email to:** [centerline@azdressage.org](mailto:centerline@azdressage.org)

Please be sure that your check accompanies your ad.

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## REGION 5 DIRECTOR'S MESSAGE

Hope everyone had a great winter! I was lucky enough to see a few of you in California at the Adequan West Coast Dressage Festival and it was great seeing others down in Wellington, Florida when I went down for the month of March. It has been dry in Colorado again this winter and I wish we would have more moisture, but that said, the show season is about to start and I would love it if the weather would cooperate for that as well!

Dressage is winding down a bit in the southern part of the US and gearing up in most of the rest of the country and there are plenty of clinics and educational events to choose from in Region 5. The Colorado Horse Park and Rocky Mountain Dressage Society are hosting a wonderful education symposium May 17-20 with Scott Hassler, Lilo Fore, Janet Foy, Lisa Wilcox, Alison Brock and Judy Reynolds. Mark your calendars! RMDS is also hosting an instructors' continuing education with Lilo Fore on May 15-16. This is a working closed session for instructors only to work on teaching and training techniques and is always well received. If you are interested, please contact Beth at [rmds@rmds.org](mailto:rmds@rmds.org). RMDS is also hosting an Adult Amateur clinic April 21-22 with USDF certified instructor and instructor examiner William McMullin. Please be sure to let me know if your barn, GMO, club, chapter or other groups are hosting events and we'll get them in our monthly USDF GMO newsletter that contains great links to all the Regions and on the Region 5 website. We want to let our members know about as many dressage opportunities as we can. Many thanks to Dorie Vlaten-Schmitz for hosting the USDF Instructors Workshops this winter at her Central Arizona Riding Academy. They were very well received and attended.

The deadline for Participating Member Delegate nominations is April 15. Our region will have 5 PM delegates for the 2018 USDF Convention in Salt Lake City, Utah November 28-December 1. You can check the status of our delegate nominees by going to the link below. Please check your status to make sure your acceptance is there if you would

*Continued on page 4*

like to be a PM delegate candidate. If you are not listed and you would like to be a PM delegate, please contact Eva Maria Adolphi at [adolphi@burgoyne.com](mailto:adolphi@burgoyne.com). Please do not commit to be a delegate unless you know you can attend. There is some financial assistance from our Region for those PM delegates who do attend the convention.

<http://www.usdf.org/about/about-usdf/governance/nominating/accepted.asp>

As of May 16th, our potential candidates for the 2018 FEI North American Junior and Young Rider Championships August 1-5 in Old Salem, New York will be finalized. As I write this, we have 4 riders who have declared (3 Juniors and 1 Young Rider), but I believe from talking to folks that we should hopefully have enough riders who will declare to field two full teams, though maybe only an abbreviated Young Rider team. If you would like to contribute or help with their fundraising efforts, please contact Joan Clay, our Region 5 Jr/YR FEI coordinator at [jnclay@comcast.net](mailto:jnclay@comcast.net) or 970-420-0877 or Kathy Gillespie, our fundraising coordinator, at [kjpagillespie@msn.com](mailto:kjpagillespie@msn.com) or 303-921-5253. PLEASE DON'T FORGET TO TURN IN YOUR DECLARATIONS!

Till next month!  
Heather Petersen  
Region 5 Director



*Daralinde, owned by Cindy Hitchcock*



*Lisa Weiss & Valentino*



*Alyssa Barngrover & Daisy*

# ARIZONA DRESSAGE ASSOCIATION

## Annual Meeting March 2018 Minutes



The meeting was called to order Monday, March 19th, 2018

Time: 6:30 PM

Location: Sarah Lindsten's House. 41003 N. Canyon Ridge Trail Cave Creek, AZ 95331

Calling the meeting to order: 6:53 PM by President Tania Radda

Roll Call/ Introductions/Establish Quorum

1. Directors In Attendance-Tania Radda, Kathy Smith, Cynthia Ganem, Betty Drake, Nicole O. Zoet, Maeike Zoet, Sarah Lindsten, Heather Bilodeau, Toni Crowther,
2. Directors Not In Attendance –Melanie Ingram, Lara Bowles, Michell Combs.
3. Alternate Directors –Susan Skripac

### Officers' Reports:

4. Secretary's Report/Approval of Minutes-Betty Drake motioned to approve the minutes and Sarah Lindsten 2nd.
5. Treasurer's and Finance Report/Approval - Cynthia Ganem

January and February reports were read.

February 2018:	Operating account	\$ 29,555.92
	Debit account	\$ 10,618.72
	Pantano CD	\$ 11,440.98

\$ 12,044.75 short of our goal of catastrophic events

	Cash	\$ 1,038.00
January 2018	Operating account	\$ 27,244.14
	Debit account	\$ 9,174.90
	Pantano CD	\$ 11,440.98

\$ 12,044.75 short of our goal of catastrophic events

Cash	\$ 928.00
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Betty Drake motioned to approve and Heather Bilodeau 2nd.

6. 1st VP - Recognized Shows Report– Kathy Smith

a) ADA Spring Celebration, will be at West World, on April 7 & 8, 2018

It is a four rings show. A new format for the rings will be used for this show to help the club meet its fiscal responsibility.

b) Friday March 23- show staff meeting scheduled to discuss logistics and budget for all ADA recognized shows in 2018.

Participants: Tania Radda, Kathy Smith, Sue Plasma, Cynthia Ganem and Jay Chabucos

7. 2nd VP - Schooling Shows Report – Lara Bowles

a) The March ADA schooling show at Bar A was an excellent event, it was a full day and the participants were very positive.

b) The Next ADA schooling show will take place at Dale Creek on April 14, 2018.

### Standing Committee Reports:

8. Equipment Committee Report – Kathy Smith

*Continued on page 9*

Award Winners continued



*Lori Hanes and Mad Mardigan*



*Ann Damiano, Florisson, and Cindy Jackson*



*Rebecca Lindy and Quintana Roo CR*

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**C O U N T Y**



Kay Lorenzen and Wendo



Michelle Scarzone and Roxie's Jazz Soul



McKenzie Miller & Romeo

### ARIZONA RECOGNIZED DRESSAGE SHOWS 2018 CALENDAR YEAR / 2018 YEAR END AWARDS

SHOW	LEVEL	SHOW DATE	OPENING DATE / CLOSING DATE	JUDGES
ADA Spring Celebration Scottsdale -- WestWorld	3	April 7-8, 2017	February 13 / March 8	TBD
Roadrunner I & II, Tucson, AZ	2	I: June 2-3, 2018 II: July 14 -15, 2018	I: April 3 / May 23 II: May 15 / July 2	I Judges: Dorie Vlaten-Schmitz "S", "R" TBA II Judges: "S" TBA, "R" TBA
ADA Mountain Air & Dressage in the Pines Flagstaff -- Fort Tuthill County Park	2	August 11-12, 2018	June 14 / July 13	TBD
Great American Insurance Group/United States Dressage Federation Region 5 Dressage Championships licensed by United States Equestrian Federation Inc. & ADA October Fest Scottsdale -- WestWorld	3	October 5-7, 2018	August 6 / September 5	Hilda Gurney "S", Heidi Berry "S"
ADA Fall Fiesta & AZ State Championships Scottsdale -- WestWorld	3	November 4-5, 2018	September 9 / October 6	Carter Bass "S", Margaret Freeman "S", Jan Curtis "S"
TDC Fall Festival I & II Tucson -- Pima County Fairgrounds	3	November 17-18, 2018	September 23 / November 3	Brent Hicks 'S' CA & Creeky Routson 'S' CA



## TDF ANNOUNCES SYDNI NUSINK AS RECIPIENT OF THE KAREN SKVARLA GRANT FOR YOUNG PROFESSIONALS

March 14, 2018 - The Dressage Foundation is pleased to announce that the 2018 Karen Skvarla Fund Grant has been awarded to young professional Sydni Nusink of Spanish Fork, UT. Sydni intends to use the \$750 grant to ride in a clinic with Mette Rosencrantz in May.

Sydni operates her business out of Summerhill Equestrian Center in Saratoga Springs, UT. She has been a professional since 2012, completed the USDF Young Rider Graduate Program, and is a USDF Certified Instructor through First Level, as well as a bronze and silver medalist. "It has always been my goal to become as educated as possible so that I can provide the best and most correct training to my horses and students. This Skvarla Fund Grant is going to make it possible for me to participate in an educational event that would have otherwise been a financial strain, and I cannot thank TDF and

its donors enough for this opportunity. I hope to be able to give back to the community in the same ways that I have been blessed," said Sydni.



The purpose of the Karen Skvarla Fund is to provide grants enabling young dressage professionals to pursue training or educational opportunities. Grant applicants should be in the beginning stages of their dressage careers as instructors and/or trainers. The Karen Skvarla Fund Grant selection committee will especially look for applicants who are eager to grow and improve, and who are fair and respectful to both students and horses.

The Karen Skvarla Grant is awarded annually, with applications due on or before February 15th of each year. A Selection Committee will review applications and announce a decision no later than April 15th. The application can be found at [www.dressagefoundation.org](http://www.dressagefoundation.org) under the Grants and Programs section, "Apply for a Grant."

For more information about the Karen Skvarla Fund or The Dressage Foundation, please contact Jenny Johnson at (402) 434-8585, by email at [jenny@dressagefoundation.org](mailto:jenny@dressagefoundation.org), or visit [www.dressagefoundation.org](http://www.dressagefoundation.org).

The Dressage Foundation is a 501(c)(3), non-profit, tax-exempt, donor-driven organization that is dedicated to supporting and advancing the sport of dressage. The organization solicits contributions, appropriately allocates the donations, and awards grants and scholarships to dressage riders of all ages and levels. For more information, please visit [www.dressagefoundation.org](http://www.dressagefoundation.org).

*Meeting Minutes continued*

- a) ADA has purchased 3 new 15-inch Dell laptop computers to replace the old ones. A list of equipment in need of updating was submitted by the equipment committee and approval for purchase of new equipment will be presented to the board once an estimate is received.
- 9. Vendor Committee – Heather B.
  - a) ADA 2018 Spring Celebration Show: Fewer vendors have signed on with the show since there will not be available space in the Equidome. The board is looking at possible use of buildings at Westworld to accommodate the vendors.
  - b) Volunteer Committee – Kathy S./Heather B.- eBlast to be send out to remind volunteers to help during the Spring Show.
- 10. Awards Committee Report – Kim Pribble
  - a) All Year End Awards have been received and will be distributed during the banquet. Ribbons and awards for the ADA Spring Show are in, and arrangements are being made to receive the Regionals Awards through USDF. Maeike Zoet will be taking over as the new Awards Chair and coordinate the Regionals Awards.
- 11. Futurity Committee Report – Toni Crowther
  - a) 7 horses are registered for Futurity
  - b) 2 ADA coolers have been delivered by Greenway Saddlery.
- 12. JRYR Committee- Bobbie Lynn
- 13. Education Committee Report – Sarah Lindsten
  - a) Dorie V. Schmidt's Conformation 101 presentation is confirmed. The event will take place on April 21, 2018 at Bellisima Ranch in Scottsdale from 10 AM till 2 PM. The program consists of a PowerPoint presentation, Questions asked and answered, and demo horses that will be presented in the arena. The event is free to the ADA membership and it is \$5.00 for non-members.
- 14. Enquiries are in the works for a possible ADA Adult Summer Riding Camp with Hilda Gurney in Flagstaff.
- 15. Fundraising Committee – Melanie Ingram- Fundraising is under way for the ADA Spring Show and the Regionals.
- 16. Membership Committee Report – Michell Combs
  - a) ADA Membership Report as of February 28, 2018.
    - 253 2018 ADA / GMO Members
    - 26 New Members in 2018
    - 23 Adults
    - 3 Junior / Young
    - 215 Members Renewed in 2018
    - 203 Adults
    - 12 Junior / Young
    - 12 Returning Members
    - 11 Adults
    - 1 Junior / Young Riders
    - 106 2017 ADA / GMO Members have not renewed for 2018
    - 94 Adults
    - 12 Junior / Young Riders
- 17. Communications Committee Report – Tania Radda
- 18. Rules Committee – Betty Drake
  - Betty presented a list of changes to the rules to bring them up to date. All changes were reviewed and approved by the board.
- 19. Nomination Committee – Heather will secure the award for the Volunteer of the Year for 2017 and present it during the Year End Awards Banquet.

New Business:

- 20. Call to Members – No Members were present.
- 21. Next meeting – Regular Meeting, April 9th, 2018 at 6:30PM — At Tania Radda's house.
- 22. Adjournment at 8:26: moved by Kathy Smith and 2nd by Betty drake.

## Our Mission:

*The Arizona Dressage Association is a not-for-profit organization whose goal is to promote the advancement of classical dressage through educational opportunities and programs, and the rigorous evaluations received at recognized and schooling dressage shows.*



**Toni Crowther**

Certified Magna Wave Provider

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## USDF Recommended Reading List

USDF Training Manual (Classical Training of the Horse) – USDF

The Principles of Riding – German National Equestrian Federation

Advanced Techniques of Dressage – German National Equestrian Federation

USDF Pyramid of Training – USDF

The Gymnasium of the Horse – Gustav Steinbrecht

The New Basic Training of the Young Horse – Ingrid & Reiner Klimke

Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke

When Two Spines Align – Beth Baumert

Balance in Movement: The Seat of the Rider – Suzanne von Dietz

Thinking Riding – Books 1 & 2 – Molly Sivewright

The Complete Training of Horse and Rider – Alois Podhajsky

The Riding Teacher – Alois Podhajsky

An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)

Rider & Horse Back to Back – Susanne von Dietze

Practical Dressage Manual – Bengt Ljungquist

Dressage with Kyra – Kyra Kyrklund

Dressage: A Guidebook for the Road to Success – Alfred Knopfhart

The Competitive Edge II – Dr. Max Gahwyler

Riding Logic – Wilhelm Müseler

101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou

Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton

## LANDKAMER FUND FOR SHOW MANAGERS THE DRESSAGE FOUNDATION

TDF'S EXECUTIVE BOARD HAS DECIDED TO CHANGE THE 2018 DEADLINE TO APRIL 30TH. THIS IS A GREAT OPPORTUNITY FOR ANY SHOW MANAGERS OR SECRETARIES WHO ARE LOOKING TO MOVE UP THE LEVELS OF SHOW MANAGEMENT, OR GET SOME CONTINUING EDUCATION TIME IN.

THE RECIPIENT IN 2017 USED THE GRANT TO ATTEND THE USDF CONVENTION'S SHOW MANAGEMENT EDUCATION SESSION. PLEASE VISIT OUR WEBSITE FOR A FULL LIST OF EXAMPLES AND MORE INFORMATION ON THE GRANT. THE APPLICATION PROCESS IS QUICK AND EASY - ALL ONLINE.

LET ME KNOW IF YOU HAVE ANY QUESTIONS, AND PLEASE SHARE THE NEWS.

JANE FUCINARO

[HTTP://WWW.DRESSAGEFOUNDATION.ORG/GRANTS-AND-PROGRAMS/APPLY/SHOW-MANAGEMENT/](http://www.dressagefoundation.org/grants-and-programs/apply/show-management/)

## Barn Tip: Treats

**D** Here is a tip from the California Dressage Society Newsletter. I was not aware that there could be natural ingredients in your horse's treat that are drug positives. We all like to reward our horses with a treat (or two, or three, or five). But you must be mindful of exactly what you are giving your horse. Some natural ingredients like honey and licorice can cause an accidental drug positive test. Many common and innocent-sounding ingredients can cause a positive test. A tea extract or even some honeys contain caffeine, poppy seeds contain morphine and other ingredients like licorice, cloves, vanilla, nutmeg and even celery may cause a positive test.

Not sure about your treats? A simple way to be sure is to call the Equine Drugs and Medication Program at 1-800-633-2472 and give them a complete list of ingredients. It is a service to help all US Equestrian Federation members stay safe and legal.



Submit your innovative, imaginative and useful barn tips to Meredith Watters at [watters4@cox.net](mailto:watters4@cox.net)

## Horses Nominated for 2018 AZ State Championship Classes As of March 24, 2018

\*\*\* Scores Count for Qualifying AFTER Nomination Date Paid \*\*\*

If your horse nomination is missing, please contact the show secretary to whom you paid your nomination fee:  
Sue Plasman: [splasman@comcast.net](mailto:splasman@comcast.net), Debbie Garris: [dgarris@horseshowolutions.com](mailto:dgarris@horseshowolutions.com), Cynthia Ganem: [c.ganem@azdressage.org](mailto:c.ganem@azdressage.org).

Please check the Horse's USDF number and the spelling of the Horse's name.  
Email Scores Database compiler at [scores@azdressage.org](mailto:scores@azdressage.org) if there are any errors.

Date Paid	Horse	Horse USDF	Horse Owner
17-Nov-17	#Hashtag	1120838	Riddell, Wendy
02-Nov-17	Action Jackson	1086464	Hilton, Heidi
25-Jan-18	Aegyptian Gold	41071	Powers, Sondra
04-Nov-17	Alexa Bella	1109731	Galante, Michele
17-Nov-17	Alle In One	1090398	Yacobucci, Kim
13-Nov-17	AMF Tonka Toy	1095412	Kirberger, Samantha
17-Nov-17	Angel	1105611	Riddell, Wendy
06-Oct-17	Athos Do Juliana	1112316	Sundquist, Kirsten
03-Nov-17	Aul Amira	1105312	Blacker, Marcy
12-Oct-17	Batino	1116286	Bartels, Carol Ann
16-Jan-18	Beon Alla Czar	1123913	LOSKILL, JILL
02-Jan-18	Billy the Kid II WF	1125728	McKee, Bobbie
31-Oct-17	Bravado	1118008	Wickham, Paul
06-Oct-17	Brioso	1032202	Taylor, Shelene
29-Nov-17	Bristol	1105402	Jackson, Amy
05-Mar-18	Bronson	1123671	Blaney, Leslie
15-Nov-17	Cancun EE	1108529	Parks, Alison Krupa
06-Oct-17	Cantante	1123050	Algosaibi-Stoklos, Aida
25-Sep-17	Carbonero De La Rosa XII	1116583	Hope-Reese, Theresa
04-Nov-17	Chipper One	1083844	LaCroix, Cindi
05-Mar-19	Cinmars Dance	1127305	Borghesani, Laura
26-Oct-17	CJA Debbonheir	1076855	Reynolds, Jodi
07-Nov-17	Classie Com	1110520	Linn, Christine
15-Jan-18	Claudio	1112319	Jones, Christie



### NUGGETS

"You must do the things you think you  
cannot do"

- Eleanor Roosevelt

Does your trainer or clinician or fellow rider have some quotes or pearls of wisdom that he or she states that crystallize a concept for your riding? If so, please e-mail them to [centerline@azdressage.org](mailto:centerline@azdressage.org), and they will be considered for publication.

03-Nov-17	Cream Soda	45326	Beebe, Jane
02-Oct-17	Daralinde	1100645	Hitchcock, Cindy
31-Oct-17	Decked With Chrome	1082748	Schwartz, Maureen
11-Feb-18	D'Eleganz	1116642	Putty, Dee
19-Jan-18	Diego	1118041	McKinney, Lynn
19-Jan-18	Don Viamo	1110895	Mooney, Michele
12-Oct-17	Dona Isabella	1083616	Vinger, Kelly
17-Nov-17	Dona Rosa	1083634	Yacobucci, Kim
01-Nov-3117	Ehrendgold	1098052	Kalchik, Allen
13-Oct-17	El Tigre D Oro	1103886	Duzan, Barbara
09-Mar-18	Emerald Ice	1088082	Gaynes, Annette
15-Mar-18	Fable's Feiner Ebony	1130373	Potter, Linda
06-Oct-17	Fandango GSF	1105992	Doty, Kristy
02-Oct-17	Finau-Riche D'Apardi	1117656	Hitchcock, Cindy
18-Nov-17	Finesse	1111176	Majeski, Casi
02-Oct-17	Flash K	1079539	Rehberg-Sparks, Ulrike
04-Oct-17	Florisson	1123137	Damiano, Ann
19-Jan-18	Flower Power	1123982	Farthing, Pamela
02-Mar-18	Flynn Noir	1073123	Rogers, Kristie
11-Oct-17	Fuertado	1095271	Miller, McKenzie   Kenzies
04-Nov-17	Galaxy Quest	1118848	Tillman, Laura
08-Mar-18	Godven	1007578	Chandler, Stephanie
02-Mar-18	Hanseat	1108733	Goldman,Tiffany
11-Nov-17	Hollywood	1119666	Lent, Stacey
04-Nov-17	HS Balou	1092532	Owens, Tomi
01-Mar-18	Hs Varado	1086690	Williams, Virginia
04-Mar-18	Huntin Justice MAQ	1130004	Schaffner-Fegard, Corina
17-Nov-17	Ichiban	1028125	Yacobucci, Kim
19-Nov-17	Imperio Do Castanheiro	1127378	Radda, Tania
03-Jan-18	Joyride B	1128674	Buchanan, Anne
31-Oct-17	Just A Little Cookie	1110761	Nicolson, Brianna
10-Oct-17	Kinetic Romance	1106631	Norman, Joanna
01-Nov-17	Leaguers Gold Rush	1118910	Jacobsen, Lavonne
25-Nov-17	Leonardo	1127884	Olasen, Melinda
23-Sep-17	Mad Mardigan	1090522	Hanes, Lorinda
23-Sep-17	Maid of Honor IPH	1128224	Hanes, Lorinda
04-Nov-17	Marbella	1064567	LaCroix, Cindi
17-Nov-17	Miss Maisy Mae	1109795	DeConcini, Jamie
25-Oct-17	Narok	1065886	Eikel-Baughman, Nathalie
18-Jan-18	One Diva	1111374	Shamsheyeva, Alena
25-Sep-17	Orive Yet	1088004	Hope-Reese, Theresa
03-Nov-17	Paddy O'Shea	1106000	Murphy, Christine
19-Jan-18	Paladin SF	1089157	Sklar, Laine
06-Oct-17	Peter Pan	1099209	Doty, Kristy
16-Jan-18	Plaudit	1123926	LOSKILL, JILL
06-Mar-18	Pumpkin(Winstar)	36480	McLaughlin, Wendy
05-Mar-18	Quadillo	1130264	Noonan, Jessica
04-Nov-17	Queen Lateephah	1108543	Lindy, Rebecca
04-Nov-17	Quintana Roo CR	1099117	Lindy, Rebecca
19-Jan-18	Raoul	42633	Lindsten, Sarah
06-Nov-17	Razmitaz	1095463	Sherwood, Catalina
18-Jan-18	Rianna	1100080	Brookhart, Kendall
03-Nov-17	Risky Business	1019085	Jackson, Cyndi
17-Nov-17	Rock Me Amadeus	1106914	Rodda, Joann
03-Nov-17	Romantic Man	1114304	Miller, McKenzie
16-Jan-18	Rosenstyle	1084398	Jones, Cathy Lee
21-Oct-17	Rosette B	1117432	Buchanan, Anne
12-Jan-18	Roxie's Jazz Soul	1118403	Scarzone, Michelle
03-Mar-18	Saltspring Shires Teddy	1115209	Goldman,Tiffany

Continued on page 14

19-Jan-18	Santucci	1117436	Farthing, Pamela
02-Mar-18	Shakespeare Jet Invader	1115206	Goldman, Tiffany
19-Feb-18	Sir Esplendido	1129739	Farthing, Pamela
04-Jan-18	Sir Renity GHA	1127196	Lindley, Deborah
17-Nov-17	Slipstream	1107169	Tripp, Sherrill
27-Sep-17	Solana	1095395	Kurbat, Margaret
08-Mar-18	Solaris(Pavan)	1115375	Teodori, Janet
17-Nov-31	Solterro	1128600	Patterson-Blalock, Shari
17-Nov-17	Sonewall Good Deal Lady	1027211	Bill, Laura
05-Feb-18	Summer Solstice	1122785	Lloyd, Tristan
24-Oct-17	Sylvano	1057379	Ziurys, Lucy
05-Oct-17	Talara	1091266	Finnegan, Kara
23-Sep-17	Titan	1071498	Crinnian, Susan
17-Oct-17	Un Felino	1118366	Finke, Marie
18-Feb-18	Up Tempo	1086262	Degirolamo, Carol
19-Jan-18	Vezzerre	1069896	Bowles, Lara
29-Oct-17	Wallstreet Whisper	1067813	Poe, Yvonne
04-Nov-17	Welcome	1121107	Werstler, Danielle
06-Oct-17	Wendo	1076617	Lorenzen, Kay
12-Feb-18	WT Daisha	1129625	Reiter, Colleen
06-Oct-17	Xango de Quintana	1085760	Sundquist, Kirsten
04-Nov-17	Zanzybar	1095562	Lundgren, Jeanette

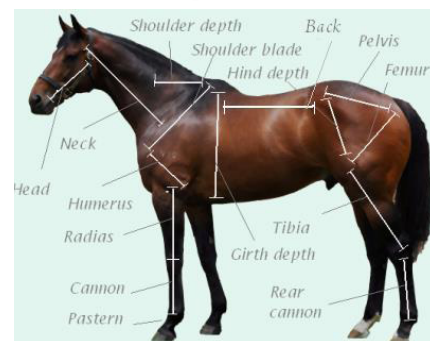


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# TDC Demonstrating Dressage Instructing Competency

BY MICHELL COMBS

USDF developed a certification program to provide a training standard for dressage. Dorie Vlaten Schmitz organized and hosted the second of three workshops February 24-25. USDF Certified Instructor Faculty Sarah Geikie was the workshop instructor for the weekend, and USEF S Dressage Judge Dolly Hannon was assisting. The teaching workshop was an educational experience for participants and auditors. The eight participants learned, even while teaching their assigned lessons, to improve teaching strategies and how to identify and address the root of the training road blocks. The participants also had to demonstrate their abilities to develop and execute a lesson plan.

Top 5 takeaways from the weekend:

## **1) Read the books from the USDF recommended reading list.**

The reading list includes: USDF Teaching Manual; "Teaching Safe Horsemanship," by Jan Dawson, "Teaching Exercises," by Major Anders Lindgren; "Training with Kyra Kyrklund," by Kyra Kyrklund, "The Rider's Seat and Balance Dressage Formula Volume 2" video by Erik Herbermann (and more).

Sarah Geikie made additional references to the book "Inside Your Ride," by Tonya Johnston. She spoke highly of Denny Emerson and also about Karl Mikolka's articles as a great reference for the timing of the aids.

## **2) An instructor must evaluate the horse and the rider. Most instructors only do one or the other.**

An instructor must check the rider's core strength and stability, as well as the rider's alignment. The instructor must place themselves outside the arena at times to see how crooked the rider may be. It was regularly demonstrated at the workshop that correct observations did not occur when the instructor was in the center of the arena or the circle. Check if the rider's legs are on or off. Is the rider rocking in the canter? If so, is it from locked hips or unstable shoulders? Are the rider's aids blocking or being used at the right time? Are the aids light, or is the rider "begging"? Are the reins too long? Does the rider look where he or she is going? Developing feel only comes from a rider's supple, independent seat and when the rider has a positive influence on the horse with correct timing of the aids.

In addition, the instructor needs to be able to help the rider improve the horse's gaits, and achieve relaxation/suppleness and connection. All elements of the pyramid of training are appropriate to the degree the horse and rider are able.

## **3) Teaching Methodology**

Each lesson needs to address the what, why and how. The questions are molded into an assessment cycle that includes observe, analyze, plan and implement with a cycle repeating as necessary.

What? Is the observation assessment. The instructor must observe the horse and rider and access what they see. The instructor should ask questions to determine the rider's level of knowledge and perspective.

Why? Is the analysis assessment. Compare this with the "What" phase to see if what was observed is ideal. Categorize the areas of strength and weakness.

How? Is the plan assessment. Determine what exercises will address the areas of weakness and what directions you need to give to build on areas of strength. Know what techniques will need to be used. Only focus on a



*Continued on page 16*

few issues. Don't try to fix everything at once. The plan needs to instill confidence in the rider and horse. As the instructor implements the What, Why and How, it's also important to communicate to the rider and execute the plan. Then the instructor should ask questions to make sure the plan is working.

#### **4) The Instructor's Vocabulary & Tone**

Be specific with what is verbalized. Avoid saying "when you are ready." It is better to say "prepare for a transition at V (or between E&V)." Use the arena letters for verbal direction. An instructor needs to use their voice to help the rider understand how the horse must go. Slow the voice down for a tense horse. Quicken the voice for more activity. Never be monotonous. Don't say "try." Do things, don't try to do things. It is very important to make sure the rider understands what is being asked. Walk breaks are a great time for a check-in. Instructors should not speak so much that the rider doesn't have time to think.

#### **5) Spend more time combining and linking patterns**

Sarah and Dolly encouraged every participant to combine and link patterns to help improve the horse and challenge the rider. A few combinations presented were, for example, asked on the same long side, canter, transition to a trot, go in shoulder-fore and then nose-to-wall leg yield. In addition, one was turn on the forehand, trot, lengthen trot on a 20 meter circle and then change direction. Another one suggested was turn on the forehand, walk, halt, and leg yield at the walk. Use the arena, and use the dressage patterns.

This workshop was about demonstrating basic competency to instruct a rider to improve a horse through articulating the lesson plan and recapping the results using correct dressage vocabulary. Sarah communicated to the participants while they were instructing what she felt the core issues were that needed to be addressed, and she offered exercises to support her assessment.

The workshop absolutely would not have been possible without the eight horses and riders who allowed the participants to instruct them. Appreciation cannot be expressed strongly enough.

Dorie has scheduled the third workshop in March, and more information can be found on the CARA Facebook page or [www.caradressage.com](http://www.caradressage.com).



# Excerpt from Sarah Geikie - Advice on Riding Corners

*This article is an excerpt of an audio file by Sarah Geikie*

Common faults when riding corners are both falling in through the corner and falling out of the corner, the end result of which is an unbalanced horse and rider neither of which is then prepared for the next movement.

Good corners improve the overall balance of the horse; they prepare the horse for the next movement, and improve the overall suppleness of the horse. A corner ridden correctly gives us the impression of overall balance. We should also see that the horse is bent around the rider's leg in a uniform way from the front to the back. The horse should neither get longer or shorter in its stride as it moves through the corner and the corner should have a clear beginning and a clear end.

This geometry is important as it is a prerequisite for good riding. When searching for the correct "depth" to ride a corner, a general rule of thumb is that you only go as deep as the level the horse is training. So a training level horse should go through as if on a 20m circle, while a grand prix horse goes through as if on a 6m volte.

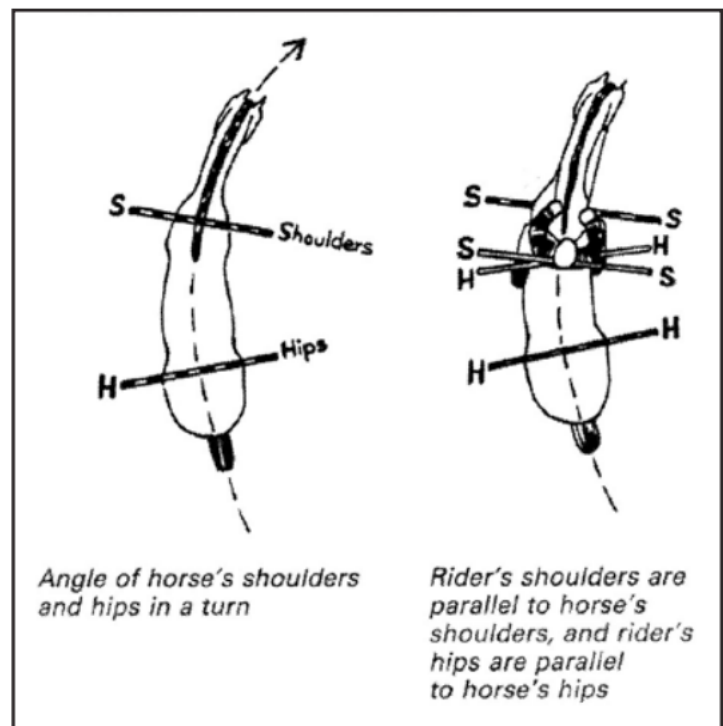
To ride a correct corner it is first necessary to learn the proper aids used to bend the horse. These aids are called the bending seat – both legs, both seat bones, both reins.

1. Inner leg must be at the girth and weighted and slightly forward – active leg aid.
2. Outside leg is slightly back and passively controls the hind end to prevent the haunch from swinging out – passive leg aid.
3. The inside rein encourages flexion through poll and jaw.
4. The outside rein prevents over bending and controls the neck and shoulder.
5. The rider's shoulders follow the horse's shoulders.

An exercise to help improve the use of corners:

Trot up to the corner and then right before reaching the corner, go down to a walk. Walk through the corner focusing on using the correct bending aids and then pick up a crisp trot immediately after the corner. Repeat at each corner. Once the horse begins to anticipate this pattern and is correctly following your aids at the walk, you are going to change the exercise and instead of walking, just use a half-halt going into the corner. You are training the horse to listen to your half-halt and respond to the bending aids in the corner.

To listen to Sarah's entire commentary on riding corners and hear more of her top exercises for improving the quality of your corners, go to <https://www.usdf.org/e-trak/product-single.asp?ID=1887>



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August 11-12, 2018

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<https://azdressage.org/flagstaff-shows/>

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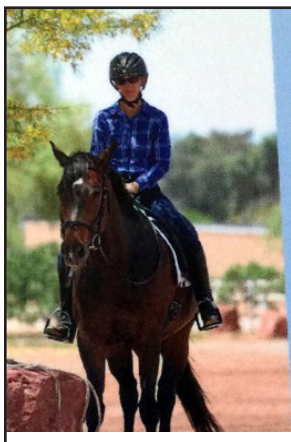
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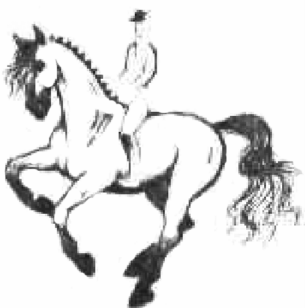
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# CALENDAR OF EVENTS

## FEBRUARY 2018

11: ADA Fun In February; location: Dale Creek Equestrian Village, Litchfield Park, AZ; judges: Ellie Stine-Masek & TBD. TD: Doris North. Manager: Kathy Smith - [ksmith@azdressage.org](mailto:ksmith@azdressage.org); Secretary: Cynthia Ganem - [cganem@azdressage.org](mailto:cganem@azdressage.org).

12: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

24-25: USDF Instructory/Trainer Program. Location: Central Arizona Riding Academy, San Tan Valley, AZ. Workshop #2: Teaching. For more info & applications, contact 480-580-0634 or [dvschmitz@msn.com](mailto:dvschmitz@msn.com). Also see <https://www.usdf.org/education/instructor-trainer/t4.asp>.

## MARCH 2018

12: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

4: ADA March Schooling Show. Location: Bar A Ranch, Scottsdale, AZ. Judge: Michell Combs. \$20/class; \$15/day for Schooling Only; \$10/day Non-Member Fee. See [Entry Form online](#)>

4: Dressage Schooling Days. Location: Carefree Farms, Phoenix, AZ. Judge: TBD. \$35/class. For more information see [www.carefreefarms.net](http://www.carefreefarms.net)>

17-18: TDC March Madness I & II, Location Pima County Fairgrounds, Tucson, Judges: TBD; Manager Jay Chabucos - [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary Debbie Garris - [dgarris@horseshowolutions.com](mailto:dgarris@horseshowolutions.com)

24-25 : USDF Instructory/Trainer Program. Location: Central Arizona Riding Academy, San Tan Valley, AZ. Workshop #3: Lunging. For more info & applications, contact 480-580-0634 or [dvschmitz@msn.com](mailto:dvschmitz@msn.com). Also see <https://www.usdf.org/education/instructor-trainer/t4.asp>

## APRIL 2018

7-8: ADA Spring Celebration, Location WestWorld of Scottsdale, AZ. Judges: TBD; Manager: Jay Chabucos, [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

9: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

14: ADA April Schooling Show. Location: Dale Creek Equestrian Village, Litchfield Park, AZ. Judge: Cynthia Ganem. \$20/class; \$15/day for Schooling Only; \$10/day Non-Member Fee. See [Entry Form online](#)>

## MAY 2018

14: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

## JUNE 2018

2-3: Road Runner I; location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, [Appeals1@aol.com](mailto:Appeals1@aol.com)

11: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

## JULY 2018

9: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

14-15: Road Runner II; location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, [Appeals1@aol.com](mailto:Appeals1@aol.com)

## AUGUST 2018

11-12: ADA Mountain Air & Dressage in the Pines; location: Fort Tuthill County Park, Flagstaff, Judges: TBD; Jay Chabucos - [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

13: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

## SEPTEMBER 2018

10: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

## OCTOBER 2018

5-7: Great American Insurance Group/United States Dressage Federation Region 5 Dressage Championships licensed by United States Equestrian Federation Inc. & ADA October Fest, Location WestWorld of Scottsdale, AZ. Judges: Hilda Gurney "S", Heidi Berry "S"; Manager: Jay Chabucos, [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

8: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

## NOVEMBER 2018

3-4: ADA Fall Fiesta & State Championships, Location WestWorld of Scottsdale, AZ. Judges: Carter Bass 'S', Margaret Freeman 'S', Jan Curtis 'S', Bill McMullin 'S'; Manager: Jay Chabucos [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org).

12: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

17-18: TDC Fall Festival I & II, Location Pima County Fairgrounds, Tucson, Judges: Brent Hicks 'S', Creeky Routson 'S'

## DECEMBER 2018

10: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.



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