



# The Centerline

Vol. 18, Issue 2

[www.azdressage.org](http://www.azdressage.org)

FEBRUARY 2018

## Specifics – The Authority of the Seat

by

**Susan Downs Parrish, Ph.D.**

On October 29, 2017, Charles de Kunffy, S judge, author, and USDF Hall of Famer, arrived at St. Georg Dressage Barn in Sonoita, Arizona, full of energy and armed with specifics. What kind of specifics? How about how many times you should reward a horse during a thirty-minute ride: One hundred thirty-eight! And different trots, there are two hundred sixty-eight! Different canters, there are one hundred seventy-one. Dressage masters appear to be numbers people. Walter Zettle likes to tell about the time he asked Colonel Podhajsky how many half-halts he gives during a riding session. The answer-- at least five hundred. I have no doubt that if Colonel Podhajsky were still with us, his response to the numbers Charles offers would be something like, "Of course."

In Charles's mind, the goal of dressage is succinct: amplify the gaits and make the horse ambidextrous. Think for a moment about all that is covered in these two goals. To accomplish these feats, all the elements of the Training Scale are involved. In schooling a horse, remember that a rider can't ride a horse; what we are riding are his energies, and these energies come from the hocks. Suspension comes from strength.

Progress requires that we have the ideal in mind. We never reach the ideal, but we should know what we're pursuing, for example, straightness. If we ride a first level test on a crooked horse, the judge should say something. A medium canter from M to F should be thirteen strides. An extended canter travelling the same distance should be ten strides. One has only to try to match these numbers to discover the difficulty of this feat. Feel free to dismiss the ideal, but remember that the judge has the ideal in mind as she hands out scores. A good judge can watch a horse enter and halt, then close her eyes and score the rest of the test. Consider what is required during this brief period. The horse has to be straight: he can't weave his way down the



*Vicki Hulm on Oliver*

*Continued on page 4*

## BOARD

President: ----- Tania Radda,  
480.235.7654 ----- [t.radda@azdressage.org](mailto:t.radda@azdressage.org)  
1st VP: ----- Kathy Smith  
----- [ksmith@azdressage.org](mailto:ksmith@azdressage.org)  
2nd VP: ----- Lara Bowles  
----- [l.bowles@azdressage.org](mailto:l.bowles@azdressage.org)  
Secretary: ----- Vacant  
-----  
Treasurer: ----- Cynthia Ganem  
----- [cganem@azdressage.org](mailto:cganem@azdressage.org)  
Trustee of Records: ----- Cynthia Ganem  
Heather Bilodeau ----- [h.bilodeau@azdressage.org](mailto:h.bilodeau@azdressage.org)  
Michell Combs ----- [m.combs@azdressage.org](mailto:m.combs@azdressage.org)  
Betty Drake ----- [b.drake@azdressage.org](mailto:b.drake@azdressage.org)  
Sarah Lindsten ----- [s.lindsten@azdressage.org](mailto:s.lindsten@azdressage.org)  
Kim Pribble ----- [k.pribble@azdressage.org](mailto:k.pribble@azdressage.org)  
Toni Crowther ----- [t.crowther@azdressage.org](mailto:t.crowther@azdressage.org)  
Alternate Directors: ----- Gwen Geraci,  
Melanie Ingram

## COMMITTEES

Awards: ----- Kim Pribble  
Centerline Editor: ----- Beth Martinec  
----- [centerline@azdressage.org](mailto:centerline@azdressage.org)  
Webmaster: ----- Sue Leutwyler  
----- [webmaster@azdressage.org](mailto:webmaster@azdressage.org)  
Education: ----- Sarah Lindsten  
Finance: ----- Cynthia Ganem  
Fundraising: ----- Tania Radda  
Futurity: ----- Toni Crowther  
Juniors/Young Riders: ----- Bobbie Lynn McKee  
----- [b.mckee@azdressage.org](mailto:b.mckee@azdressage.org)  
Membership: ----- Michell Combs  
Nominating: ----- Heather Bilodeau  
Scholarship: ----- Ann Damiano  
----- [a.damiano@azdressage.org](mailto:a.damiano@azdressage.org)  
Recognized Shows: ----- Kathy Smith  
Rules: ----- Betty Drake  
Scores Compilation: -----

## NAC

President: ----- Jerri Wilhite-Harms  
Vice President: ----- Kirsten Kuzmanic  
Vice Treasurer: ----- Jerri Wilhite-Harms  
Vice Treasurer: ----- Kirsten Kuzmanic  
Secretary: ----- Jacki McKinney-Rodriguez  
Directors: Maren Cochran, Carol Lands, Ann Callahan,  
Kati Anderson, Cameron English

### ADA BOARD ATTORNEY:

Wendy Riddell ----- [w.riddell@azdressage.org](mailto:w.riddell@azdressage.org)

## Earn Volunteer/Service Hours!!

### Contribute to The Centerline Today!

## Barn Tips

Submit your innovative, imaginative and useful barn tips to Meredith Watters at [watters4@cox.net](mailto:watters4@cox.net)

### Letters to the Editor:

If you have comments, suggestions, or wish to express opinions relating to the sport of dressage, submit your letter for consideration to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Clinic Reviews:

Review a clinic you attended describing the training and what you learned from the clinician. Send submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Barn News :

This column is for the trainer/barn to brag about the accomplishments of its clients, introduce new clients and horses, update readers about any barn improvements, or talk about any other news of interest to the membership. It's a free plug for the barn, trainer and clients. Send submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

## NUGGETS

Do you have a training concept that you would like to share? Something your trainer has said to make your understanding more clear? Please share with other riders by sending submissions to [centerline@azdressage.org](mailto:centerline@azdressage.org)

### Member Submitted Articles:

Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. We'd love to hear from you! Send to [centerline@azdressage.org](mailto:centerline@azdressage.org). If the photo is a riding photo, a helmet for photo is required.

### \*\*Product Endorsements/Advertising\*\*

In most cases, products and services are considered paid advertising. Occasionally a specific product will be named as to how it benefits the horse or rider, but this is discouraged. Press Releases are welcome. Likewise, articles that are negative in nature concerning a particular product will not be considered for publication.

## ~ ADVERTISING ~

The Centerline is not responsible for, nor does it endorse any claims made by advertisers. ALL ADVERTISEMENTS MUST BE PAID AT THE TIME OF SUBMISSION.

Display Ads – JPG, TIFF, PDF - 300 dpi

Full Page (7.5"x10") .....	\$90
½ Page .....	\$50
1/3 Page .....	\$35
¼ Page .....	\$20
Business Card .....	\$15

### Classifieds:

Have something for sale? For rent? Want something? Put your ad in the classifieds to see if someone has what you want, or wants what you have.

Send to [centerline@azdressage.org](mailto:centerline@azdressage.org).

\$5 for up to 50 words; \$5 per photo; \$5 non-member fee

**Web Site:** The ADA Website is [www.azdressage.org](http://www.azdressage.org). You may advertise on the site for \$50 per year or \$30 for six months. Non-members please add \$5.

Newsletter Deadline: 20th of the previous month

**Mail to:** ADA Editor, 8804 W Glenn Dr., Glendale, AZ 85305

**Email to:** [centerline@azdressage.org](mailto:centerline@azdressage.org)

Please be sure that your check accompanies your ad.

The Centerline is the official monthly newsletter of the Arizona Dressage Association (ADA), a 501(c)(3) not-for-profit organization. Material in the newsletter may not be reproduced, with the exception of forms, without the written consent and credit of the editor and/or author. The Centerline assumes no responsibility for the return of unsolicited material unless accompanied by a stamped, self-addressed envelope. The Centerline welcomes your articles, letters, barn news, cartoons, artwork, poetry and especially, your photographs. Submissions, news, views and opinions expressed herein do not necessarily reflect the position or views of the ADA. Acceptance does not constitute an endorsement. Accuracy of materials submitted is the sole responsibility of the author. *The Editor reserves the right to accept, reject and edit submitted material.* The deadline for articles and advertising is the 20th of the month. Email to: [centerline@azdressage.org](mailto:centerline@azdressage.org)



## PRIZE MONEY ANNOUNCED FOR GREAT AMERICAN/USDF REGIONAL DRESSAGE CHAMPIONSHIPS

Lexington, KY (January 26, 2018) - The United States Dressage Federation™ (USDF) and Great American Insurance Group are pleased to announce that prize money totaling over \$180,000 will be awarded at the 2018 Great American Insurance Group/USDF Regional Championships. This prize money will be divided evenly among the nine regions and 35 divisions that are offered, allowing each region to present competitors with over \$20,000 in prize money and awards. Champions in each region and division will receive \$350 in prize money, an engraved silver tray, and an embroidered jacket and gift certificate provided by SmartPak, official supplement feeding system of USDF. Reserve champions in each region and division will receive \$233 in prize money, along with a saddle pad provided by the Great American Insurance Group, title sponsor of the championships.

"It is with great pleasure that we continue to provide recognition to these outstanding competitors through our sponsorship of the regional championship program," stated Kathy Sedlak, Great American Insurance Group Assistant Vice President of the Equine Division.

"We're so pleased that through the generous support of our sponsors, we are able to see this program continue to grow and be so well received by USDF members," adds Stephan Hienzsich, USDF Executive Director.

The Great American/USDF Regional Championships are presented by SmartPak, and supported by Platinum Performance and Boehringer Ingelheim. For more information about the Great American Insurance Group/USDF Regional Dressage Championships, please visit the USDF website at [www.usdf.org](http://www.usdf.org), or contact the USDF office at [regchamps@usdf.org](mailto:regchamps@usdf.org).

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit [www.usdf.org](http://www.usdf.org), email [usdressage@usdf.org](mailto:usdressage@usdf.org), or call (859) 971-2277.



centerline. The halt itself has to be straight and engaged. The halt is defined by immobility; if a horse tosses his head, etc., he's not engaged. No judge would assign scores with eyes closed, but the point is well taken. Practice going down the centerline because this movement creates a first impression. Ask any psychologist and she will explain that first impressions are powerful and lasting.

The training of a dressage horse requires a vocabulary. The first element is: longer frame, shorter frame. When the rider can lengthen and shorten the horse's frame at will, the next step is lengthening and shortening the stride. Suppleness and elasticity develop from changeability, namely, the lengthening and the shortening of the frame and stride. What about all the words devoted to the concept of being on the bit? Wait for it! Here it



Colleen Clement on Vinnie

comes! "There is no such thing as on the bit!" In my first sentence, I told you that Charles came with specifics. The term "on the bit" is misleading and at best represents a process. The process is better described as "hock to bridle."

Hock to bridle is about the horse surrendering to the rider's seat. When the hocks move closer to the bridle, the arch of the topline deepens. The deepening of the arch or bow represents greater engagement of the hindquarters, the engine. The horse moves with less effort, thus rendering the rider more humane. The bit hangs in the mouth and, if ridden correctly, the horse is inclined to seek contact with it. As the horse seeks the bit, the rider is to tell the animal, "Seek the bit but don't arrive on it." If the process of hock to bridle is done correctly, the rider feels the hocks in his seat.

The next question is how does one ride hock to bridle? The answer is based on the authority of the seat.

Charles demonstrates the action of the ideal seat by sitting in a chair as if he were sitting on a saddle. Then by pushing the seat bones forward to an imaginary pommel, he lifts the back legs of the chair off the ground. In the process, he leans slightly behind the vertical. The horse has to feel the rider's buttocks in his mouth. If the hands, seat, and buttocks are correct, the rider will feel as if the horse reads his mind. What the horse is "reading" is the isometrics of the rider's body. This process is what the masters refer to when they talk about the authority of the seat, and they all do.

To assert the authority of the seat means no finger riding. The fist may vibrate, but the elbow is silent. The seat should be deep enough that the horse doesn't experience the rider as a foreign object. "Your seat should be so deep as to be a kidney." Who but Charles would characterize a good seat as the equivalent of a kidney? A memorable description of being a part of the horse if there ever was one. Long stirrups, short reins, and leaning forward "are menacing to the horse." Today, we see many great horses. The challenge is for riders to live up to the talent of their mounts. We have to work at it by paying close attention to position.

In posting trot, push the buttocks toward the pommel so the buttocks will swing ahead of the shoulder blades. The position is vertical. Don't hollow the back; instead, round the lumbar back. A rider doesn't become vertical by sitting vertically. The vertical seat is achieved by leaning behind the vertical to develop strong stomach muscles that will enable the rider to follow the movement of the horse as the lumbar back swings. The rider's knee should be positioned back so the leg can aid without raising the heel. To improve the seat, ride one day with stirrups, the next day without. "All learning is by memory. Remember to remember." One has to rehearse what is to be learned.

The reins verify that the horse has complied with a request. To be effective, the aids must be given in rhythm with the horse's footfall. The rider must feel the movement of the hind legs in the seat, and deliver the leg aid as the hind leg on the same side comes off the ground. Primed as to correct position and lofty goals, the phrase "'tis a bitter cup to be all dressed up when you've no place at all to go," applies. Patterns, please! Charles is never at a loss for patterns to work on. Here are a few to further the mission of amplification and ambidexterity. Every transition is a moment of collection.



- Haunches-out (renvers) increases energy.
- Haunches-in (travers) increases collection.
- Half-pass is defined by the straddle, that is, the outside hind leg follows a path that lands across and in front of the inside hind leg. Just crossing is inadequate because, without the straddle, there is no engagement. If done correctly, the half-pass strengthens the haunches.

Slow down so the horse can use his body the way it's meant to be used. Slow builds and fast destroys. Slow doesn't mean an energy-less shuffle. There are many ways to go from one two-track movement to another. Here are a few.

- In trot, half-pass to the quarter line, then leg yield back to the wall. Perform this zigzag movement from corner to corner on the long side to engage the haunches. The inside hind leg should cross the outside hind leg.
- In half-pass, the "herding" and impulsion come from the rider's outside leg. By placing the knee back and the heel down, the rider will sit on the inside seat bone.
- In canter, the pli  replaces the leg yield. The hind legs don't cross in pli . Pli  improves engagement and impulsion.
- In canter, do four steps of half-pass, then pli  back to the rail, or go from the corner to X, then pli  back to the rail.
- On a twenty-meter circle in canter, turn down the centerline, then walk and develop canter on the other lead.

All transitions should be from the seat, not the hand. If the left hind leg is weak, get off the left rein.

"I have never seen a tilted head come from heaven. It comes from the rider." When riding a shoulder-in on a circle, push the outside rein forward. Imagine that the rein is solid like a stick rather than pliable. If the horse doesn't want to bend right, circle right and ask for travers, or circle left and ask for renvers. A counter change of hand combines movements. Trot on the left rein from F to B in shoulder-out. At B, leg yield left to the centerline, then half circle right.

The remedy for a horse that carries his head in the air with a hollow back is to ride a twenty-meter circle while holding the elbows to the side. Lean behind the vertical and push the outside shoulder forward, then the inside shoulder forward. Perform the rocking motion until the horse lowers his head. The seat should feel as if it's being screwed into the saddle. Keep the elbows close to the ribcage.

Dressage is mentally and physically demanding. Riding is never mindless-- in part because the horse puts his trust in the person sitting in the saddle. All the movements mentioned come naturally to the horse, but not to the rider. The rider has to work at being correct. The reward for this hard work will be a horse that becomes strong, supple, and on the aids, so that when the rider closes her legs, he will offer a few steps of piaffe. At this moment, you will remember that piaffe is ninety percent legs and ten percent seat. You will remember because, at all times, you are the pilot.

Final word: Charles has agreed to return to Sonoita in late October of 2018 for three instead of the usual two days if interest warrants.

For further details, please contact Colleen Clement at [colleen@dressgeinthedesert.com](mailto:colleen@dressgeinthedesert.com)



*Mona Klein on Durango*

# ARIZONA DRESSAGE ASSOCIATION

## Regular Meeting January 2017 Draft Minutes



The meeting was called to order at 6:40 p.m.

### Officer's Reports:

1. Directors/Alternate Directors Present: Kathy Smith, Heather Bilodeau, Michell Combs, Tania Radda, Cynthia Ganem, Toni Crowther, Melanie Ingram, Betty Drake,
2. Directors/Alternate Directors Absent: Kim Pribble, Lara Bowles, Sarah Lindsten.
3. Guests: Nicole Zoet-Oostermeyer and Meike Zoet, Lori Hanes, and Susan Skripac.
4. Meeting Minutes: MOTION: Cynthia Ganem moved to accept the Secretary's Report as printed in the Centerline and posted on the web. VOTE: Unanimous. RESULT: Motion Carried.
5. Treasurers' and Finance Report – November 2017, Operating Account \$ 31,041.44– Debit Account \$ 3,596.01– Reserve Account \$12,050.55 to reach our goal to cover catastrophic losses. – Pantano CD \$11,440.98 – Cash \$420.00 MOTION: Kathy Smith moved to approve the Treasurer's and Finance Report as presented. VOTE: Unanimous. RESULT: Motion Carried.
6. Recognized Shows (1st VP) – Discussion on the show Fun in February. Organizing volunteers, hiring a professional for drag and prep of the arenas that will be used at the show. Also discussions on the change of dates by WestWorld for the Spring Show that were beyond ADA's control. Communication about this change was sent to the ADA's members.
7. Schooling Shows (2nd VP) – No report.

### Standing Committee Reports:

8. Membership Committee – 152 2018 ADA/GMO Members, 10 new members in 2018-9 adults and 1 J/YR, 177 Members Renewed in 2018, 167 Adults, 10 J/YR- 5 returning Members, 4 adults 1 J/YR. 144 2017 ADA/GMO Members have not yet renewed for 2018. 130 adults and 14 J/YR
9. Communications Committee – Change of dates for Spring Show was communicated via eBlast, Facebook updates, as well as on the ADA's website.
10. Education Committee – No report
11. Equipment – Kathy Smith made a motion to approve the purchase of 5 new laptop computers to be used by the Show Office. The new computers will be designated for score tabulation and results viewing at the ADA Shows. Heather second the motion. VOTE: Unanimous. RESULT: Motion Approved.
12. Volunteer Committee – Candidates for the Year End Awards who have not met their volunteer requirements were contacted through email to remind them that they have 30 days to comply and meet their volunteer requirements for the YEA. Most candidates have stepped forward and corrected their status and are now included in the YEA. A list of the final award recipients will be published in the Centerline and ADA Website.
13. Fundraising Committee – A Fundraising Presentation by Virginia Williams is scheduled for Board Members on January 27th 2018.
14. Vendor Committee – No report.
15. Awards Committee – No report
16. Sport Horse Committee – No report
17. Webmaster Stats – No report
18. Futurity – There are now two horses signed up for the Futurity class offered during the Spring Show at Westworld.
19. JR/YR – No report.

### New Business:

20. Cynthia Ganem made a motion to approve the Nationals Travel Grants for Kendall Brookhart and Michelle Mooney. Betty Drake second the motion. VOTE: Unanimous. RESULT: Motion Carried.

21. Betty Drake made a motion that we raise ADA's show entry fees to \$65.00 as pheasable. Melanie Ingram second the motion. VOTE: Unanimous. RESULT: Motion Carried.
22. Michelle Combs made a motion to change the State Qualifying for FEI Level riders to allow riders to qualify up to three times which mirrors the current USDF Requirements for Regionals Qualifying. Betty Drake second the motion. VOTE: Unanimous. RESULT: Motion Carried.
23. Betty Drake made a motion to allow Nicole Zoet- Oostermeyer, Meike Zoet, Lori Hanes and Susan Skripac to come on board as Alternate Directors to the ADA Board. Melanie Ingram Second the motion. VOTE: Unanimous. RESULT: Motion Carried.
24. Betty Drake made a motion to bring Nicole Zoet-Oostermeyer as the new Secretary for the ADA Board of Directors. Cynthia second the motion. VOTE: Unanimous. RESULT: Motion Carried.

#### CALL TO MEMBERS –

Members may be recognized by the Presiding Officer and may then address the Board regarding issues of concern to the Association. The Presiding Officer has the right to limit the amount of time that each Member has to address the Board. Announcement of Next Meeting – The ADA's Annual Meeting on February 12, 2018, is scheduled at the home of Heather Bilodeau at 6:30 p.m. All ADA Members are invited to the meeting. Dori V. Schmitz will give a presentation on Intro to Conformation at the meeting. Contact Tania Radda by phone or email for details. Email: [taniaradda.ada@gmail.com](mailto:taniaradda.ada@gmail.com) Phone: 480-235-7654

Adjournment: Meeting adjourned at 8:07 p.m. MOTION: Nicole Zoet moved to adjourn the meeting. VOTE: Unanimous. RESULT: Motion Carried.

### ARIZONA RECOGNIZED DRESSAGE SHOWS 2018 CALENDAR YEAR / 2018 YEAR END AWARDS

SHOW	LEVEL	SHOW DATE	OPENING DATE / CLOSING DATE	JUDGES
<b>TDC Winter Heat I &amp; II Tucson – Pima County Fairgrounds</b>	3	January 20-21, 2018	December 3, 2017 / January 6, 2018	Joan Darnell 'S' WA, Peggy Klump 'S' CA
<b>ADA Fun in February Litchfield Park – Dale Creek Equestrian Village</b>	1	February 11, 2018	December 10, 2017 / January 20, 2018	Ellie Stine-Masek "S", TBD
<b>TDC March Madness I &amp; II Tucson – Pima County Fairgrounds</b>	3	March 17-18, 2018	January 28 / March 3	Sue Curry Shaffer 'S' CA, Heidi Gaian 'S' CA
<b>ADA Spring Celebration Scottsdale -- WestWorld</b>	3	April 7-8, 2017	February 13 / March 8	TBD
<b>Roadrunner I &amp; II, Tucson, AZ</b>	2	I: June 2-3, 2018 II: July 14 -15, 2018	I: April 3 / May 23 II: May 15 / July 2	I Judges: Dorie Vlaten-Schmitz "S", "R" TBA II Judges: "S" TBA, "R" TBA
<b>ADA Mountain Air &amp; Dressage in the Pines Flagstaff – Fort Tuthill County Park</b>	2	August 11-12, 2018	June 14 / July 13	TBD
<b>Great American Insurance Group/United States Dressage Federation Region 5 Dressage Championships licensed by United States Equestrian Federation Inc. &amp; ADA October Fest Scottsdale -- WestWorld</b>	3	October 5-7, 2018	August 6 / September 5	Hilda Gurney "S", Heidi Berry "S"
<b>ADA Fall Fiesta &amp; AZ State Championships Scottsdale -- WestWorld</b>	3	November 4-5, 2018	September 9 / October 6	Carter Bass "S", Margaret Freeman "S", Jan Curtis "S"
<b>TDC Fall Festival I &amp; II Tucson – Pima County Fairgrounds</b>	3	November 17-18, 2018	September 23 / November 3	Brent Hicks 'S' CA & Creeky Routson 'S' CA



## Our Mission:

*The Arizona Dressage Association is a not-for-profit organization whose goal is to promote the advancement of classical dressage through educational opportunities and programs, and the rigorous evaluations received at recognized and schooling dressage shows.*



**Toni Crowther**

Certified Magna Wave Provider

Cell: (480) 678-0370

Web: [forerunnerwellness.com](http://forerunnerwellness.com)

Email: [toni@forerunnerwellness.com](mailto:toni@forerunnerwellness.com)



## Royal Salute

**Jackie Alkin**

**28440 N. 53rd Street  
Cave Creek, Az 85331**

**training  
boarding  
lessons**

**home ph. 480 585-5950  
barn phone 480 585-6318**

## Condolences



**Our condolences go to Debbie Garris, show manager for the TDC shows. Debbie's father passed away this past month.**

### USDF Recommended Reading List

USDF Training Manual (Classical Training of the Horse) – USDF

The Principles of Riding – German National Equestrian Federation

Advanced Techniques of Dressage – German National Equestrian Federation

USDF Pyramid of Training – USDF

The Gymnasium of the Horse – Gustav Steinbrecht

The New Basic Training of the Young Horse – Ingrid & Reiner Klimke

Cavalletti for Dressage and Jumping – Ingrid & Reiner Klimke

When Two Spines Align – Beth Baumert

Balance in Movement: The Seat of the Rider – Suzanne von Dietz

Thinking Riding – Books 1 & 2 – Molly Sivewright

The Complete Training of Horse and Rider – Alois Podhajsky

The Riding Teacher – Alois Podhajsky

An Anatomy of Riding – Drs. H. & V. Schusdziarra (Reprinted as Anatomy of Dressage with USDF as the co-publisher)

Rider & Horse Back to Back – Susanne von Dietze

Practical Dressage Manual – Bengt Ljungquist  
Dressage with Kyra – Kyra Kyrklund

Dressage: A Guidebook for the Road to Success – Alfred Knopfhart

The Competitive Edge II – Dr. Max Gahwyler  
Riding Logic – Wilhelm Müsseler

101 Dressage Exercises for Horse & Rider – Jec Aristotle Ballou

Equine Locomotion – Dr. Willem Back and Dr. Hilary Clayton

# Barn Tip: Winter Plant Care

Heat-tolerant landscape plants are ideal for most of the year in the Phoenix area. But, our very short winters make an exception. Here's a few tips from Enchanted Garden to help protect your plants from frost damage:

## 1. Watering

Automatic irrigation systems should be turned off for cold weather. Wet stems and foliage will definitely freeze under 32F. Cacti and succulents prefer dry soil when it's cold. Trees and tropical shrubs should be watered a couple days before or after a freeze.

## 2. Pruning

Pruning leaves plants susceptible to diseases and pests, much like an open wound leaves you susceptible to infections. Because of this, manicured plants are more vulnerable to frost than those allowed to grow naturally. If your plants show signs of frost damage, pruning should wait until after the danger of frost so that they can make a speedy recovery.

## 3. Potted Plants

Move plant containers to a sheltered area, such as a porch, when frost is in the forecast. Winter annuals like pansies and snapdragons have a better chance of surviving than less cold-tolerant flowers.

## 4. Cloth and Cups

Cacti can wear hats made of Styrofoam cups. This insulates the tips of the plants. Other plants can be covered in frost cloth. Anything other than frost cloth (specifically designed for plants) can do more harm than good, but even frost cloth isn't a cure-all when temperatures really drop.

In general, desert plants are used to having some winter losses and will recover in spring.

Submit your innovative, imaginative and useful barn tips to Meredith Watters at [watters4@cox.net](mailto:watters4@cox.net)



# Meet Our Members

In this column, we profile our ADA members. This month, we'd like to introduce you to Jaime Pollack. If you know an ADA member who you think should be profiled in this column, please e-mail [centerline@azdressage.org](mailto:centerline@azdressage.org).

**ADA:** Jaime Pollack, where were you born and raised?

**JP:** I was born outside of Chicago in Evanston, IL. My family moved here when I was in first grade.

**ADA:** How long have you lived in Arizona and how long have you been an ADA member?

**JP:** I've lived in Arizona for over 30 years and I have been an ADA member for almost 10 years.

**ADA:** Tell us a little about your horse(s).

**JP:** I have a coming ten year old AQHA gelding named I Wont Kiss N Tell. He's known to his friends and family as Louie. I had to suddenly retire my previous horse at the same time as Louie's owners brought him to my trainer to see if she could sell him as a dressage prospect. He's extremely well bred for western pleasure, but he hated it and his owners wanted to find him a job that would make him happy.

I had nothing to ride, so I offered to ride him. He was four at the time and just had a great brain, even at four. I swore that I wasn't going to buy another quarter horse for dressage, but I ended up buying him after riding him for three months and it has been the best decision. I've done most of his training myself with the full time guidance of my trainer, Kristy Doty. We started at training level in the spring of 2013 and we are currently showing third and fourth levels.

He is an incredibly smart horse, which makes him tricky sometimes because he's a bit of a know-it-all. It took me awhile to really understand how to communicate with him, but now I have a stronger bond with him than any other horse I've owned.

Showing a quarter horse in the upper levels is certainly very challenging, but it forces me to ride every test as perfectly as I can and look for all the little ways to increase scores.

In 2016, I earned my bronze medal with Louie, a horse I trained up the levels myself, and it was just an incredible experience.

**ADA:** What is your profession?

**JP:** I work for an animal pharmaceutical distributor in their equine division. I basically get to talk to equine vets all day, which is very educational and also a lot of fun.

**ADA:** Tell us an interesting fact about you (for example, a unique skill or talent you possess; an historical or unusual event you witnessed; or a unique experience you've had).



*Jaime Pollack and her horse Louie*



## Meet Our Members cont.

**JP:** I've run five full marathons, admittedly at a snail's pace. I never played sports as a kid, so completing my first half marathon at 34 was really exciting to me. Since then, I've finished at least 25 half marathons, the Disney World Marathon three times, the New York City Marathon and the Los Angeles Marathon. Every time I cross the finish line of a full marathon, I swear it's the last time. Marathons are brutal!

**ADA:** Name at least one goal you have for the future, horse-related or otherwise.

**JP:** My current goal is to make my FEI debut at Prix St. Georges with Louie in the next year and then earn my silver medal. Who knows, maybe one day, Louie and I will make it to Grand Prix!



*Jaime Pollack and her horse Louie*

## Arizona Dressage Association Upcoming Schooling Shows — Mark Your Calendars

### 2017 Schedule

**Saturday, Nov. 25th - Dale Creek**

Judge - Lois Whittington

**Closing date November 10th**

**Saturday, Dec. 9th - Bar A**

Judge - Jenny Cohn

**Closing date November 24th**

### 2018 Schedule

**Saturday, Jan 27th - Dale Creek**

Judge - Lynn McKinney

**Closing date January 11th**

**Sunday, March 4th - Bar A**

Judge Michell Combs

**Closing date February 23rd**

**Saturday, April 7th - Dale Creek**

Judge - Cynthia Ganem

**Closing date March 23rd**



### Mail Entries to:

Cynthia Ganem  
1213 E Villa Maria Drive  
Phoenix, AZ 85022

### Questions:

Cynthia Ganem  
[c.ganem@azdressage.org](mailto:c.ganem@azdressage.org)  
Or  
Lara Bowles  
[l.bowles@azdressage.org](mailto:l.bowles@azdressage.org)

# 2017 YEAR END STANDINGS

## RIDERS OF THE YEAR

### Training through 4th Levels

Criteria: 4 Scores (1 Highest Test) | 3 Different Shows |  
3 Different Judges | Volunteerism

#### Adult Amateur

##### Training Level

69.117 Cochran, Maren  
68.957 Stapleton, Kelly  
68.636 Garvin, Angela  
66.670 DeBenedetto, Diane  
64.716 Scarzone, Michelle

##### First Level

70.599 Barngrover, Alyssa  
68.418 Lindy, Rebecca  
67.092 Scarzone, Michelle  
65.653 Pinkus, Ganit  
64.448 Murphy, Christine  
63.430 Carson, Deborah

##### Second Level

65.305 Kalchik, Allen  
63.848 Lindy, Rebecca  
63.665 Hanes, Lori  
62.134 Jackson, Amy

##### Third Level

68.494 Lundgren, Jeanette  
66.538 Hitchcock, Cindy  
65.192 LaCroix, Cindi  
64.455 Pollack, Jaime  
60.993 Evans, Rachel

#### Fourth Level

63.243 Finnegan, Kara

#### JR/YR

##### Training Level

71.761 Riddell, Kali  
68.864 Miller, McKenzie  
62.626 Wickham, Ashley

##### First Level

67.941 Miller, McKenzie  
67.383 Riddell, Kali

##### Second Level

66.025 Super, Alexandra

##### Third Level

71.122 Southerly, Amanda  
66.066 Super, Alexandra

#### Open

##### Training Level

76.390 Riddell, Wendy  
75.455 Jackson, Cyndi

##### First Level

66.457 Sundquist, Kirsten

##### Second Level

67.748 Gilliland, Missy  
66.797 Hatch, Toah

##### Third Level

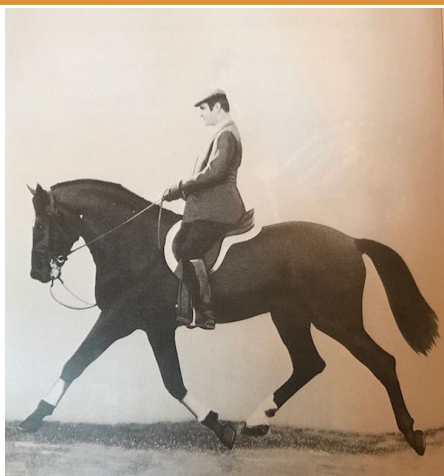
65.958 LaCroix, Ray

##### Fourth Level

71.174 Paglia, Paula  
65.806 Kurbat, Margaret

## NUGGETS

Does your trainer or clinician or fellow rider have some quotes or pearls of wisdom that he or she states that crystallize a concept for your riding? If so, please e-mail them to [centerline@azdressage.org](mailto:centerline@azdressage.org), and they will be considered for publication.



"To cease the aids does not mean to leave the horse on its own, but to keep the contact while doing as little as possible."

- Nuno Oliveira

**2017 Year End Standings, continued****FEI Riders of the Year****Criteria: 4 Scores | 3 Different Shows | 3 Different Judges | Volunteerism****Adult Amateur****FEI - A**

66.579 Lindsten, Sarah

63.092 McLaughlin, Wendy

59.868 Carson, Deborah

**FEI - GP**

59.725 Ziurys, Lucy

**Open****FEI - A**

64.967 Doty, Kristy

63.257 Weis, Lisa

63.257 Gilliland, Missy

**FEI - GP**

65.575 Gilliland, Missy

58.500 Eikel-Baughman, Nathalie

**2017 Year End Standings****FEI Horses of the Year****Criteria: 3 Scores | 3 Different Shows | 3 Different Judges**

Avg FEI	Horse	Owner	Rider(s)
68.684	Raoul	Lindsten, Sarah	McKee, Bobbie Lynn
68.684	Raoul	Lindsten, Sarah	Lindsten, Sarah
65.733	Samaritano IX	Luebbe, Sandra	Gilliland, Missy
64.560	Orive Yet	Reese, Theresa	Rehberg-Sparks, Ulrike
64.560	Orive Yet	Reese, Theresa	Hope-Reese, Theresa
64.254	Valentino	Barcus, Debbie	Weis, Lisa
63.289	Hermione NSF	DeBenedetto, Diane	Gilliland, Missy
63.114	Sterling	McLaughlin, Wendy	McLaughlin, Wendy
62.982	Bailando	McHenry, Erin	McHenry, Erin
62.851	Wendo	Lorenzen, Kay	Lorenzen, Kay
60.856	Narok	Eikel-Baughman, Nathalie	Eikel-Baughman, Nathalie
60.526	Zantango	Carson, Deborah	Carson, Deborah
60.033	Sylvano	Ziurys, Lucy	Ziurys, Lucy

**2017 Year End Standings****Horses - Training through 4th Levels****Criteria: 3 Scores (1 Highest Test) | 3 Different Shows | 3 Different Judges | Volunteerism**

Avg Training Level	Horse	Owner	Rider(s)
76.981	#Hashtag	Riddell, Wendy	Riddell, Wendy
75.682	Florisson	Damiano, Ann	Jackson, Cyndi
71.742	Angel	Riddell, Wendy	Riddell, Kali
69.242	Fuertado	Miller, McKenzie	Miller, McKenzie
69.202	HRH Desire Ablaze	Cochran, Maren	Cochran, Maren
68.737	Flamenco	Stapleton, Kelly	Stapleton, Kelly
67.273	Roxie's Jazz Soul	Scarzone, Michelle	Scarzone, Michelle
67.151	Just A Little Cookie	Nicolson, Brianna	Nicolson, Brianna
66.818	Revanche	Roth, Amy	Garvin, Angela
66.166	Windermere DDB	DeBenedetto, Diane	DeBenedetto, Diane
65.216	Decked With Chrome	Schwartz, Maureen	Eikel-Baughman, Nathalie
63.274	Bravado	Wickham, Ashley	Wickham, Ashley



**2017 Year End Standings, continued****First Level**

71.471 Go Go Dancer-MGE  
 70.830 Quintana Roo CR  
 70.830 Quintana Roo CR  
 70.750 Dacapiella  
 69.486 Go Go Dancer-MGE  
 68.115 Angel  
 67.941 Romantic Man  
 66.634 Athos Do Juliana  
 66.611 Roxie's Jazz Soul  
 65.147 Heritage  
 64.154 AMF Renoirs Legacy  
 64.108 Paddy O'Shea  
 63.955 Gallagher  
 57.208 Mystic Thunder

Goss, Michael  
 Lindy, Rebecca  
 Lindy, Rebecca  
 Barngrover, Alyssa  
 Stark-Goss, Michelle  
 Riddell, Wendy  
 Miller, McKenzie  
 Sundquist, Kirsten  
 Scarzone, Michelle  
 Pinkus, Ganit  
 De, Acevedo Macdonald  
 Murphy, Christine  
 Carson, Deborah  
 Perkins, Beverly

Goss, Michael  
 Lindy, Rebecca  
 Gilliland, Missy  
 Barngrover, Alyssa  
 Goss, Michael  
 Riddell, Kali  
 Miller, McKenzie  
 Sundquist, Kirsten  
 Scarzone, Michelle  
 Pinkus, Ganit  
 McKay, Heather  
 Murphy, Christine  
 Carson, Deborah  
 Reyes, Erika

**Second Level**

66.595 Quintana Roo CR  
 66.595 Quintana Roo CR  
 66.290 Windermere DDB  
 66.163 Alexa Bella  
 65.854 Ehrengold  
 65.284 Bristol  
 65.284 Bristol  
 62.917 Mad Mardigan

Lindy, Rebecca  
 Lindy, Rebecca  
 DeBenedetto, Diane  
 Galante, Michele  
 Kalchik, Allen  
 Jackson, Amy  
 Jackson, Amy  
 Hanes, Lori

Lindy, Rebecca  
 Gilliland, Missy  
 Gilliland, Missy  
 Super, Alexandra  
 Kalchik, Allen  
 Jackson, Amy  
 Hatch, Toah  
 Hanes, Lori

**Third Level**

71.453 Lyric Of Latimer  
 68.718 Zanzibar  
 67.008 Alexa Bella  
 67.008 Alexa Bella  
 66.667 Finau-Riche D'Apardi  
 66.538 Marbella  
 65.851 Chipper One  
 65.093 Dona Isabella  
 64.701 I Wont Kiss N Tell  
 61.196 Slotgraaf

Brockbank, Maria  
 Lundgren, Jeanette  
 Galante, Michele  
 Galante, Michele  
 Hitchcock, Cindy  
 LaCroix, Cindi  
 LaCroix, Cindi  
 Vinger, Kelly  
 Pollack, Jaime  
 Evans, Rachel

Southerly, Amanda  
 Lundgren, Jeanette  
 Chandler-Brown, Catherine  
 Super, Alexandra  
 Hitchcock, Cindy  
 LaCroix, Cindi  
 LaCroix, Ray  
 Vinger, Kelly  
 Pollack, Jaime  
 Evans, Rachel

**Fourth Level**

70.593 Slipstream  
 66.074 Solana  
 64.176 Talara

Tripp, Sherrill  
 Kurbat, Margaret  
 Finnegan, Kara

Paglia, Paula  
 Kurbat, Margaret  
 Finnegan, Kara

**2017 Year End Standings****Freestyle Rider / Horse Combination****Criteria: 3 Scores | 3 Different Shows | 3 Different Judges | Volunteerism****Adult Amateur****FS (FEI)**

69.700 Kay Lorenzen / Wendo

**2017 Year End Standings****Cameo Award****Criteria: 3 Scores | 3 Different Judges | Volunteerism****Avg Horse**

60.033 Sylvano

62.851 Wendo

**Owner**

Ziurys, Lucy

Lorenzen, Kay

**Rider**

Ziurys, Lucy

Lorenzen, Kay

**2017 Year End Standings****Sandra Kale Award****Criteria: 4 Scores | 3 Different Shows | 3 Different Judges | Volunteerism****Avg Horse****Breed****Registration****Owner**

65.958 Chipper One Arabian

1A 358523

LaCroix, Cindi

**Rider**

LaCroix, Ray

# ADA Schooling Show Entry Form 2017-2018

Arizona Dressage Association is a 501(c)(3) not-for-profit organization



**November 25th (Saturday)** - Dale Creek Equestrian, Litchfield Park, AZ (closing date - November 10th) - Judge: Lois Whittington 'L'

**December 9th (Saturday)** - Bar A, Scottsdale, AZ (closing date - November 24th) - Judge: Jenny Cohn 'L'

**January 27th (Saturday)** - Dale Creek Equestrian, Litchfield Park, AZ (closing date - January 11th) - Judge: Lynn McKinney 'L'

**March 4th (Sunday)** - Bar A, Scottsdale, AZ (closing date - February 23rd) - Judge: Michell Combs 'L\*'

**April 7th (Saturday)** - Dale Creek Equestrian, Litchfield Park, AZ (closing date March 23rd) - Judge: Cynthia Ganem 'L\*'

*If a show is over subscribed, all riders will be included based on entry postmark date, up to the closing date.*

*If there are more entries (all with a closing date postmark) than can be scheduled, priority will be given to ADA members.*

**NO REFUNDS AFTER CLOSING DATE**

**NO CHANGES TO RIDE TIMES AFTER SHOW BEGINS EXCEPT TO FILL SCRATCHES OR "NO SHOWS"**

**Cost:** \$20 per class **Schooling Only:** \$15 per day (not riding in front of the judge) **Day Stall:** Check with the stable owner for availability

**Non Member Fee:** \$10.00 one day fee for non-members for classes or schooling.

**Year End Schooling Show Awards:** A one-time nomination form for EACH horse and rider combination.

**Riding Attire:** Boots or half chaps with a heeled shoe, a shirt with sleeves and an ASTM-SEI certified helmet.

**Rules:** All USEF/USDF rules apply, except for the riding attire. **The certified helmet must be worn at all times while mounted.**

## Show

### CLASSES OFFERED - PLEASE CHECK THE CLASSES YOU WISH TO ENTER

USDF Intro Test ☐ A ☐ B or ☐ C Training Level Test ☐ 1 ☐ 2 ☐ 3 First Level Test ☐ 1 ☐ 2 ☐ 3 Second Level Test ☐ 1 ☐ 2 ☐ 3

### TOC - Test of Choice (Includes All Classes)

Third Level Test ☐ 1 ☐ 2 ☐ 3 Fourth Level Test ☐ 1 ☐ 2 ☐ 3 Intermediare ☐ I ☐ II ☐ A ☐ B Grand Prix ☐ MF - Musical Freestyle ☐

ETOC - Eventer Test of Choice or ATOC- Alternative Dressage (Gaited NWA / Western Dressage) Test \_\_\_\_\_ Level \_\_\_\_\_

## Horse:

Rider \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Owner \_\_\_\_\_

Ride times will be sent to: *Please write clearly*

Email: \_\_\_\_\_

**Waiver of Liability:** By signing this entry form, I acknowledge that I fully understand that there are risk of serious bodily injury, including death, and risk of damage to or loss of personal property. In consideration for me or my child being allowed to enter, participate in and observe, and/or my horse being permitted to be ridden in, the above listed equine activity, I hereby for myself, my child, my heirs, agents and assigns, agree to waive, release and forever discharge any and all claims, rights and causes of action against the facility, its owners, employees, volunteers, the Arizona Dressage Association, its officers, directors, members, agents and volunteers (ADA) for injury or damage caused or alleged to be caused in whole or in part by negligence of ADA or the facility, and I agree to hold ADA or the facility harmless against all claims and causes of action for any alleged or actual injury or damage which I, my child, my agents, or my horse, may cause to any person or property. I voluntarily assume all risks associated with my or my child's or my horse's participation in this activity and with being present on the grounds where this activity is held. I further agree to be bound by the rules under which this activity is conducted.

Note: **ENTRY FORM WILL NOT BE ACCEPTED UNLESS SIGNED AND DATED.**  
**NO REFUNDS AFTER CLOSING DATE**

### PLEASE CHECK DIVISION

☐ JR ☐ AA ☐ OPEN

Entry Fees \_\_\_\_\_

\$10 non-member \_\_\_\_\_

**Total** \_\_\_\_\_

**MAKE CHECKS TO:**

**ADA**

**MAIL ENTRIES TO:**

Cynthia Ganem  
1213 E Villa Maria Drive  
Phoenix, AZ 85022-1222

**FOR INFORMATION  
CONTACT:**

Cynthia Ganem  
c.ganem@azdressage.org

Rider Signature	Date
Owner/Agent Signature	Date
Parent/Guardian Signature (For Riders under the age of 18)	Date



## TDF's Young Rider International Dream Program

Guess what? TDF's Young Rider International Dream Program is going to the European Championships at Aachen this year! Are you eligible?

The Dressage Foundation's International Dream Program for Young Riders is ready to go for the fourteenth year! The concept of the program evolved as a result of former Olympian Michael Poulin's wish to offer an opportunity for gifted Young Riders to enhance their understanding of dressage theory through a European tour. The program is administered by The Dressage Foundation and funded by generous donors.

The program is open to USDF Young Riders, riding at Fourth Level or above, who are 16-21 years of age. Also, 22-year-olds who competed at Fourth Level or above in 2017 may apply. The tentative dates for the trip have been set for July 16-23, 2018.

Participants and chaperons selected for this year's trip will attend the CHIO at Aachen. While there, the participants will record their observations in daily journals and chronicle events with photos and video to share with their home dressage organizations.

A Selection Committee comprised of leading American dressage persons selects four candidates based on their applications including an essay, video, and written recommendations. Committee members want to see riding proficiency, commitment to training in the sport of dressage, and a history of volunteering in the dressage community.

Two adult chaperons will be selected to accompany the Young Riders. Applicants should have academic expertise and experience as a dressage trainer and/or judge, along with other qualifications listed on the application form.

The application and further information on this extraordinary program is available on the TDF website: [www.dressagefoundation.org](http://www.dressagefoundation.org). The 2018 applications must be received in the TDF office by Friday, March 30, 2018. Candidates are encouraged to apply early and follow directions carefully.

This program is made possible by donors to The Dressage Foundation (TDF), a nonprofit, tax-exempt organization whose mission is "To cultivate and provide financial support for the advancement of dressage in the United States."

For questions, please contact The Dressage Foundation at 402-434-8585 or [info@dressagefoundation.org](mailto:info@dressagefoundation.org).





## **TDF's \$25,000 Anne L. Barlow Ramsay Grants for U.S.-Bred Horses Available Again in 2018**

October 4, 2017 – The Dressage Foundation is pleased to announce that the \$25,000 Anne L. Barlow Ramsay grants will once again be available starting in 2018. The purpose of the grant is to showcase talented American-bred horses ridden by United States citizens, by providing money to train and compete in Europe.

Dr. Ramsay's passion and support of U.S.-bred dressage horses is exceptional. Through a Charitable Remainder Unitrust that she established with The Dressage Foundation in 1999, she created a Fund to provide \$25,000 grants to support U.S. riders and U.S.-bred horses. From 2008-2014, the following recipients benefited from the funds in the first Unitrust, and each traveled to Europe for upper-level dressage training:

2008 – James Koford and Rhett, bred by Shirley McQuillan  
2009 – Jennifer Williams and H.S. Wistar, bred by Charlene Summers  
2011 – Liz Austin and Olivier, bred by Madeleine Austin  
2012 – Lisa Wilcox and Pikko del Cerro HU, bred by Anne Sparks  
2014 – Emily Miles and WakeUp, bred by Beverly McLean

The money from Dr. Ramsay's first Unitrust was used so successfully by the recipients, that in 2009, she established a second Unitrust to extend the impact of the grants for many years into the future. Those funds are designated to come to TDF in 2019, but Dr. Ramsay has pledged a generous gift to ensure that a grant can be awarded in 2018, as well.

Applications for the next \$25,000 Anne L. Barlow Ramsay Grant will be due to TDF on or before October 25, 2018. Visit our website for information about the grants and the application form, or call us at (402) 434-8585 if you have questions.

For more information about the Anne L. Barlow Ramsay Grant or The Dressage Foundation, please contact Jenny Johnson at (402) 434-8585, by email at [jenny@dressagefoundation.org](mailto:jenny@dressagefoundation.org), or visit [www.dressagefoundation.org](http://www.dressagefoundation.org).

### **The Dressage Foundation:**

The Dressage Foundation is a 501(c)(3), non-profit, tax-exempt, donor-driven organization that is dedicated to educating, supporting, and advancing the sport of dressage. The organization solicits contributions, appropriately allocates the donations, and awards grants and scholarships to dressage riders, judges, instructors, breeders, high performance teams, and nonprofit equestrian organizations. For more information, please visit [www.dressagefoundation.org](http://www.dressagefoundation.org).

High Mountain Dressage  
Reitunterricht  
und Ausbildung



Ulrike ('Gina')  
Rehberg-Sparks  
928.533.3693  
www.HighMountainDressage.com

PATTERSON TRAINING, LLC

Shari Patterson-Blaylock

272 S. Sprague Dr  
Star Valley, AZ 85541  
(928)978-4478  
(928)474-1732  
fireponies@gmail.com



HORSESHOE SPRINGS



KIM J. YACOBUCCI, TRAINER

28635 North 53rd Street • Cave Creek, AZ. 85331  
602-370-4039

## Next Recognized Shows -



### ADA FUN IN FEBRUARY

February 11, 2018

Dale Creek Equestrian Village, Litchfield Park, AZ

<https://azdressage.org/fun-february-show/>

### TDC MARCH MADNESS I & II

March 17-18, 2018

Pima County Fairgrounds, Tucson, AZ

<https://azdressage.org/tdc-shows/>

## Beverly Rogers DRESSAGE



Instruction  
Training  
Clinics  
Judging

Res. (480) 585-4595  
Barn (480) 585-9224  
6547 E. Peak View Rd.  
Cave Creek, AZ 85331

Training & Instruction

Clinics • Sales



*Cyndi Jackson*  
Cell 602.689.0952

USDF Bronze/Silver/Gold  
cynditothemax@gmail.com

L Graduate  
www.tothemaxdressage.com

Alice Sarno  
602.501.4697

USEA Certified  
Level III  
Instructor



**DESERT SPORT HORSE**

www.alicesarno.com

## LOIS WHITTINGTON *Dressage*

Instruction  
Training  
Boarding

5814 East Redbird Road  
Scottsdale, Arizona 85266  
Phone: 480.585.7226  
Mobile: 480.510.3628

lois@loiswhittingtondressage.com



*KS Equestrian*

Training - Lessons- Sales

USDF L Graduate  
USDF Bronze & Silver Medalist

928-300-0474

www.ksequestrian.com

kailee@ksequestrian.com

East & West Valley

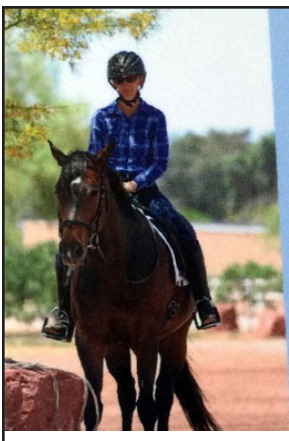


*Special Events Linens*  
a division of Taylor Equipment  
and Event Rentals

*Carolyn Leigh Haskell*

(602) 330-2040  
carolyn@specialeventslinens.com  
www.specialeventslinens.com  
www.trsstore.com





**Adobe Ranch Dressage**  
Training & Instruction  
Desert Hills, AZ

Carrie Kohlun  
602-284-7076  
carrie@adoberanchdressage.com  
adoberanchdressage.com

Relieve pain and heal *naturally, fast...*



- 24% arnica in aloe
- Relieves muscle soreness, stiffness, and bruising.
- Contains no alcohol, menthol or witch hazel.
- Especially effective when applied after a workout.
- **Essential** for you, **Equine** for your partner.

EssentialArnica.com

EquineArnica.com

## Flying Fox Farm, LLC

Horse Boarding, Training & Lessons


**Shelley Ebel**

9836 N. 110th Street  
Scottsdale, AZ 85259  
480-391-1035  
flyingfoxfarm1@cox.net



**FREE SMART PHONE APP!!!!**

**TRACK ALL YOUR EQUINE  
NEEDS, TRAINING GOALS AND  
SHOWS IN ONE PLACE**



**Julie Sodowsky  
Dressage**

Training Instruction Judging

jsodowsky@cox.net  
602-363-0664

**WINTER ROSE EQ. CTR**  
6740 E JOMAX RD, SCOTTSDALE

WHENEVER YOU RIDE,  
**RIDE to WIN**  
MERIAL

Now available! The **free equestrian app** that keeps you on the path to a winning season.

**-IT'S FREE-**  
Download on the App Store

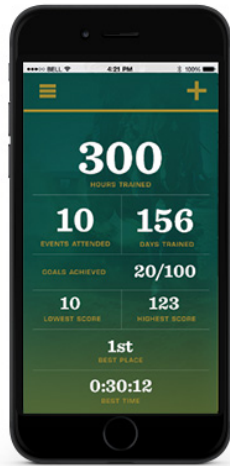
**CREATE A PROFILE FOR YOUR HORSE**  
Registration numbers. Coggins. Health records. All those important details, all at your fingertips.

**SET UP A TRAINING SCHEDULE**  
Record your activity, and then use the dashboard to track and see how every small victory leads to a winning season.

**RECEIVE REMINDERS**  
Get health care and other reminders to help keep your equine partner in top condition.

**KEEP TRACK OF SHOWS AND RESULTS**  
From dates and patterns to hotel reservations and places earned.


**SHARE YOUR SUCCESS WITH FRIENDS**



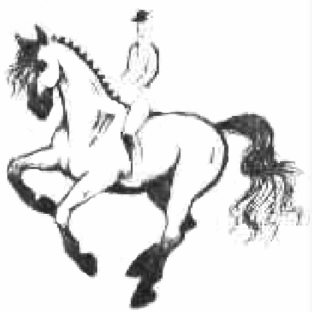
Brought to you by Merial, the makers of: **ULCERGARD** (ornipressin)



**Juan Lopez Torres**  
**Dressage**  
 WINTER ROSE EQ. CTR ~ SCOTTSDALE



TRAINING INSTRUCTION BOARDING  
 602 363 4771  
[juanlopeztorres@cox.net](mailto:juanlopeztorres@cox.net)



**Bobbie Lynn**  
**Dressage**

Training Clinics  
 Lessons Sales  
 602-826-9923  
[BLDressage@yahoo.com](mailto:BLDressage@yahoo.com)


USDF REGION 5 WEBSITE  
[www.usdfregion5.org](http://www.usdfregion5.org)

**Wave Wellness LLC**  
*...Ride the wave to wellness*



**Robin Biehl**  
 Certified Magna Wave Practitioner  
 602.510.2757


[www.wavewellnesspemf.com](http://www.wavewellnesspemf.com)  
[info@wavewellnesspemf.com](mailto:info@wavewellnesspemf.com)



**Valerie S. Crail**  
 Instruction in the Art  
 of  
 Dressage & Eventing

602.919.3390  
[vsccrail@gmail.com](mailto:vsccrail@gmail.com)

 **USEF & FEI Judge**  
 Available for Clinics

**EQUUS**  **DRESSAGE**  
 L.L.C.

**Tracey K. Krajenke**  
 Training • Instruction • Sales  
 Cell: 602-793-5838 [www.equusdressage.com](http://www.equusdressage.com)



**All Equine Veterinary LLC**  
 Jeff Alldredge DVM,MS,DACVS

480-250-1096  
[allequinevet@gmail.com](mailto:allequinevet@gmail.com)

3112 E Wescott Dr. Phoenix, Az, 85050

# Only the best will do for your horse & farm

Whether you ride for pleasure or competitively,

owning a horse is a substantial commitment. Markel's horse insurance specialists can help you protect the emotional and financial investment you've made.

**Tami George**  
(800) 231-0670  
jeta@northlink.com  
sporthorseinsurance.com

Tami George & Simon  
(MA Sign of the Times)



Horse Mortality • Farm & Ranches • Equine Liability

Relieve pain and heal *naturally, fast...*



[www.EssentialArnica.com](http://www.EssentialArnica.com)

[www.EquineArnica.com](http://www.EquineArnica.com)

[www.TristanJade.com](http://www.TristanJade.com)

Tristan Jade Lloyd

Tristan@TristanJade.com

480-258-1026

**Kristy Doty**  
owner/trainer

Premium Boarding

Dressage  
Training & Instruction



27213 N. 44th St.  
Cave Creek AZ 85331  
623.910.1782

**Kemah Farms**

**Beth Enos**  
Arizona State Representative

920.857.8176

Beth.Enos@countysaddlery.com

[www.saddles.com](http://www.saddles.com)



C O U N T Y

**Leatherworks**

Complete English Saddle Repair Service



**DUNCAN STEWART**  
928-202-9154

ADA NORTHERN ARIZONA CHAPTER  
[www.nacofada.org](http://www.nacofada.org)

## CALENDAR OF EVENTS

### FEBRUARY 2018

11: ADA Fun In February; location: Dale Creek Equestrian Village, Litchfield Park, AZ; judges: Ellie Stine-Masek & TBD. TD: Doris North. Manager: Kathy Smith - [ksmith@azdressage.org](mailto:ksmith@azdressage.org); Secretary: Cynthia Ganem - [cganem@azdressage.org](mailto:cganem@azdressage.org).

12: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

24-25: USDF Instructory/Trainer Program. Location: Central Arizona Riding Academy, San Tan Valley, AZ. Workshop #2: Teaching. For more info & applications, contact 480-580-0634 or [dvschmitz@msn.com](mailto:dvschmitz@msn.com). Also see <https://www.usdf.org/education/instructor-trainer/t4.asp>

### MARCH 2018

12: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

4: ADA March Schooling Show. Location: Bar A Ranch, Scottsdale, AZ. Judge: Michell Combs. \$20/class; \$15/day for Schooling Only; \$10/day Non-Member Fee. See [Entry Form online](#)>

4: Dressage Schooling Days. Location: Carefree Farms, Phoenix, AZ. Judge: TBD. \$35/class. For more information see [www.carefreefarms.net](http://www.carefreefarms.net)>

17-18 (tentative dates): USDF Instructory/Trainer Program. Location: Central Arizona Riding Academy, San Tan Valley, AZ. Workshop #3: Lunging. For more info & applications, contact 480-580-0634 or [dvschmitz@msn.com](mailto:dvschmitz@msn.com). Also see <https://www.usdf.org/education/instructor-trainer/t4.asp>

17-18: TDC March Madness I & II, Location Pima County Fairgrounds, Tucson, Judges: TBD; Manager Jay Chabucos - [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary Debbie Garris - [dgarris@horseshowolutions.com](mailto:dgarris@horseshowolutions.com)

### APRIL 2018

7: ADA April Schooling Show. Location: Dale Creek Equestrian Village, Litchfield Park, AZ. Judge: Lynn McKinney. \$20/class; \$15/day for Schooling Only; \$10/day Non-Member Fee. See [Entry Form online](#)>

7-8: ADA Spring Celebration, Location WestWorld of Scottsdale, AZ. Judges: TBD; Manager: Jay Chabucos, [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

9: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### MAY 2018

14: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### JUNE 2018

2-3: Road Runner I; location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, [Appeals1@aol.com](mailto:Appeals1@aol.com)

11: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### JULY 2018

9: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

14-15: Road Runner II; location: Pima County Fairgrounds, Tucson, Judges: TBD; Manager Rosemary Panuco, [Appeals1@aol.com](mailto:Appeals1@aol.com)

### AUGUST 2018

11-12: ADA Mountain Air & Dressage in the Pines; location: Fort Tuthill County Park, Flagstaff, Judges: TBD; Jay Chabucos - [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

13: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### SEPTEMBER 2018

10: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### OCTOBER 2018

5-7: Great American Insurance Group/United States Dressage Federation Region 5 Dressage Championships licensed by United States Equestrian Federation Inc. & ADA October Fest, Location WestWorld of Scottsdale, AZ. Judges: Hilda Gurney "S", Heidi Berry "S"; Manager: Jay Chabucos, [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman, [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org)

8: ADA Regular Meeting 6:30PM, Location TBD. Contact [enews@azdressage.org](mailto:enews@azdressage.org) for details.

### NOVEMBER 2018

4-5: ADA Fall Fiesta & State Championships, Location WestWorld of Scottsdale, AZ. Judges: Carter Bass 'S', Margaret Freeman 'S', Jan Curtis 'S', Bill McMullin 'S'; Manager: Jay Chabucos [JayChabucos@gmail.com](mailto:JayChabucos@gmail.com), Secretary: Sue Plasman [s.plasman@azdressage.org](mailto:s.plasman@azdressage.org).

17-18: TDC Fall Festival I & II, Location Pima County Fairgrounds, Tucson, Judges: Brent Hicks 'S', Creeky Routson 'S'





## ARIZONA DRESSAGE ASSOCIATION

PO Box 31602

Phoenix, AZ 85046-1602



## Greenway Saddlery

**Dressing Riders and their Horses with that  
"WINNING LOOK" FOR 36 YEARS !**



**SHOP SMART - Stop in to SEE, TOUCH, FEEL, TRY-ON, & COMPARE  
To Find the BEST FIT For You.**

**Visit while showing at  
Westworld.**

**Located just 1 block North of the  
Equidome at 94th St. & Bahia Dr.**



**GREENWAY SADDLERY 9380 E. Bahia Dr. #A-103 Scottsdale, AZ 85260 Phone 480 502-9776**

**STORE HOURS Open 10AM to 6PM, Closed Sunday [www.greenwaysaddlery.com](http://www.greenwaysaddlery.com)**