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ARIZONA DRESSAGE ASSOCIATION
THECENTERLINE

Considering the Horse-Mind and Body Collaborative - *Clinic with Jim Patterson and Mark Rashid*

By Tristan Lloyd

What made this clinic unique was the combination of two highly respected disciplines.

Mark Rashid approaches the horse through training and communication; emphasizing softness, timing, and feel. Jim Masterson, creator of the Masterson Method®, focuses on equine bodywork and identifying physical restrictions that influence movement and behavior.

Together, they examine a horse from both angles, mental and physical, creating a fuller picture of what the horse is experiencing. When both perspectives are applied simultaneously, participants often discover that issues they thought were training problems may actually have physical roots, and vice versa.

This was my first clinic with my 5 year old PRE gelding, Valor. I was elated to be able to to go. We arrived at River Horse Ranch the day prior. It's a beautiful facility with friendly people and top notch amenities. Valor had lovely accommodations with lots of room to move around.

Day 1 was a stormy day and as my luck would have it, when it was my turn to ride the wind started to blow. Horses were running around in the paddocks, chairs and umbrellas went flying. Valor was noticing it all but remained level headed. Mark's and Jim's calm demeanor helped get our attention on the work. We soon forgot about the weather.

The session began with both clinicians observing the horse and rider together. During this phase, they analyze movement, balance, and communication between horse and rider.

We were first evaluated at the walk and trot. This gave Mark a direction in which to start and Jim an idea of areas of focus in the upcoming bodywork session.

Instead of focusing on techniques or steps, Mark talked about timing, intention, and the subtle shifts in energy between horse and human. We worked on Valor's mild ability to evade connection with maintaining a very slight feel of the reins.

He often he paused to point out small details: a flick of an ear, a change in breathing, a moment of hesitation. According to Mark, those were the real conversations. Masterson performs a hands-on bodywork session on the horse while explaining what he feels in the horse's muscles and joints. Participants learn how subtle restrictions or tension patterns can influence the horse's performance and behavior.

Jim approached the horses with the patience of someone listening rather than fixing.



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ARIZONA DRESSAGE ASSOCIATION
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Your Voice Matters—

Earn Volunteer Hours by Contributing to *THE CENTERLINE!*

Are you passionate about dressage, love to write, or have barn news to share? *The Centerline* newsletter is looking for AZ dressage community members—riders, trainers, and horse lovers alike—to contribute articles, opinions, updates, and tips.

SUBMIT TO: centerline@azdressage.org

**The deadline for submission is the 20th of the month.*

Ideas for Submissions

Letters to the Editor: Submit your comments, suggestions, or opinions relating to the sport of dressage. The Centerline Editor reserves the right to edit submitted content for clarity, tone, and space.

Barn News: Trainers would you like to let us know about the recent accomplishments of your clients or introduce new clients and horses? Would you like to update readers about barn improvements, or talk about any other news of interest to the membership.

Member Submissions: Submit an article and photo of you and your horse on a topic of interest, a clinic or show experience. Submit your favorite barn and horse care tips, or review clinics. We'd love to hear from you! NOTE: *If the photo is a riding photo, a helmet is required.*

***Product Endorsements/Advertising** In most cases, products and services are considered paid advertising. Articles that are negative in nature concerning a particular product will not be considered for publication.*

Continued from page 1

Instead of forceful manipulation, his work relied on subtle touch and waiting for the horse to respond.

Our one-on-one session with Jim was the afternoon of Day 1. Within minutes, Valor began to show signs of release; lowering his head, blinking slowly, shifting weight. Jim explained that many performance issues we see under saddle are connected to physical restrictions the horse has simply learned to live with.

When he finished, Valor's posture looked noticeably different: looser through the shoulders, neck and poll. I had techniques I could use going forward.

I was an equine bodyworker for 20 years. Training and bodywork aren't separate disciplines. They're two halves of the same conversation. This clinic brought that to the forefront once again.

• Behavior often reflects physical discomfort.

• Physical tension can come from mental stress.

• The horse is constantly giving feedback—we just have to learn how to see it.

Watching Mark Rashid and Jim Masterson work together made our imperfections feel less like a problem to solve and Valor a partner to understand.

For Valor and I we got to rest on Day 2. Important for Valor after the bodywork. Great for me to be able to watch other participants.

Day 3 we worked again under saddle. Mark and Jim both evaluated changes in the horse's movement and responsiveness. This format allows participants to see how releasing physical tension can transform the horse's way of going and how improved communication from the rider reinforces those changes.



One of the most powerful aspects of the clinic is that learning happens constantly, not just during individual rides.

The clinicians explain their thought process in real time:

• Why a horse might brace or resist

• How subtle body tension effects movement

• How rider timing and feel influence softness

• What the horse's body language reveals about comfort or discomfort

This open teaching style makes the clinic valuable even for those auditing from the sidelines.

A central theme throughout the clinic is softness, both physical and mental.

Rashid teaches riders to work *with* the horse rather than pushing against resistance.

Instead of forcing a response, the goal is to help the horse release tension and find balance willingly.

Masterson's bodywork complements this philosophy. By addressing areas where the horse holds tension, he helps the horse relax physically so that learning and movement become easier.

Valor was moving more freely and I was communicating more clearly.

Many riders including me arrive expecting to fix a specific problem: a stiff bend, resistance in transitions, or difficulty maintaining balance. I left with so much more.

Common takeaways include:

• Behavioral issues may stem from physical discomfort

• Rider tension can influence the horse more than expected

• Small adjustments can produce significant changes

• True softness begins with awareness and patience

The partnership between Rashid and Masterson is what gives the clinic its distinctive character. Their methods come from different disciplines, yet they complement each other seamlessly.

As Jim has said about their collaboration, the combined approach often creates results that are "greater than the sum of the parts." I was seeking a deeper connection with Valor which I got. The chance to understand both how my horse moves and how my horse thinks all in one place.

I'm looking forward to our future in the Dressage ring together as a team. I am very grateful to the Arizona Dressage Association for awarding me a scholarship so I could participate in this amazing clinic.





Dr. Leslie Sherlin

Licensed therapist & Certified Mental Performance Consultant (CMPC)

Works with elite athletes, military, and top performers worldwide

Sport psychology expert for equestrian athletes

Bringing proven mental performance strategies from elite sport to the saddle.

Join Us for this Educational Series & Gain the Mental Skills for Better Rides & Better Results
$20 per Session or $30 for Series (ADA Member)

ADA JR/YR members attend for FREE!

Dr. Leslie Sherlin, a licensed professional counselor and Certified Mental Performance Consultant will share practical, evidence-based tools for the mental side of riding and competition. Whether you are a seasoned competitor or a rider just getting started, these sessions will give you strategies you can use for your next ride. Open to all levels and disciplines. **Each session runs approximately one hour with time for Q&A.**

SESSION ONE: May 13, 2026 6:00 PM AZ

The Right Goals, the Right Pace:
A Sport Psychology Approach to Goal Setting

Most riders are good at setting goals. The harder part is setting the right kind of goals and pursuing them in a way that supports both you and your horse. This session covers the difference between outcome, performance, and process goals, how to recognize when a goal has become more of an obstacle than a guide, and how to use your values rather than just your show record to direct your training. You will leave with practical tools you can bring to the barn this week.

SIGN UP NOW!

SESSION TWO: July 22, 2026 6:00 PM AZ

Nerves, Mistakes, and the Next Movement:
A Sport Psychology Approach to Performance Anxiety

If you have ever had a great warm-up and then fallen apart the moment you entered at A, this session is for you. We will cover what performance anxiety actually is, why trying to eliminate it usually makes it worse, and how to ride effectively even when nerves show up. The session will also address recovering from mistakes mid-test and building a pre-ride routine that helps you show up focused and ready. Practical strategies you can practice at home and put to work at your next show.

SIGN UP NOW!

ADA Announces 2026 Volunteer & Committee Award Recipients

The Arizona Dressage Association is pleased to announce the recipients of this year's Volunteer and Committee Awards. These annual recognitions honor individuals whose service, leadership, and dedication have made a meaningful impact on ADA and our membership over the past year.

Nominations were submitted by the ADA Board of Directors, with consideration given to overall service, scope of contribution, and organizational impact.

Committee Members of the Year (Co-Recipients)

Cathy Jones & Cindi LaCroix
Cathy and Cindi have served as co-leaders of ADA's educational initiatives over the past two years, delivering a highly successful education series—including the Core Transformation program—and additional learning opportunities for members.

Cathy Jones was recognized for her hands-on leadership in organizing and teaching sessions, as well as enhancing participant experiences through supplemental materials and thoughtful preparation.

Cindi LaCroix was recognized for her exceptional fundraising efforts, securing approximately **$20,000** in sponsorships for the Foy/Peters Clinic and ADA, helping expand and sustain ADA's educational programming.

Their collaborative leadership has reinvigorated ADA's focus on education and established a strong foundation for future programming.

Congratulations to Cathy and Cindi!

Volunteer of the Year Megan Weinstock

Megan volunteered at nearly every ADA event throughout the year—often working multiple days and supporting a wide range of roles. Her reliability, flexibility, and consistent presence have made her an invaluable part of ADA's operations.

Please join us in congratulating Megan on being named ADA's 2026 Volunteer of the Year.

Impact Award (New this Year!)

Callie Bonine
Callie donated extensive professional design expertise to ADA's rebranding initiative, creating:

- A new visual identity
- A comprehensive style guide
- Merchandise concepts
- A suite of marketing materials

used across advertising, promotions, and fundraising

Her work has significantly strengthened ADA's brand presence and communications and will have a lasting impact on the organization.

Congratulations to Callie on receiving the 2026 Impact Award.

These outstanding volunteers will be honored—along with all ADA Year-End Award winners—on **Sunday, April 26th**.



Cathy Jones - Committee Chair of the Year



Cindi LaCroix - Committee Chair of the Year



Megan Weinstock - Volunteer of the Year



Callie Bonine - Impact Award

An Announcement from ADA - Changes at the Centerline

By: Erin McHenry, Communications Committee Chair

The *Centerline* newsletter has long been a cornerstone of the Arizona Dressage Association's communications, thanks to the dedication and leadership of Beth Martinec. Over many years, Beth not only compiled the newsletter each month, but also contributed thoughtful, engaging content that helped keep our community informed and connected. In addition to her work on *Centerline*, Beth played an integral role in producing ADA's recognized show programs, further strengthening communication across our organization. She now steps away from these roles to pursue other endeavors.

ADA is deeply grateful for Beth's time, commitment, and consistency. Her contributions have made a lasting impact and will be appreciated for years to come.

Looking ahead, we are pleased to welcome Callie Bonine as the new editor of *Centerline*, beginning this May. Callie has already made a significant impact through her work on ADA's Communications Committee, including leading last year's full rebrand and new logo launch. We look forward to her continued creativity and vision in this role.

Callie steps into this position with a deep appreciation for the foundation Beth has built. *Centerline* has always been about connection - bringing together riders, horses, and stories from across the Arizona dressage community - and that will remain at the heart of its future. She looks forward to introducing fresh ideas while continuing to elevate the voices and experiences that make this community so special. Members are encouraged to share their stories, photos, and perspectives to help keep *Centerline* engaging, inspiring, and truly representative of the ADA community.



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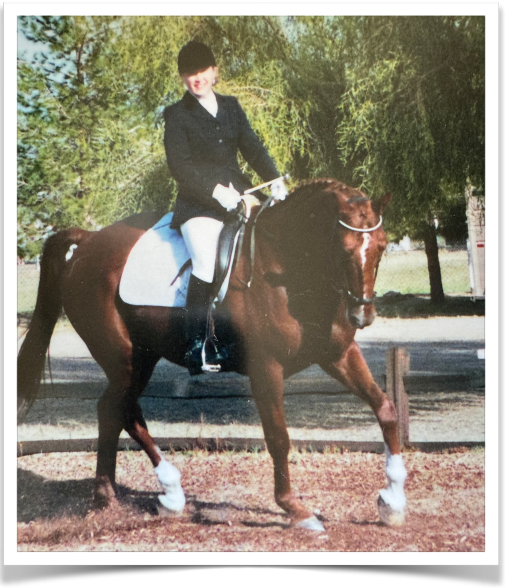
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Knowledge Versus Wisdom

By Susan D. Parrish, Ph.D



I never want to be the smartest person in the room. This is because I want to leave the room knowing more than I did when I entered. Not wanting to be the smartest person in the room probably sounds strange coming from a psychologist who spent many hours testifying in court, where I got paid to be the smartest person in the room regarding one thing or another. When my job in court was to be the smartest person in the room, I often relied on a diagram entitled Visual Representation of Associated Thoughts (VRAT). Ron Isaacson, an engineer, created the VRAT diagramming technique. I used VRATs in court to explain the results of five hours of neuropsychological testing. Judges and jurors loved VRATS. The smile on a particular juror's face, as I left the stand, still lingers in my mind, many years after my testimony.

In his book, The Task, Book 6: The Winter Walk at Noon (1785), William Cowper wrote the following:

"Knowledge is proud that he has learned so much. Wisdom is humble that he doesn't know more." [1]

What follows are some ideas that have come to me after one year of riding Remixx, my new horse. In training Remixx, my lack of knowledge has become apparent on a weekly, if not daily, basis. The thought of going from an FEI-level horse to a barely started five-year-old horse seemed ideal. Maronda, my previous horse, taught me so much. How hard could it be to apply what I learned during my fifteen plus years with Maronda? Guess what—nothing about training a new horse is simple. Fortunately, I have the German Scale of Basic Training to guide me.

In 2000, I worked with Gerd Zuther, a Reitlehrer, to create a VRAT diagram of what he called the German Scale of Basic Training. This diagram represents Gerd Zuther's mind regarding classical dressage. This is my conclusion having ridden in Gerd Zuther clinics. For about fifteen years, Gerd Zuther held these clinics multiple times a year. Gerd found two horses for me—Marino and Maronda. I have never sat on a horse with more talent than Marino. He could spin 360 degrees while walking. On spotting his first Tucson lizard, he spun around, and I flew off. He demonstrated his natural ability to do passage during the first week that I rode him. He paddled inward with his right front foot. I had an excellent farrier, and the paddle wasn't a problem until the farrier moved out of state. The assistant he was using took over his practice, and Marino ended up with a damaged annular ligament. We made it to Fourth level before he became permanently lame, but my experience and knowledge were inadequate to make the most of his talent. Wisdom kicked in and Maronda was the beneficiary.

Gerd was excited when I introduced him to the VRAT diagramming technique. He saw how a VRAT could reflect the dynamic nature of classical dressage. Unfortunately, Gerd died not long after we completed the diagram. Other than Yvonne Zuther, Gerd's widow, I am probably the only person who is familiar with this diagram, and unfortunately, neither of us is in a position to promote Gerd's wisdom as reflected in the diagram.

This past year, I have mostly felt humble instead of knowledgeable. Remixx has a wonderful disposition and is talented, but he is young and green—an entirely different horse than Maronda was when I stopped riding her. Forced to start from scratch with Remixx, I rely on the VRAT diagram of the German Scale of Basic Training. My knowledge and wisdom have expanded as I have followed this view of Gerd Zuther's mind. Jonas Irbinskas and Charles de Kunffy also have their minds represented in this VRAT. Jonas Irbinskas introduced me to dressage and taught me that patterns are essential to mastery, a principle maintained by Charles de Kunffy, the man who expanded my understanding of classical dressage. As I work with Remixx I hear Gerd's words, "Don't shoot a fly with a cannon." These words were in reference to a woman hitting her horse with a whip when the horse was merely asking a question. Charles's words also come to me—"Your torso is key; sit

[1]Winchester, "Knowing What We Know," 317

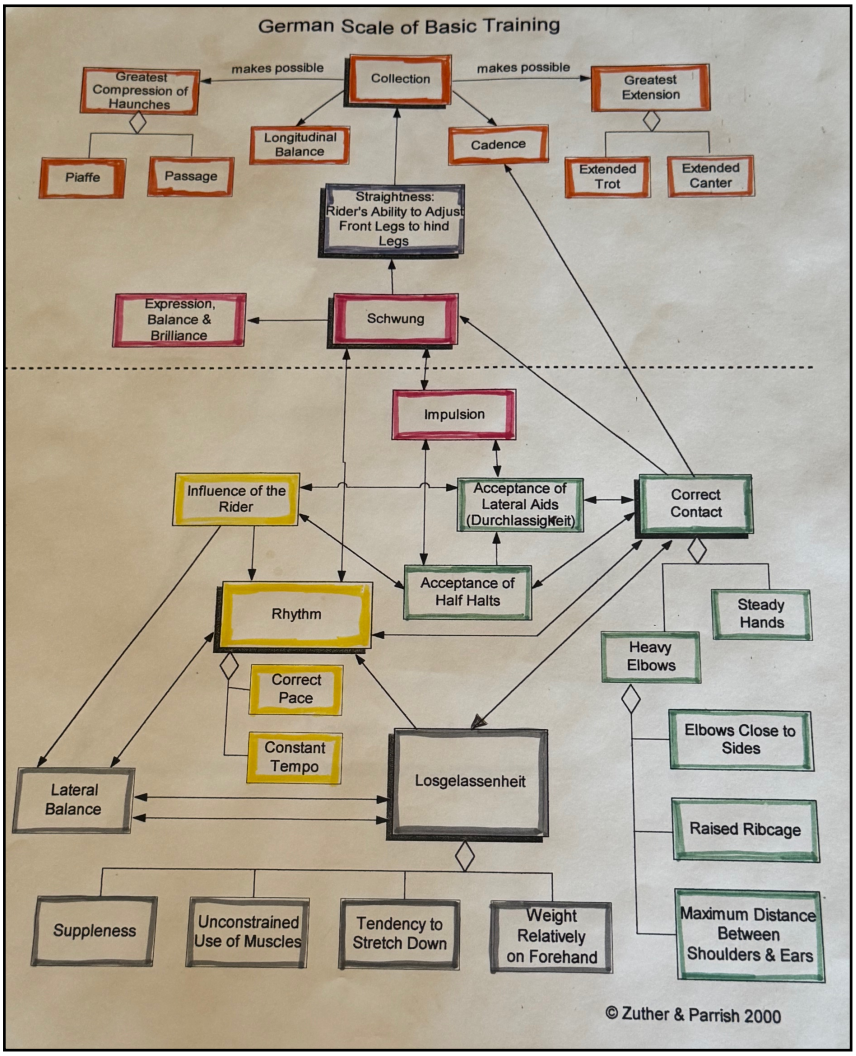
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twenty degrees behind the vertical." A vision of Jonas's secure seat is always present in my mind. It wasn't unusual to see him sit more than twenty degrees behind the vertical.

The first level in the German Scale of Basic Training is Losgelassenheit, which is defined by Suppleness, Unconstrained Use of Muscles, Tendency to Stretch Down, Weight Relatively on Forehand, and Lateral Balance.[2] The beginning of each ride starts with working on these elements first at a walk, then trot, and finally at canter. When Remixx is willing to Stretch Down at each gait as I ask him to do shoulder-in, I know that he has achieved Lateral Balance. Lateral Balance connects to Rhythm. To the extent that he achieves Rhythm, his movement reflects Constant Tempo and Correct Pace.

It is up to me to influence his Rhythm and Lateral Balance. Rhythm connects to Schwung which is two steps below Collection, the final level of the diagram. As Rhythm is achieved, I feel moments of Schwung and Collection. An elastic back and forward energy define Schwung. For my influence to be correct, I have to have Correct Contact as defined by Charles de Kunffy. Correct Contact consists of Steady Hands and Heavy Elbows. Heavy Elbows consists of Elbows Close to Sides, Raised Ribcage, and Maximum Distance Between Shoulders & Ears. Correct Contact leads to Acceptance of Half Halts and acceptance of lateral aids (Durchlassigkeit).



After one year, Remixx exhibits Durchlassigkeit during every ride. He understands and accepts my lateral aids, so the basics of our communication are solid. His willingness to work at the east end of the arena, an area that negatively triggers all his senses, reveals what we have achieved. For a reason unknown to me, he has been fearful of this area from the first day he stepped into the arena. Now, his fear lingers, but we can warm up in this area without incident.

What lies ahead is improvement in Schwung, Straightness: Rider's Ability to Adjust Front Legs to Hind Legs, and Collection. As defined in the diagram, Collection consists of Cadence and Longitudinal Balance, and makes the Greatest Compression of Haunches (Piaffe and Passage) and Greatest Extension (Extended Trot and Extended Canter) possible.

Currently, I am preparing Remixx to do flying lead changes. Each day, I begin by doing what is necessary to arrive at Durchlassigkeit, and then I work on patterns that involve canter-walk transitions. In 2010, Gerd told me that an old master who was not German told him that flying changes should not be started until a horse could manage a ten-meter circle in counter canter. Gerd said there was a danger in this pattern because a horse could become so entrenched in counter canter that it would be hard to convey the idea of a flying change. Today I tried doing a ten-meter circle in counter canter. This pattern demands Durchlassigkeit. We didn't perform this pattern perfectly, but it was a good start. What a thrill. I wish Jonas, Gerd, and Charles were here to share my joy.

Reference:

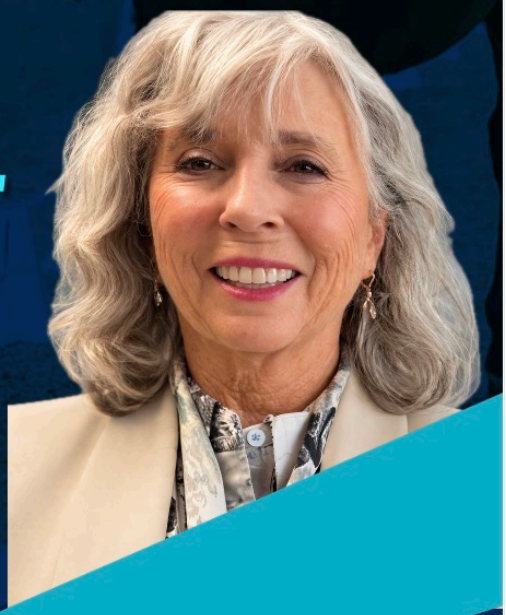
Winchester, Simon (2023), Knowing What We Know, Barnhill Press Ltd.

[2] Elements in the German Scale of Basic Training are capitalized.

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ABOUT DOLLY:

CLASSICAL:
-USEF "S" Dressage Judge with certification in Young horses, Equitation, and Freestyle
-USDF Bronze, Silver, and Gold medalist
-Chairperson of the USDF Freestyle Committee (member since 2006)
-Cowriter and developer of USDF continuing education program for "L" graduates and judges

WESTERN:
-USEF "R" Western Dressage judge
-WDAA World Championship Show (Judge 2017)
-Arabian Sport Horse Nationals (Judge)
-Friesian World Show (Judge)
-Published author on WDAA website (Article on musical Freestyle)
-Working Group Committee Member responsible for developing and writing the new 2017 WDAA tests, including freestyle tests

INSTRUCTION
INSIGHT
AUDIENCE INTERACTION

Horse Over Sport: Lily Baughman's Journey of Feel, Foundation, and Partnership

by Leslie Sherlin, PhD

Some riders discover dressage through chance encounter. Others inherit the passion from family tradition. For Lily Baughman, horses were never something she discovered but rather something she was born into and born for. Growing up with a mother who is both trainer and mentor, surrounded by horses from her earliest memories, Lily developed something rare and precious in the equestrian world: an intuitive feel for what a horse needs that cannot be taught, only nurtured. Now, at just 14 years old with a silver medal already earned and countless training horses brought up through the levels, Lily embodies a philosophy that stands in stark contrast to results-driven riding. For her, it has always been, and will always be, horse over sport.

Born Into the Barn

While her brother gravitated toward football and team sports, Lily's world revolved entirely around horses from the very beginning. "I was always around horses, I was always talking about horses. It was just always horses. I would play horses, it was all I wanted to do," she recalls. Her earliest riding memories include tacking up a saddle stand at age two, putting a bridle on it, and riding her makeshift horse around the house. By age three, she was riding real horses, and by three and a half, she competed in her first show.

This wasn't forced immersion or parental pressure. It was organic love. "While my brother was wanting to play baseball and all that, I was only horses. I always wanted to ride horses," Lily explains simply. The passion came from within, as natural as breathing, as certain as anything she has ever known about herself.

The Moment It Became More

Though horses were always central to Lily's life, there came a defining moment when hobby transformed into serious pursuit. That turning point arrived with Bob, one of her first lease horses. "He came to me as a training level horse, and by the end of it, he was a second level horse," Lily recounts. The transformation wasn't just about the horse's progress. It was about Lily discovering her own capability.



"And then other people started wanting me to ride their horses, and that's when it became clear I was actually capable of doing this and going somewhere with it. That's when I really started becoming serious with it." The shift was primarily mental rather than practical. She wasn't riding more hours or taking more lessons. Instead, something clicked internally. She understood she possessed genuine talent and skill that could develop horses and take them up the levels.

Bob remained a fun horse, one she could bareback and jump and enjoy. But when the partnership with Bo began, Lily approached it differently, with focus and intention matched to the horse's FEI-level abilities.

The Partnership with Bo

The partnership with Bohemio XCVII (Bo for short) began almost accidentally. Lily's mother, Nathalie, owns the horse, and Lily had been helping care for him, tacking him up, grooming him, assisting with his daily routine. "I would always tack him up for her and take care of him a lot, help her out, but I had never actually ridden him in the tack and everything. I would bareback walk him and stuff," Lily explains.

One day in October 2024, everything changed. Her mother asked her to tack Bo up with the saddle rather than just walking him bareback. Then Nathalie changed an entry that very day so Lily could show him at the next competition. From that moment, Bo became

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ARIZONA DRESSAGE ASSOCIATION

Board of Directors
Regular Meeting

March 16, 2026
Minutes

Call to Order and Attendance

President Ann Damiano called the meeting to order at 6:00 PM.

Present: Ann Damiano, Karen McGee, Rebecca Bruening, Rebecca Lindy, Erin McHenry, Tracy Case, Leslie Sherlin, Michell Combs, Christa Severns, Susan Skripac, Jaime Pollack

Guest: Kate Goshorn (NAC Representative)

Officer Reports

President: Ann Damiano noted that her comprehensive written report was distributed in advance.

Secretary: Rebecca Bruening reported February board minutes were submitted to the Centerline.

Treasurer: Rebecca Lindy reported year-to-date net expenditures of $13,700. Mike Osinski clinic expenses were in January with revenue primarily in December, accounting for timing differences. On an accrual basis, the loss would be just under $6,500. Insurance coverage for all shows confirmed with Markel. Directors and Officers coverage renews in July.

EOM Cash Balance Trend

	2025		2026		
	Jan	Dec	Jan	Feb	Notes
xx1521	$ 8,011	$ 42,526	$ 32,068	$ 27,793	General checking
xx6796	$ 5,215	$ 2,977	$ 2,491	$ 9,792	Debit card & Paypal link
xx9563	$ 66,622	$ 26,742	$ 26,743	$ 26,743	Savings
CDs	$ 23,580	$ 40,233	$ 40,233	$ 40,788	Added $20k more from savings to CDs
Petty Cash	$ 400	$ 400	$ 400	$ 400	
Total	**$ 103,828**	**$ 112,879**	**$ 101,935**	**$ 105,515**	
Inflows include					
Schooling show				$ 1,500	
Memberships				$ 2,100	
Expenses include					
Osinski Clinic			$ 15,000		

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Committee Reports

Nominating & Governance: Karen McGee reported an open board seat remains available with two years remaining on the term; the board can appoint under current bylaws.

Scholarship: Karen McGee reported Tristan Lloyd and Nicola Valentine have completed their educational events.

Travel Grant Program: Karen McGee presented proposed updates to the travel grant program. Key recommendations include: increase award from $500 to up to $750, subject to fund availability, and clarify eligible events. Open questions for board: limits on number of grants, volunteer participation requirements, whether recipients can receive both scholarship and travel grant in the same year, and consecutive year restrictions.

Schooling Shows: Christa Severns reported February show was successful with strong attendance and positive feedback. Food vendor continues to be popular. Next schooling show is April 12 at CARA in Queen Creek.

NAC: Kate Goshorn reported biomechanics clinic held despite cold weather. First schooling show of the season April 18 with Michell Combs as judge. Rosemary from Roadrunner Show (Tucson) exploring relocating to Prescott area for August.

Volunteer: Tracy Case reported eScribe training scheduled for May 31 and October 25 at Spear Cross.

Motion: To approve volunteer award recipients: Cindy LaCroix and Cathy Jones; Impact Award: Callie Bonine; Volunteer of the Year: Megan Weinstock. Passed unanimously.

Education: Rebecca Bruening reported 2026 planned events include: David O'Connor, Judges Panel Series, Sports Psychology Webinar Series, Bit and Bridle Clinic and Janet Jones clinic.

Motion: To approve $800 for annual Zoom Webinar subscription to streamline event registration, post-event surveys, and reduce manual labor. Passed unanimously.

Membership: Michell Combs reported 215 current 2026 members, including 21 new. Of the 2025 members, 81 have not yet renewed. Discussion of membership database options to integrate membership tracking with volunteerism.

Communications: Erin McHenry reported that Callie Bonine is creating awards luncheon PowerPoint. Centerline editor Beth Martinec has resigned and Ann Damiano and Erin McHenry exploring options for new editor and potential format changes since we are already using a digital-only distribution.

Futurity: Susan Skripac reported no update.

Shows: Ann Damiano reported that the Westworld contract signed. Show committee meetings calendared for summer show planning. Teresa Uddo managing show administration. Board continues seeking candidates for Shows Committee Chair position.

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Fundraising: No report

Awards: Jaime Pollack reported that plaque costs came in under the estimate submitted to the board. Prize items include: bridle bags (Horse of the Year), helmet bags (Rider of the Year), garment bags (Freestyle awards), and saddle pads (Cameo Award).

Motion: To approve up to $4,000 for awards expenses. Passed unanimously.

OLD BUSINESS

Annual Member Meeting: Tentatively planned for July. Further planning needed.

NEW BUSINESS

None.

Next Meeting: April 20, 2026, 6:00 PM

Adjournment: Meeting adjourned at 7:35 PM.

Respectfully submitted,

Rebecca Bruening

Secretary, Arizona Dressage Association





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Lily's primary show horse, the partnership that would carry her through Prix St. Georges and toward Intermediaire I.

The relationship has been building, a steady climb through the FEI levels with a young rider who understands that rushing serves neither horse nor partnership.

The Gift of Feel

What sets Lily apart from many riders her age, and indeed from many riders at any age, is something her mother describes simply: "She was born that way." It's a natural feel for what the horse needs, an intuitive understanding that lives in the body rather than the mind.

"Growing up around all of it helped me a lot, because I've been able to see, especially seeing my mom ride, and grooming for her and everything. I've been able to see how to ride correctly my whole life," Lily acknowledges. But observation alone doesn't create this depth of feel. "Me and my mom have so much feeling on a horse that we can just sit on a horse with no one around us, we don't even need eyes on the ground, and we just know if it needs more inside leg, if it needs more bend, if it needs the haunches to come more over."

She pauses, searching for words to describe something fundamentally physical. "I feel it in my seat. Whenever just a little muscle twitches, I just know. And it's just something I was born with. It's hard to teach feeling. You definitely have to have it inside of you."

This innate sensitivity allows Lily to train horses independently with remarkable success. Her mother notes that aside from coaching Lily on Bo, she (mom) has never ridden the training horses Lily brings up through the levels. Bob, Timmy, the seven-year-old Andalusian currently working toward first level after arriving barely able to move forward or travel straight, these are all horses Lily has developed herself, some starting when she was just 12 years old. By that age, she had already trained horses to second level and three-foot jumpers, building partnerships and developing skills entirely through her own feel and understanding.

A Foundation Built on Basics

Lily's competitive resume reads impressively for someone just 14 years old. Training Level Rider Performance Award. First Level Rider Performance Award. Second Level Rider Performance Award. Bronze medal at age 13. Silver medal at age 14. State champion. State reserve champion. Multiple regional and state qualifiers from Training Level through Prix St. Georges. Multiple qualifications for dressage equitation finals at Lamplight.

Yet when asked about her journey, Lily doesn't focus on titles or scores. Instead, she describes what some might consider a challenge but what she recognizes as her greatest strength: the constant cycle of starting over with new horses.

"I've always said that it's a privilege, but it's also a challenge. I've had to restart on so many horses, because I'll have a lease, or a client will leave, and I was riding their horse, and I had just gotten them to second level, and then I get another horse, and they're back down to training," Lily explains. "I think I've ridden well over hundreds of training level tests in my life, and just a handful of tests higher than first level."

Rather than viewing this as setback or frustration, Lily recognizes the gift embedded in the repetition. "I think it's what got me here today, though, because I have so much experience in the lower levels and the basics that now I can correctly ride higher levels."

This understanding of basics as foundation rather than obstacle reveals wisdom beyond her years. The fundamentals aren't something to rush through on the way to more exciting work. They are the essential building blocks that make everything else possible, sustainable, and correct.

The Reward of Starting Fresh

When asked whether she finds early training work or advanced movements more rewarding, Lily doesn't hesitate. "I definitely find the early work more rewarding because it's when you expect the least and then you get just a little thing and it's just so exciting to you." She offers a specific example from her current Andalusian project. "I used to not even be able to ride a straight line or get him to move forward, so when he would trot off my leg or when he would actually go straight, I'd just be so excited."

Now that the horse understands these basics, moving up the levels brings different challenges. "And now I know he knows how to do all that, so moving up the levels can be kind of frustrating. I just find the earlier work in a horse's training process so rewarding, because you don't expect anything. It's the little things that are nice."

This satisfaction in small victories reflects an understanding of how expectations shape our experience. When we approach training with openness rather than predetermined outcomes, every tiny breakthrough becomes celebration rather than checkbox.

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The process itself becomes the reward.

The Breakthrough Moment

Despite Lily's deep appreciation for process over outcome, she does have a most memorable moment from competition. It came during her third ride of Prix St. Georges on Bo. "It was my first 60, I got a 62, and everything had gone wrong in our first and second one, which is expected, because it was our first one," she recalls.

In that third test, something shifted. "We just got all the changes, we got the pirouettes, and it was just... I was actually doing it right for once, and it just felt so good." The experience transcended mere technical success. "Just knowing I got my scores, I knew it was my score just coming out of the arena, and it wasn't a question to me."

That certainty, that knowing in the body before the judge confirms it on paper, represents the ultimate expression of feel and partnership. When rider and horse are so connected that the quality of the work is unmistakable, that's when the sport reveals its deepest satisfaction.

Balancing Multiple Worlds

Lily's dedication to horses doesn't exist in isolation. She also plays flag football in the first season, basketball in the second season, and softball in the third season, where she catches and makes small talk with batters stepping into the box. Throughout all three sports seasons, she continues riding. In the summer, it's only horses.

Managing this schedule requires discipline and efficiency. Fortunately, her classes don't assign heavy homework loads, and she maximizes every moment.

"When I do have homework, I try my hardest to get it done in class. And if I don't, if we have an away game that day, I'll do it on the way to the game on the bus, or if we have it before practice, I'll try to do it in the locker room, just so when I get home, I can ride, then go to bed."

The schedule would exhaust many people, but Lily thrives on the activity. "I get bored really easily when I'm just sitting around. I'm definitely a very go-go-go person, so it is nice to have something to do all the time." When not riding or playing sports, she often accompanies her mother to teach outside clients, sometimes riding their horses but more often auditing the lessons, learning the teaching side of the sport for a future she can see herself pursuing.



Looking Toward the Future

At 14, Lily already has clear ideas about her future, though she holds them lightly, allowing for evolution and change. "I really want to go off to be a veterinarian, an equine veterinarian," she shares. Training might become part of her life eventually, perhaps as what might be a "side hustle" after establishing herself in veterinary medicine. For college, she plans to stay in-state, allowing her to continue riding at home throughout her university years.

Regardless of career path, one thing remains certain: "I think I'll always have at least my own horse to ride, even if I'm not training others, or competing, just I think I'll always have a horse in my life. Just to ride, whether I board at some place or if I have horse property in the future."

The certainty in her voice reflects deep self-knowledge. Horses aren't a phase or a hobby that might fade. They are fundamental to who she is. "I just always want to ride. I always want to be at the barn. This morning, I rode two horses. Later tonight, I'm riding three more. I just never want to be away from them."

Pushing Through the Hard Moments

Despite Lily's process-oriented philosophy and natural feel, training horses inevitably brings

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frustration. She experienced this acutely while working with Timmy, a horse she trained to second level. "I definitely had a point when I was training Timmy where it was just so frustrating. I was just saying, no, he's not the horse for me."

The experience tested her commitment. "Honestly, it was just a rollercoaster of emotions. I'd be sitting on Timmy crying, and it was just a lot." But something kept her going through the difficult days.



"At the end of the day, I loved him so much, and we had such a good bond. It's really the bond you have with the horse, not necessarily the training or level they do. It's about the partnership as well." This understanding pulled her through the frustration. She reminded herself that Timmy was young, still learning, doing his best with questions he didn't yet understand how to answer.

"If it's a lower level horse and you're trying to get it up the levels, you have to remember they don't know what you're asking. So you can't be frustrated, because if someone is asking you a question that you didn't know how to do yet, they can't get frustrated at you. That's what my mindset would be."

This capacity for empathy and perspective, for remembering the horse's experience rather than getting lost in her own frustration, demonstrates the maturity that makes Lily such an effective young equestrian.

Horse Over Sport

When asked what observers would notice watching her work with Bo, Lily focuses immediately on fundamentals. "I would definitely hope they notice that our rides, no matter what level we're doing, are definitely built off of basics and just correct position, correct riding, all that."

But she emphasizes one particular element: the hands. "I'm always the first one to just give my reins forward if he needs it and make sure he's carrying himself. I really would want them to look at what I'm doing with my hands, because I just think, especially in the riding world now, no matter what judges are judging, or even trainers sometimes, they just say shorter rein, shorter rein, and I just think that's just not right."

The ability to give the reins forward and have the horse maintain self-carriage demonstrates correct training and development. "I just love that I can, especially on Bo, just give my reins forward and he'll stay in the same position, because he's carrying himself, and it's off of basics. It's all that."

This commitment to classical principles over quick-fix shortcuts reflects Lily's core philosophy, the one that emerged when asked to articulate what drives her approach to the sport. "I just think riders that just chase results don't take into account how their horse is. They'll just keep riding, they don't have much feeling. They'll just keep riding and keep riding for results, and they'll do high-level stuff every day."

In contrast, Lily's approach centers the horse's wellbeing and readiness. "I feel like they don't really take into consideration, it's always horse over sport, and they always put results over the horse. That's my main thing. I will always make sure my horse is good, and ready, and healthy, and if they're not, if they're lame at a show, if they feel off, if their leg is swollen, I will scratch all my classes. It doesn't matter."

The principle is simple and absolute: "It's always horse over sport. It should never be the other way around."

The Triangle of Understanding

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When asked about the people who have most influenced her, Lily's answer comes without hesitation. "It was always my mom." Her father attends shows faithfully, but her mother provides something different: the combination of technical coaching and unconditional emotional support.

"I would cry like a baby in her arms, I would get mad at her, I would yell at her, I'd be sassy to her, and she'd always just be right in my corner," Lily says, her voice catching slightly. "It's so nice to have, because she's my trainer, but she's also my mom. It's nice to have those two be one."

In the warm-up ring, when nerves threaten even though Lily insists she's fine, she can look over at her mother and know she has unwavering support. "I know she'll have my back, whether I go in there and get eliminated or go off course or have the best test of my life. She'll always be in my corner. And she'll never ask me, what happened there? Why didn't you do this? She'll just always be there."

Beyond emotional support, Nathalie taught Lily everything she knows about riding: the feeling, the basics, the hands, the position, how to sense what a horse needs, how to determine which horses will keep her safe. "Because I know, no matter what horse I'm on, I can ride the exact same, and she'll still be able to be there and she'll be able to teach me the same, because we ride literally the exact same."

This shared understanding creates what Lily describes as a triangle of communication between her, her mother, and the horse. "We can just look at each other, and we know exactly what we're about to say, because we never look at the frame of a horse, we never look at that. We look down at the legs. So if you're on the ground, we're looking at the legs, we're making sure they're sound, all this."

The connection runs so deep that verbal communication becomes almost unnecessary. "I'll be in the saddle, and I'll look at her, and she's saying, yup, hind left, okay. We don't even have to talk. She just knows what I'm about to say."

It's reminiscent of what researcher Janet Jones describes in "Horse Brain, Human Brain" about the shared nervous system that develops between horse and rider. For Lily, that shared experience extends to three beings: herself, her mother, and whichever horse she's riding, all connected through feel and mutual understanding.

Wisdom Beyond Years

When offering advice to other young riders, Lily draws from her experience pushing through frustration with horses like Timmy. "Honestly, just don't stop, just keep going, because I definitely had a point where it was just so frustrating. You'll get to that breakthrough. You won't always be frustrated, no matter what horse you're on, no matter what level you're riding. You'll always get there at one point, no matter how long it takes."

The key is remembering what matters most. "It's really the bond you have with the horse, not necessarily the training or level they do. It's about the partnership as well." When frustration threatens to overwhelm, she returns to this central truth: the relationship is what sustains the work, not the other way around.

She also emphasizes empathy for the horse's learning process. "If it's a lower level horse and you're trying to get it up the levels, you have to remember they don't know what you're asking. So you can't be frustrated, because if someone is asking you a question that you didn't know how to do yet, they can't get frustrated at you."

This perspective, this capacity to see from the horse's point of view and adjust expectations accordingly, reflects the wisdom that typically comes only with years of experience and many partnerships.

The Path Ahead

At 14, with a silver medal already earned and Intermediaire I on the immediate horizon, Lily faces decisions about how ambitious to be about pursuing a gold medal. Bo is a PSG horse, not a Grand Prix horse, so achieving that goal would require finding the right partner to take her to the highest levels. Her mother hopes to help her become a 15-year-old gold medalist, though they acknowledge this depends on finding the right horse.

But the medal itself isn't what drives Lily. "It's definitely something I want to get, but I'm not just chasing medals. I do like the journey of it and everything." The process of developing horses, of discovering what's possible through partnership and feel and commitment to basics, that's what keeps her returning to the barn morning after morning.

Her immediate goal with Bo is showing Intermediaire I in June. Beyond that, she'll continue bringing along her training horses, continuing to ride hundreds more training level tests if that's what the horses in her life require, building foundation after foundation after foundation.

A Philosophy for the Future

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In an era when competitive pressure pushes many young riders toward shortcuts and quick results, when forcing horses into frames and chasing scores can seem like the path to success, Lily Baughman stands as quiet counterpoint. At just 14, she embodies principles that took many riders decades to understand or that some never grasp at all: that feeling matters more than force, that basics are never beneath you, that the horse's wellbeing supersedes ribbons, that partnership outlasts performance.

Her natural gift for feel, nurtured by a mother who rides the same way and teaches the same principles, has developed into genuine skill and understanding. The countless training horses, the hundreds of training level tests, the cycle of starting fresh with new partners, all of this hasn't frustrated her potential but rather built unshakable foundation.

For the Arizona dressage community and beyond, Lily's story offers important reminder of what this sport can be at its best: a journey of mutual development between horse and rider, guided by empathy and feel rather than force and expectation. Her philosophy of horse over sport, simple as it sounds, challenges the results-driven culture that too often prioritizes winning over welfare, scores over soundness, advancement over understanding.

As she moves forward with Bo toward FEI competition, continues developing her training horses, pursues veterinary medicine and perhaps eventually a training career of her own, Lily carries with her the wisdom she articulated so clearly: it's always horse over sport, it should never be the other way around. That principle, held firmly by someone so young, offers hope for the future of classical dressage and ethical horsemanship.

The breakthrough moments will come, as they did in that third Prix St. Georges test when everything clicked and she knew her score before the judge confirmed it. The challenges will arise, as they did with Timmy when frustration threatened to overwhelm love and commitment. Through it all, Lily will return to what she knows in her body and her heart: the partnership matters more than the performance, the journey matters more than the destination, and the horse, always, comes first.

ARIZONA DRESSAGE ASSOCIATION

Board Meetings:

January 19
February 16
March 16
April 20
May 18
June 15
August 17
September 21
October 19
November 16
(All meetings are virtual)

If you would like to attend, please contact Ann Damiano
a.damiano@azdressage.org





David O'Connor
Chief of Sport
US Equestrian

FREE Webinar
USEF Stoplight Guidance

Monday, June 8, 2026
5:00 - 6:00 pm AZ
6:00 - 7:00 pm MT

SIGN UP NOW!

We hope you will join us for this timely and meaningful conversation!

USDF Region 5 and the Arizona Dressage Association are pleased to invite you to this important educational webinar featuring David O'Connor, Chief of Sport for US Equestrian.

David O'Connor is a decorated Olympian who represented the United States for two decades, earning individual gold and team bronze in Eventing at the 2000 Sydney Olympics, as well as Team Silver in Atlanta in 1996. Since joining USEF leadership, he has played a central role in advancing sport integrity, safety, and welfare initiatives nationwide. His deep experience as an athlete, coach, and federation leader provides invaluable perspective on the evolving expectations surrounding horse welfare and our collective responsibility to uphold them.

The USEF Stoplight Guidance is an educational tool designed to help riders, trainers, and officials recognize behaviors and practices that support—or compromise—equine wellbeing.

- Using a **simple green/yellow/red framework,** it outlines what is encouraged, what requires caution, and what crosses the line into unacceptable practices.
- This guidance is becoming an increasingly **important part of USEF's welfare strategy,** helping competitors understand how their daily decisions contribute to both the health of the horse and the public trust in our sport.

During this webinar, David will walk us through how the Stoplight Guidance works, why it was developed, and how it can be applied in training, warm-up arenas, and competition settings as well as an overview of the unethical treatment of the horse rule and the reporting process. His insights will help all of us better align with USEF's welfare expectations and strengthen the culture of care that underpins equestrian sport.

Presented by: US Equestrian Federation · USDF Region Five · Arizona Dressage Association

March Schooling Show Results

Intro Test A

(C) Klevens,

1	Birgit Sommer	Jax	62.500%
2	Jan Hanson	Angel	48.438%

Intro Test B

(C) Klevens,

1	Ilora Robinson-Bosch	Wallace G	63.125%
2	Alesandra Robinson-Bosch	Pistol Packin Pony	55.938%

Intro Test C

(C) Klevens,

1	Birgit Sommer	Jax	56.500%
1	McKenzie James	Suit of Wands	50.000%

Training Level Test 2

(C) Klevens,

1	Elaine Coller	I Am the Wind	69.483%
1	Alesandra Robinson-Bosch	Pistol Packin Pony	54.310%

Training Level Test 3

(C) Klevens,

1	Leslie Sherlin	Wynn Royalty Wins	64.800%
2	Mariska Sherlin	Electra KF	56.400%

First Level Test 1

(C) Klevens,

1	Lorie Houck	Amazing Grace	65.741%
2	Leslie Sherlin	Wynn Royalty Wins	65.556%
3	Solbritt Hill	Elvis	63.148%

First Level Test 2

(C) Klevens,

1	Abby Falconbridge	Hocus Pocus	66.364%
1	Lorie Houck	Amazing Grace	66.061%
2	Solbritt Hill	Elvis	61.515%

First Level Test 3

(C) Klevens,

1	Abby Falconbridge	Hocus Pocus	64.861%
1	Lorie Houck	Amazing Grace	64.583%

Second Level Test 1

(C) Klevens,

1	Laura Borghesani	Fleur de Lis	65.714%
1	Kimberly Pribble	Delta GSF	58.286%

Third Level Test 1

(C) Klevens,

1	Savannah Whistler	Featuring Abigail	60.270%
1	Mary Lipton	Logan	55.405%

Third Level Test 3

(C) Klevens,

1	Jessica Nordqvist	Katjin	65.750%
1	Jeanette Lundgren	RS Amarillo	63.125%

Test of Choice

(C) Klevens,

1	Heather Krebs	Dancer	61.125%
1	Jessica Nordqvist	Katjin	57.250%

FEI Test of Choice

(C) Klevens,

1	Kenzie Riddell	Wallace G	62.059%

ATOC

(C) Klevens,

1	Leslie Sherlin	Wynn Royalty Wins	69.038%

Intro TOC

(C) Klevens,

1	Ilora Robinson-Bosch	Wallace G	63.438%
1	Jan Hanson	Angel	53.750%

USDF REGION FIVE

USDF Region 5 April 2026 Update:

It has been a very unusual winter for us in Colorado with record breaking temperatures. We're worried fires for the coming summer and I hope April brings us some moisture to temper the risks. The start of our clinic and competition season is here for those of us up north as well! I've enjoyed working with quite a few of the region's GMOs and members on various things throughout the winter. The busy months of summer are ahead of us, but don't forget to save some time to spend with family, friends and your horses.

The deadline for Participating Member Delegate nominations is **April 15.** Our region will have 5 PM delegates for the 2026 USDF Convention in Lexington, Kentucky December 2-5. You can check the status of our delegate nominees by going to the link below. Please check your status to make sure your acceptance is there if you would like to be a PM delegate candidate. If you are not listed and you would like to be a PM delegate, please contact Ann Damiano at adamiano@cox.net. Please do not commit to be a delegate unless you know you can attend. There is some financial assistance from our Region for those PM delegates who do attend the convention. We really need the representation to help give your Region a voice.
http://www.usdf.org/about/about-usdf/governance/nominating/accepted.asp

If you intend to qualify for Region 5 teams to the North American Youth Championships in the Childrens, Junior or Young Rider divisions, then please make sure you take note of the application structure for 2026. The application and fee should be turned in to the USDF office by March 9, 2026 in order to avoid stiffer fees. If you apply by March 9th, the fee is only $75 per application. Applications submitted between March 10th and April 20th are $150 and the final application deadline is May 4th, but it will cost you $300 to apply between April 21st and May 4th. At this point in time, absolutely no applications will be accepted after May 4th. If you plan to compete for NAYC, please also be sure to contact Joan Clay, our Region Coordinator for the FEI Juniors and Young Riders and let her know your intent. Her email address is jnclay@comcast.net and her phone number is 970.420.0887. The 2026 NAYC will be held at the Great Lakes Equestrian Festival, Flintfields Horse Park, Traverse City, Michigan – July 27 - August 2, 2026. We are excited to have 5 Juniors declared so far and 6 Young Riders.

The USDF Group Member Organizations Volunteer Incentive Program is a fabulous opportunity for recognition of our members that isn't very well known! The Group Member Organization (GMO) Volunteer Incentive Program is a way for current USDF Group Members to earn recognition by volunteering with their GMO(s). Track your volunteer hours using the GMO Volunteer Incentive Program Hour Log below and have a current GMO officer or official of record with USDF (president, vice president, secretary, treasurer, newsletter editor, webmaster, roster contact) validate your hours with their signature. Once a milestone has been achieved, submit the form to USDF. Hours can be carried over to the following year(s), allowing you to earn recognition as time allows you to volunteer.

Save the Date!! Join us June 8th for a great webinar with David O'Connor – USEF Chief of Sport. He'll be discussing the USEF Stoplight Guidance – A Key Framework designed to support and strengthen horse welfare across all levels of our sport. Thank you to Arizona Dressage Association for helping to organize this great event. More information will be sent out to everyone shortly.

Till next month!

Heather Petersen

Region 5 Director

April Schooling Show Results

Intro Test A

(C) Haney,

1	Birgit Sommer	Jax	64.375%

Intro Test B

(C) Haney,

1	Nicole Stone-Agbekodo	Iron I Sweet	61.875%
1	Serenity Stewart	Mudd	60.000%
1	Arura Salshuddin	Oreo	51.875%

Intro Test C

(C) Haney,

1	Birgit Sommer	Jax	62.250%

Training Level Test 2

(C) Haney,

1	Ash Hentges	Freddie	48.448%

First Level Test 1

(C) Haney,

1	Eva Molnar	Randi's Liqueur	60.741%
2	Juliet Brady	Ricky Windfall	60.741%
3	Kaylynn Mouw Jackson	Beaujolais	56.296%

First Level Test 2

(C) Haney,

1	Mariska Sherlin	Electra KF	54.242%

Second Level Test 3

(C) Haney,

1	Clair Thunes	Dartmouth	61.190%

Test of Choice

(C) Haney,

1	Clair Thunes	Dartmouth	62.857%

FreestyleTest of Choice

(C) Haney,

1	Sondra Powers	Aegyptain Gold	60.000%

ATOC

(C) Haney,

1	Leslie Sherlin	Wynn Royalty Wins	66.346%
2	Bethany Carroll	Exponential	62.727%

ATOC

(C) Haney,

1	Betsy Tismeer	Exponential	65.227%
1	Bethany Carroll	Exponential	61.591%

Equitation

(C) Haney,

1	Nicole Stone-Agbekodo	Iron I Sweet	80.000%
2	Mariska Sherlin	Electra KF	79.000%



We want to hear from you! Please share your stories and build real connections with our community.

SUBMIT TO: centerline@azdressage.org

ARIZONA DRESSAGE ASSOCIATION

SPONSORSHIP OPPORTUNITIES

Let's grow the sport - together!

Sponsorship with the Arizona Dressage Association is a meaningful way to give back to the horses, riders, and community that make this sport so special.

Your tax-deductible support helps provide quality competitions, educational opportunities, and recognition for riders at every level -while keeping our programs accessible and thriving.

When you sponsor ADA, you're not just supporting an organization - you're investing in the future of dressage in Arizona.

METAL SPONSORSHIPS

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Full page ad in virtual program
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SILVER ~ $700

½ page ad in virtual program, digital recognition (website + social media), show signage recognition, 2 class sponsorships, 1 banner, flyer in show packet, vendor booth

BRONZE ~ $450

¼ page ad in virtual program, digital recognition (website + social media), show signage recognition, 2 class sponsorships, flyer in show packet, vendor booth

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For every ride, every rider, every horse.

ARIZONA DRESSAGE ASSOCIATION

SPONSORSHIP OPPORTUNITIES

visit https://azdressage.org/support-ada/sponsorship/ or email fundraising@azdressage.org.

HOSPITALITY ~ $500 - $10,000 (Varies by show & # of entries)

Partial Sponsorships available; pls discuss with Fundraising Committee

Sample options:

- Snack / Breakfast Breaks - $500-$1,500
- Mixers (E.g. appetizers/snacks) - $2,500 - $6,000
- Full dinner with entrée - $7,500 - $10,000
- Wine/Beer/Specialty Drink Bar - $2,000 - $2500
- Additional event tickets - $35 to $80

CLASS SPONSORSHIP ~ $50

Sponsor an Open Show class (when applicable/ GAIG classes not available)

A La Carte Sponsorship

Banner Display	$50
Flyers in Show Packets (150)	$30

(you provide flyers)

For custom sponsorship packages, please discuss with Fundraising Committee.

SHOW PROGRAM ADVERTISING

Business Card	$35
Quarter Page	$50
Half Page	$100
Full Page	$150
Cover	$175

SUPPORT THE SPORT YOU LOVE. MAKE A MEANINGFUL IMPACT.

For every ride, every rider, every horse.



The **Northern Arizona Chapter of the Arizona Dressage Association, NAC of ADA**, is a 501c3 Nonprofit Organization comprised of members in the quad-city areas of **Prescott, Chino Valley, Verde Valley, Prescott Valley, Dewey-Humboldt and beyond!**

2026 Schooling Show & Clinic Dates

April 18th - Schooling Show, Michell Combs 'L' (Freeman Farms)

May 30-31st - Clinic, Dolly Hannon

July 18th - Schooling Show, Dori Vlatten Schmitz 'S' (Imperio Acres)

Sept 5th - Schooling Show, Ellie Stine Masek 'S' (Freeman Farms)

NAC of ADA Officers/Board 2025

Beth Mulcahy, President
E: beth.rosekrans@gmail.com

Lynne Trenery, Vice President
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Lisa Darling, Education and Clinic Committee Chair

Theresa Reese, Director

Tristan Lloyd, Director

Kate Goshorn, Director

Sabine Preisinger, Director

Kay Turner, Director

2026 CALENDAR OF EVENTS

JAN	9: ADA Clinic - Refine Core Skills with Mike Osinski	17: ADA Schooling Show, Dale Creek Equestrian Center, West Valley	
FEB	15: ADA Schooling Show, Carefree Farms, North Valley	21-22: Dressage @ Spear-Cross Equine Center Show	21-22: NAC Biomechanics Clinic with Heike Barrett
MAR	7-8: TDC March Madness, Pima County Fairgrounds	15: ADA Schooling Show, Carefree Farms, North Valley	27-29: CARA Champagne Show
APR	4-5: Dressage @ Spear-Cross Equine Center Show	12: ADA Schooling Show, Central Arizona Riding Academy, Queen Creek	18: NAC Schooling Show, Freeman Farms, Michell Combs 'L'
MAY	30-31: NAC Clinic - Dolly Hannon		
JUNE	13-14: ADA Summer Heat, Westworld Scottsdale		
JULY	18: NAC Schooling Show, Imperio Acres, Dorie Vlatten Schmitz 'S'		
AUG			
SEPT	5: NAC Schooling Show, Freeman Farms, Ellie Stine Masek 'S'		
OCT			
NOV	Nov 7-8: ADA Fall Fiesta I & II & State Championships, Westworld Scottsdale	14-15: TDC Fall Festival at Circle D Ranch, Tucson	
DEC		12-13: Dressage @ Spear-Cross Equine Center Show	



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